

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Women 100 Meter Dash Midget

=====				
KASSAA: *	12.40	2009	Taylor Cole, FSS	
KASSAA 2: +	12.40	2006	Jessica Keating, BSS	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Ainslie	Bratus	Hccss - Kingston	12.99Q 2
2	Ella	Pratt-Vallier	Lsss - Kingston	13.55Q 1
3	Bailey	Fuchs	Lsss - Kingston	13.71Q 3
4	Jessie	Brunner	Napanee - Napanee	13.76Q 3
5	Ellie	Roumanis	Escmr - Kingston	14.05Q 1
6	Paige	McParland	Sydenham - Sydenham	14.12Q 2
7	Cassie	Douglas	Grec - Sharbot L	14.18q 2
8	Emma	Parslow	Fss - Kingston	14.28q 3
9	Amelia	Masotti	Rnd - Kingston	14.35 2
10	Abby	Landry	Lsss - Kingston	14.84 1
11	Leilani	Scott	Kingston - Kingston	15.03 3
12	Christina	Stathopoulos	Fss - Kingston	15.27 2
13	Lexis	LaRue	Kingston - Kingston	15.58 1
14	Morgan	Cowdy	Grec - Sharbot L	16.26 1
15	Lindsey	Growden	Bayridge - Kingston	16.71 3

Women 100 Meter Dash Midget

=====				
KASSAA: *	12.40	2009	Taylor Cole, FSS	
KASSAA 2: +	12.40	2006	Jessica Keating, BSS	
Name	Year	School	Finals	
=====				
Finals				
1	Ainslie	Bratus	Hccss - Kingston	13.12
2	Ella	Pratt-Vallier	Lsss - Kingston	13.58
3	Jessie	Brunner	Napanee - Napanee	13.69
4	Bailey	Fuchs	Lsss - Kingston	13.76
5	Ellie	Roumanis	Escmr - Kingston	14.04
6	Paige	McParland	Sydenham - Sydenham	14.08
7	Emma	Parslow	Fss - Kingston	14.22
8	Cassie	Douglas	Grec - Sharbot L	14.31

Women 200 Meter Dash Midget

=====				
KASSAA: *	26.30	2009	Taylor Cole, FSS	
Name	Year	School	Prelims	
=====				
Preliminaries				
1	Ainslie	Bratus	Hccss - Kingston	27.90Q
2	Ella	Pratt-Vallier	Lsss - Kingston	29.44Q
3	Ellie	Roumanis	Escmr - Kingston	30.49Q
4	Paige	McParland	Sydenham - Sydenham	30.85Q
5	Kennedy	Joyce	Kingston - Kingston	31.94Q
6	Hailey	Hannah	Sydenham - Sydenham	32.39Q
7	Alliy	Hammon	Lsss - Kingston	36.10Q
8	Mya	Jeffries	Lsss - Kingston	37.02Q

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Women 200 Meter Dash Midget

=====			
KASSAA: * 26.30	2009	Taylor Cole, FSS	
Name	Year	School	Finals
=====			
Finals			
1 Ainslie Bratus		Hccss - Kingston	27.90
2 Ella Pratt-Vallier		Lsss - Kingston	29.44
3 Ellie Roumanis		Escmr - Kingston	30.49
4 Paige McParland		Sydenham - Sydenham	30.85
5 Kennedy Joyce		Kingston - Kingston	31.94
6 Hailey Hannah		Sydenham - Sydenham	32.39
7 Alliy Hammon		Lsss - Kingston	36.10
8 Mya Jeffries		Lsss - Kingston	37.02

Women 400 Meter Dash Midget

=====			
KASSAA: * 57.73	2017	Anna Workman, KCVI	
Name	Year	School	Finals
=====			
1 Ainslie Bratus		Hccss - Kingston	59.51
2 Abby Howland		Lsss - Kingston	1:04.88
3 Sephora Djomo		Rnd - Kingston	1:06.49
4 Ellie Roumanis		Escmr - Kingston	1:07.00
5 Hailey McNeeley		Sydenham - Sydenham	1:09.15
6 Kennedy Joyce		Kingston - Kingston	1:09.24
7 Claire Frymire		Kingston - Kingston	1:14.92

Women 800 Meter Run Midget

=====			
KASSAA: * 2:18.59	2017	Anna Workman, KCVI	
Name	Year	School	Finals
=====			
1 Abby Howland		Lsss - Kingston	2:34.22
2 Jayne Hackett		Loyalist - Kingston	2:34.42
3 Livia Wells		Kingston - Kingston	2:39.80
4 Alexis James		Rnd - Kingston	2:41.98
5 Cassie Douglas		Grec - Sharbot L	2:48.88
6 Madison Godard		Napanee - Napanee	3:09.13
7 Jazmin Millotte		Kingston - Kingston	3:12.89

Women 1500 Meter Run Midget

=====			
KASSAA: * 4:50.30	2015	Brogan MacDougall, RND	
Name	Year	School	Finals
=====			
1 Sephora Djomo		Rnd - Kingston	5:20.69
2 Jayne Hackett		Loyalist - Kingston	5:22.67
3 Livia Wells		Kingston - Kingston	5:23.47
4 Alexis James		Rnd - Kingston	5:28.12
5 Cassie Douglas		Grec - Sharbot L	5:33.91
6 Chloe Cole		Fss - Kingston	5:35.47
7 Claire Frymire		Kingston - Kingston	5:49.68
8 Marie Parent		Fss - Kingston	6:05.52
9 Mackenzie Meyers		Bayridge - Kingston	6:10.34
10 Jazmin Millotte		Kingston - Kingston	6:31.97
11 Madison Godard		Napanee - Napanee	6:57.31

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...Women 1500 Meter Run Midget

12 Keeley Cox Grec - Sharbot L 8:17.10

Women 3000 Meter Run Midget

Name	Year	School	Finals
=====			
KASSAA: *	10:58.80	2008	Nicole O'Sullivan, HCSS
1 Jayne Hackett		Loyalist - Kingston	12:07.30
2 Chloe Cole		Fss - Kingston	12:20.74
3 Mackenzie Meyers		Bayridge - Kingston	13:38.77

Women 80 Meter Hurdles Midget

Name	Year	School	Prelims
=====			
KASSAA: *	12.80	2011	Jazmine Battle, KCVI
Preliminaries			
1 Paige McParland		Sydenham - Sydenham	14.47Q
2 Hailey McNeeley		Sydenham - Sydenham	15.49Q
3 Isabella Greenevansen		Napanee - Napanee	16.31Q
4 Bailey Fuchs		Lsss - Kingston	16.61Q
5 Abby Shillington		Sydenham - Sydenham	17.16Q
6 Abby Lees		Napanee - Napanee	17.36Q

Women 80 Meter Hurdles Midget

Name	Year	School	Finals
=====			
KASSAA: *	12.80	2011	Jazmine Battle, KCVI
Finals			
1 Paige McParland		Sydenham - Sydenham	14.22
2 Hailey McNeeley		Sydenham - Sydenham	15.86
3 Isabella Greenevansen		Napanee - Napanee	16.26
4 Abby Lees		Napanee - Napanee	16.27
5 Bailey Fuchs		Lsss - Kingston	16.33
6 Abby Shillington		Sydenham - Sydenham	16.86

Women 300 Meter Hurdles Midget

Name	Year	School	Finals
=====			
KASSAA: *	46.40	2007	Kristen Mullen, KCVI
1 Bailey Fuchs		Lsss - Kingston	53.22
2 Hailey McNeeley		Sydenham - Sydenham	55.59
3 Isabella Greenevansen		Napanee - Napanee	56.87
4 Abby Lees		Napanee - Napanee	57.66
5 Abby Shillington		Sydenham - Sydenham	58.11

Women 4x100 Meter Relay Midget

School	Finals
=====	
KASSAA: *	52.04 2017 Frontenac S.S., FSS
1 La Salle - Kingston	55.82
2 Sydenham - Sydenham	57.85

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**CaraCo
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...Women 4x100 Meter Relay Midget

-- Kingston - Kingston DQ

Women High Jump Midget

=====			
KASSAA: * 1.50m 2005 Shade Makinde, FSS			
Name	Year	School	Finals
=====			
1 Tegan Reynolds		Lsss - Kingston	1.48m
2 Abby Landry		Lsss - Kingston	1.35m
3 Sarah Watkins		Grec - Sharbot L	1.30m
4 Ashley Groth		Napanee - Napanee	J1.30m
-- Keeley Cox		Grec - Sharbot L	NH

Women Pole Vault Midget

=====			
KASSAA: * 2.10m 2013 Jenny Lapp, KCVI			
Name	Year	School	Finals
=====			
1 Tegan Reynolds		Lsss - Kingston	2.05m
2 Abby Landry		Lsss - Kingston	1.90m
3 Christina Stathopoulos		Fss - Kingston	1.45m

Women Long Jump Midget

=====			
KASSAA: * 4.82m 2011 Celina Grey, SHS			
Name	Year	School	Finals
=====			
1 Jessie Brunner		Napanee - Napanee	4.63m
2 Emma Parslow		Fss - Kingston	4.44m
3 Yasmine Egidio-Cluett		Rnd - Kingston	4.37m
4 Ashley Groth		Napanee - Napanee	4.23m
5 Marissa Terpstra		Hccss - Kingston	4.21m
6 Amelia Masotti		Rnd - Kingston	4.20m
7 Serena Loughlin		Kingston - Kingston	4.03m
8 Christina Stathopoulos		Fss - Kingston	3.88m
9 Leilani Scott		Kingston - Kingston	3.87m
10 Jessie Wales		Napanee - Napanee	3.86m
11 Lexis LaRue		Kingston - Kingston	3.33m

Women Triple Jump Midget

=====			
KASSAA: * 11.55m 2017 Aaliyah Edwards, FSS			
Name	Year	School	Finals
=====			
1 Ella Pratt-Vallier		Lsss - Kingston	10.51m
2 Jessie Brunner		Napanee - Napanee	10.17m
3 Marissa Terpstra		Hccss - Kingston	9.84m
4 Yasmine Egidio-Cluett		Rnd - Kingston	9.64m
5 Serena Loughlin		Kingston - Kingston	9.46m
6 Emma Parslow		Fss - Kingston	9.34m
7 Ashley Groth		Napanee - Napanee	8.75m
8 Kennedy Joyce		Kingston - Kingston	8.58m
9 Leilani Scott		Kingston - Kingston	8.16m
10 Jessie Wales		Napanee - Napanee	7.95m
11 Lexis LaRue		Kingston - Kingston	7.80m

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**CaraCo
Results**

Women Shot Put Midget

KASSAA: * 10.38m 2006 Julie Sleeth, SHS			
Name	Year	School	Finals
1 Emily Swaine		Bayridge - Kingston	10.50m*
2 Alexa Oriecuia		Rnd - Kingston	9.78m
3 Morgan Salter		Lsss - Kingston	9.19m
4 Kieran Raymo		Kingston - Kingston	9.12m
5 Grace Guigue		Grec - Sharbot L	9.08m
6 Anna Hart		Fss - Kingston	8.65m
7 Mackie Vanhumbeck		Rnd - Kingston	8.42m
8 Abby Beattie		Grec - Sharbot L	8.20m
9 Sydney Hausen		Lsss - Kingston	7.35m
10 Jersey Phin		Sydenham - Sydenham	7.21m
11 Jessi Quesnel		Kingston - Kingston	6.82m
12 Heidi Riddell		Grec - Sharbot L	6.70m
13 Alliy Hammond		Lsss - Kingston	6.44m
14 Skyler Sears		Sydenham - Sydenham	6.13m
15 Summer Sears		Sydenham - Sydenham	4.57m

Women Discus Throw Midget

KASSAA: * 29.20m 2014 Emily Fawcett, HCSS			
Name	Year	School	Finals
1 Emily Swaine		Bayridge - Kingston	29.37m*
2 Grace Guigue		Grec - Sharbot L	22.42m
3 Emma Buchanan		Sydenham - Sydenham	22.38m
4 Alexa Oriecuia		Rnd - Kingston	22.24m
5 Mackie Vanhumbeck		Rnd - Kingston	18.14m
6 Jersey Phin		Sydenham - Sydenham	17.59m
7 Annika Putnam		Grec - Sharbot L	17.19m
8 Emily Airhart		Rnd - Kingston	16.55m
9 Heidi Riddell		Grec - Sharbot L	13.22m
10 Aaliyah Donnelly		Rnd - Kingston	11.76m

Women Javelin Throw Midget

KASSAA: * 31.29m 2006 Meredith Papps, ESS			
Name	Year	School	Finals
1 Brooke Belisma		Fss - Kingston	27.06m
2 Kieran Raymo		Kingston - Kingston	26.02m
3 Jersey Phin		Sydenham - Sydenham	25.93m
4 Morgan Salter		Lsss - Kingston	25.38m
5 Emma Granger		Napanee - Napanee	24.48m
6 Alexa Oriecuia		Rnd - Kingston	24.36m
7 Grace Guigue		Grec - Sharbot L	22.37m
8 Mairina Jackson		Grec - Sharbot L	20.84m
9 Annika Putnam		Grec - Sharbot L	19.15m
10 Abby Beattie		Grec - Sharbot L	18.16m
11 Jessie Wales		Napanee - Napanee	17.18m
12 Anna Hart		Fss - Kingston	16.65m
-- Sydney Hausen		Lsss - Kingston	FOUL

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**CaraCo
Results**

Women 100 Meter Dash Junior

=====				
KASSAA: * 12.43 2004 Amy Blaser, FSS				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Emma Young		Fss - Kingston	13.36Q	2
2 Megan Agyei		Fss - Kingston	13.50Q	1
3 Olivia Elliot		Lsss - Kingston	13.57Q	2
4 Julia Patterson		Rnd - Kingston	14.04Q	1
5 Calista Payne		Rnd - Kingston	13.82Q	2
6 Syd Daggitt		Fss - Kingston	14.10Q	1
7 Sierra Panetta		Kingston - Kingston	13.89q	2
8 Sydney Wilkinson		Bayridge - Kingston	14.02q	2
9 Steintje Kroenke		Kingston - Kingston	14.17	1
10 Sarah Lavoie		Kingston - Kingston	15.02	1
11 Emily Coens		Fss - Kingston	15.65	1

Women 100 Meter Dash Junior

=====				
KASSAA: * 12.43 2004 Amy Blaser, FSS				
Name	Year	School	Finals	
=====				
Finals				
1 Megan Agyei		Fss - Kingston	13.12	
2 Emma Young		Fss - Kingston	13.35	
3 Olivia Elliot		Lsss - Kingston	13.60	
4 Calista Payne		Rnd - Kingston	13.78	
5 Julia Patterson		Rnd - Kingston	13.82	
6 Syd Daggitt		Fss - Kingston	13.82	
7 Sierra Panetta		Kingston - Kingston	13.93	
8 Sydney Wilkinson		Bayridge - Kingston	14.10	

Women 200 Meter Dash Junior

=====				
KASSAA: * 26.20 2010 Taylor Cole, FSS				
Name	Year	School	Prelims	
=====				
Preliminaries				
1 Aaliyah Edwards		Fss - Kingston	27.56Q	
2 Mackenzie Campbell		Kingston - Kingston	28.04Q	
3 Megan Agyei		Fss - Kingston	28.13Q	
4 Emma Young		Fss - Kingston	28.38Q	
5 Syd Daggitt		Fss - Kingston	29.33Q	
6 Olivia Elliot		Lsss - Kingston	29.47Q	
7 Abby Dwane		Bayridge - Kingston	31.04Q	

Women 200 Meter Dash Junior

=====				
KASSAA: * 26.20 2010 Taylor Cole, FSS				
Name	Year	School	Finals	
=====				
Finals				
1 Aaliyah Edwards		Fss - Kingston	27.56	
2 Mackenzie Campbell		Kingston - Kingston	28.04	
3 Megan Agyei		Fss - Kingston	28.13	
4 Emma Young		Fss - Kingston	28.38	

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...Women 200 Meter Dash Junior

5	Syd Daggitt	Fss - Kingston	29.33
6	Olivia Elliot	Lsss - Kingston	29.47
7	Abby Dwane	Bayridge - Kingston	31.04

Women 400 Meter Dash Junior

=====			
KASSAA: * 59.40 2006 Catherine Farish, FSS			
Name	Year	School	Finals
=====			
1	Anna Workman	Kingston - Kingston	59.00*
2	Mackenzie Campbell	Kingston - Kingston	1:01.25
3	Hanna Gregory	Napanee - Napanee	1:07.29
4	Emily Coens	Fss - Kingston	1:14.30

Women 800 Meter Run Junior

=====			
KASSAA: * 2:18.40 2013 Heather Jaros, LSS			
Name	Year	School	Finals
=====			
1	Anna Workman	Kingston - Kingston	2:17.39*
2	Kara Fitzgerald	Escmr - Kingston	2:25.59
3	Lily Chubaty	Kingston - Kingston	2:39.84
4	Hanna Gregory	Napanee - Napanee	2:47.80
5	Beatriz Done	Fss - Kingston	3:09.28

Women 1500 Meter Run Junior

=====			
KASSAA: * 4:44.98 2016 Brogan MacDougall, RND			
Name	Year	School	Finals
=====			
1	Anna Workman	Kingston - Kingston	4:58.18
2	Kara Fitzgerald	Escmr - Kingston	5:09.43
3	Lily Chubaty	Kingston - Kingston	5:23.87
4	Beatriz Done	Fss - Kingston	6:41.85

Women 3000 Meter Run Junior

=====			
KASSAA: * 9:53.80 2014 Branna MacDougall, RND			
Name	Year	School	Finals
=====			
1	Catherine Irwin	Hccss - Kingston	13:27.17

Women 80 Meter Hurdles Junior

=====			
KASSAA: * 11.90 2012 Katie Zohorsky, BSS			
Name	Year	School	Prelims
=====			

Preliminaries

1	Rachel Cooper	Kingston - Kingston	12.81Q
2	Hannah Stoness	Kingston - Kingston	13.83Q
3	Maya San Pedro	Kingston - Kingston	15.06Q
4	Sarah Jewell	Rnd - Kingston	15.35Q
5	Kelsey Melanson	Napanee - Napanee	16.13Q
6	Sarah Higgs	Napanee - Napanee	16.33Q

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Women 80 Meter Hurdles Junior

=====			
Name	Year	School	Finals
=====			

Finals			
1 Rachel Cooper		Kingston - Kingston	12.68
2 Hannah Stoness		Kingston - Kingston	14.15
3 Maya San Pedro		Kingston - Kingston	15.59
4 Sarah Jewell		Rnd - Kingston	15.89
5 Kelsey Melanson		Napanee - Napanee	15.94
6 Sarah Higgs		Napanee - Napanee	16.32

Women 300 Meter Hurdles Junior

=====			
Name	Year	School	Finals
=====			

1 Aaliyah Edwards		Fss - Kingston	48.43
2 Rachel Cooper		Kingston - Kingston	48.67
3 Kelsey Melanson		Napanee - Napanee	57.11

Women 4x100 Meter Relay Junior

=====			
School	Year	School	Finals
=====			

1 Frontenac - Kingston			51.79*
2 Regiopolis-Notre Dame-Kingston			55.98
-- Kingston - Kingston			DQ
-- Bayridge - Kingston			DQ

Women High Jump Junior

=====			
Name	Year	School	Finals
=====			

1 Megan Morrow		Napanee - Napanee	1.35m
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Women Pole Vault Junior

=====			
Name	Year	School	Finals
=====			

1 Caelyn McKenzie		Fss - Kingston	2.20m
1 Grace McKenna		Bayridge - Kingston	2.20m
3 Leah Blancher		Fss - Kingston	2.05m
4 Anica Gilbert		Kingston - Kingston	1.75m
5 Kaitlyn Rankin		Kingston - Kingston	1.45m

Women Long Jump Junior

=====			
Name	Year	School	Finals
=====			

1 Hannah Stoness		Kingston - Kingston	4.74m
2 Jesse Hale		Hccss - Kingston	4.61m

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...Women Long Jump Junior

3	Caelyn McKenzie	Fss - Kingston	4.55m
4	Kaylyn Reynolds	Bayridge - Kingston	4.45m
5	Marilla Morrisey	Fss - Kingston	4.32m
6	Leah Blancher	Fss - Kingston	4.31m
7	Abby Dwane	Bayridge - Kingston	4.05m
8	Sarah Lavoie	Kingston - Kingston	3.79m

Women Triple Jump Junior

KASSAA: * 10.56m 2012 Kenya Costa Dookhan, HCSS			
Name	Year	School	Finals
1	Aaliyah Edwards	Fss - Kingston	10.99m*
2	Jesse Hale	Hccss - Kingston	10.00m
3	Marilla Morrisey	Fss - Kingston	9.48m
4	Kaylyn Reynolds	Bayridge - Kingston	9.28m
5	Steintje Kroenke	Kingston - Kingston	8.63m

Women Shot Put Junior

KASSAA: * 11.05m 2016 Chelsea Hiemstra, SHS			
Name	Year	School	Finals
1	Miah Garofalo	Lsss - Kingston	10.00m
2	Mariah Keeling	Napanee - Napanee	9.12m
3	Nadia Skorenky	Escmr - Kingston	8.50m
4	Teagan Cox	Grec - Sharbot L	7.81m

Women Discus Throw Junior

KASSAA: * 32.90m 2007 Julie Sleeth, SHS			
Name	Year	School	Finals
1	Nadia Skorenky	Escmr - Kingston	27.90m
2	Audrey Burgraff	Bayridge - Kingston	18.52m
3	Teagan Cox	Grec - Sharbot L	18.37m
4	Anica Gilbert	Kingston - Kingston	16.43m
5	Sydney Vandenburg	Bayridge - Kingston	16.18m

Women Javelin Throw Junior

KASSAA: * 36.18m 2007 Meredith Papps, ESS			
Name	Year	School	Finals
1	Nadia Skorenky	Escmr - Kingston	29.91m
2	Audrey Burgraff	Bayridge - Kingston	26.40m
3	Courtney Orser	Sydenham - Sydenham	22.88m
4	Abby Dwane	Bayridge - Kingston	22.72m
5	Sydney Vandenburg	Bayridge - Kingston	22.18m
6	Teagan Cox	Grec - Sharbot L	22.15m
7	Olivia McEwen	Lsss - Kingston	20.93m
8	Anica Gilbert	Kingston - Kingston	20.88m
9	Mariah Keeling	Napanee - Napanee	20.03m
10	Sydney Wilkinson	Bayridge - Kingston	18.26m
11	Marilla Morrisey	Fss - Kingston	13.68m

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**CaraCo
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Women 100 Meter Dash Senior

=====				
KASSAA: * 11.90 2007 Veronica Catry, RND				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Sarah Bell		Kingston - Kingston	12.78Q	1
2 Dacey Richmond		Hccss - Kingston	12.84Q	2
3 Brianna Burgess		Sydenham - Sydenham	13.36Q	1
4 Morgan Howes		Grec - Sharbot L	13.78Q	2
5 Jodie Willemse		Rnd - Kingston	13.69Q	1
6 Ella Van Hal		Loyalist - Kingston	13.83Q	2
7 Julia Gray		Grec - Sharbot L	14.49q	1
8 Lisa Silva		Grec - Sharbot L	14.56q	1
9 Mallory Wylie		Hccss - Kingston	14.80	1
10 Taylor Jeffries		Lsss - Kingston	14.86	1

Women 100 Meter Dash Senior

=====				
KASSAA: * 11.90 2007 Veronica Catry, RND				
Name	Year	School	Finals	
=====				
Finals				
1 Dacey Richmond		Hccss - Kingston	12.40	
2 Sarah Bell		Kingston - Kingston	12.68	
3 Brianna Burgess		Sydenham - Sydenham	13.43	
4 Morgan Howes		Grec - Sharbot L	13.53	
5 Jodie Willemse		Rnd - Kingston	13.58	
6 Ella Van Hal		Loyalist - Kingston	13.81	
7 Lisa Silva		Grec - Sharbot L	14.40	
8 Julia Gray		Grec - Sharbot L	14.58	

Women 200 Meter Dash Senior

=====				
KASSAA: * 25.50 2001 Kim Laverty, HCSS				
Name	Year	School	Prelims	
=====				
Preliminaries				
1 Dacey Richmond		Hccss - Kingston	26.57Q	
2 Sarah Bell		Kingston - Kingston	26.76Q	
3 Meghan Jefferies		Hccss - Kingston	26.82Q	
4 Meghan Dundon		Ernestown - Odessa	28.46Q	
5 Morgan Howes		Grec - Sharbot L	29.63Q	
6 Julia Gray		Grec - Sharbot L	30.63Q	
7 Kayla Battler		Sydenham - Sydenham	30.88Q	
8 Paige Hefferman		Sydenham - Sydenham	41.33Q	

Women 200 Meter Dash Senior

=====				
KASSAA: * 25.50 2001 Kim Laverty, HCSS				
Name	Year	School	Finals	
=====				
Finals				
1 Dacey Richmond		Hccss - Kingston	26.57	
2 Sarah Bell		Kingston - Kingston	26.76	
3 Meghan Jefferies		Hccss - Kingston	26.82	
4 Meghan Dundon		Ernestown - Odessa	28.46	

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...Women 200 Meter Dash Senior

5	Morgan Howes	Grec - Sharbot L	29.63
6	Julia Gray	Grec - Sharbot L	30.63
7	Kayla Battler	Sydenham - Sydenham	30.88
8	Paige Hefferman	Sydenham - Sydenham	41.33

Women 400 Meter Dash Senior

=====			
KASSAA: * 57.70 1984 Cheryl Thibedeau, FSS			
Name	Year	School	Finals
=====			
1	Meghan Jefferies	Hccss - Kingston	59.00
2	Alexa Sawchuk	Lsss - Kingston	1:05.43
3	Michaela Dowling	Rnd - Kingston	1:06.38
4	Hannah Irwin	Lsss - Kingston	1:14.54

Women 800 Meter Run Senior

=====			
KASSAA: * 2:14.90 2014 Heather Jaros, LSS			
Name	Year	School	Finals
=====			
1	Meghan Jefferies	Hccss - Kingston	2:26.29
2	Adrienne Scott	Kingston - Kingston	2:37.45
3	Michaela Dowling	Rnd - Kingston	2:39.04
4	Jane Smallman	Kingston - Kingston	2:40.07
5	Mackenzie O'Sullivan	Sydenham - Sydenham	2:40.16

Women 1500 Meter Run Senior

=====			
KASSAA: * 4:36.19 2016 Branna MacDougall, RND			
Name	Year	School	Finals
=====			
1	Hana Amari	Kingston - Kingston	5:16.66
2	Bryn Reynolds	Lsss - Kingston	5:25.94
3	Adrienne Scott	Kingston - Kingston	5:27.82
4	Daniela Rojas	Rnd - Kingston	5:34.12
5	Jane Smallman	Kingston - Kingston	5:50.35
6	Georgia Gillan	Napanee - Napanee	5:51.26
7	Mackenzie O'Sullivan	Sydenham - Sydenham	6:19.16
8	Isabella Campbell	Rnd - Kingston	6:26.60
9	Leah Oster	Napanee - Napanee	6:41.82
10	Sophie Whitehead	Kingston - Kingston	7:13.75

Women 3000 Meter Run Senior

=====			
KASSAA: * 9:57.60 1999 Emily Tallen, FSS			
Name	Year	School	Finals
=====			
1	Hana Amari	Kingston - Kingston	11:39.27
2	Daniela Rojas	Rnd - Kingston	11:52.33
3	Bryn Reynolds	Lsss - Kingston	12:16.13

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**CaraCo
Results**

Women 100 Meter Hurdles Senior

=====			
KASSAA: * 14.77 2017 Claire Millard, LCVI			
Name	Year	School	Prelims
=====			
Preliminaries			
1 Sydney Campbell		Kingston - Kingston	16.00Q
2 Brianna Burgess		Sydenham - Sydenham	16.40Q
3 Clare Stafford		Rnd - Kingston	17.12Q
4 Chloe Goss		Rnd - Kingston	17.16Q

Women 100 Meter Hurdles Senior

=====			
KASSAA: * 14.77 2017 Claire Millard, LCVI			
Name	Year	School	Finals
=====			
Finals			
1 Sydney Campbell		Kingston - Kingston	15.98
2 Brianna Burgess		Sydenham - Sydenham	16.84
3 Chloe Goss		Rnd - Kingston	17.02
4 Clare Stafford		Rnd - Kingston	18.14

Women 400 Meter Hurdles Senior

=====			
KASSAA: * 1:04.90 2016 Blaire Dunn, FSS			
Name	Year	School	Finals
=====			
1 Chloe Goss		Rnd - Kingston	1:13.66
2 Brianna Burgess		Sydenham - Sydenham	1:15.63

Women 4x100 Meter Relay Senior

=====			
KASSAA: * 49.40 1993 Loyalist C.V.I., LCVI			
School	Year	School	Finals
=====			
1 Holy Cross - Kingston			52.87
2 Sydenham - Sydenham			55.73
3 Regiopolis-Notre Dame-Kingston			55.97
4 La Salle - Kingston			56.00

Women High Jump Senior

=====			
KASSAA: * 1.77m 1987 Susan Campbell, LCVI			
Name	Year	School	Finals
=====			
1 Emily Cameron		Fss - Kingston	1.45m
2 Anna Foreman-Willms		Kingston - Kingston	1.20m

Women Pole Vault Senior

=====			
KASSAA: * 2.40m 2007 Sarah Mills, KCVI			
Name	Year	School	Finals
=====			
1 Anna Foreman-Willms		Kingston - Kingston	2.60m*
2 Morgan Howes		Grec - Sharbot L	2.05m

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Results****Women Long Jump Senior**

KASSAA: * 5.40m 1994 Danielle Froese, LCVI			
Name	Year	School	Finals
1 Meghan Dundon		Ernestown - Odessa	4.93m
2 Emily Cameron		Fss - Kingston	4.84m
3 Taylor Jeffries		Lsss - Kingston	3.83m
4 Megan Dunham		Grec - Sharbot L	3.75m
5 Kyra Bough		Rnd - Kingston	3.73m
-- Lisa Silva		Grec - Sharbot L	FOUL

Women Triple Jump Senior

KASSAA: * 11.07m 2017 Claire Millard, LCVI			
Name	Year	School	Finals
1 Sydney Campbell		Kingston - Kingston	10.76m
2 Meghan Dundon		Ernestown - Odessa	10.47m
3 Emily Cameron		Fss - Kingston	10.09m
4 Megan Dunham		Grec - Sharbot L	8.31m
5 Taylor Jeffries		Lsss - Kingston	8.06m

Women Shot Put Senior

KASSAA: * 13.22m 1998 Nicole Clarke, LSS			
Name	Year	School	Finals
1 Emily Fawcett		Hccss - Kingston	10.70m
2 Chelsea Hiemstra		Lsss - Kingston	10.53m
3 Mary Baker		Rnd - Kingston	9.44m
4 Destiny Scott		Rnd - Kingston	8.69m
5 Sophie Bedard		Bayridge - Kingston	8.32m
6 Brianna Burt		Sydenham - Sydenham	7.86m
7 Ella Van Hal		Loyalist - Kingston	7.72m
8 Sam Kempe		Sydenham - Sydenham	7.66m
9 Cailyn Barton		Napanee - Napanee	6.90m
10 Brianna Clow		Sydenham - Sydenham	5.13m
11 Mary Sears		Sydenham - Sydenham	4.49m

Women Discus Throw Senior

KASSAA: * 41.40m 1998 Erin Sepic, RND			
Name	Year	School	Finals
1 Emily Fawcett		Hccss - Kingston	36.50m
2 Mary Baker		Rnd - Kingston	28.92m
3 Chelsea Hiemstra		Lsss - Kingston	27.80m
4 Ella Van Hal		Loyalist - Kingston	22.41m
5 Tangie Howes		Grec - Sharbot L	22.29m
6 Sam Kempe		Sydenham - Sydenham	21.09m
7 Mary Frost		Kingston - Kingston	20.95m
8 Sophie Bedard		Bayridge - Kingston	20.70m
9 Amber Asselstine		Grec - Sharbot L	19.00m
10 Destiny Scott		Rnd - Kingston	17.30m
11 Jessie Mae Ferguson		Grec - Sharbot L	14.92m
12 Cailyn Barton		Napanee - Napanee	14.87m

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**CaraCo
Results**

...Women Discus Throw Senior

13 Hope Plumridge	Sydenham - Sydenham	14.08m
14 Taylor Hale-Gregory	Rnd - Kingston	13.17m

Women Javelin Throw Senior

=====

KASSAA: * 38.41m 2010 Ashley Widmont, FSS

Name	Year School	Finals
1 Jenna Kane	Lsss - Kingston	37.67m
2 Aly Kane	Lsss - Kingston	33.80m
3 Mary Baker	Rnd - Kingston	32.89m
4 Robin Melnick	Sydenham - Sydenham	32.85m
5 Cailey Cotnam	Sydenham - Sydenham	26.77m
6 Tangie Howes	Grec - Sharbot L	26.44m
7 Sophie Bedard	Bayridge - Kingston	25.51m
8 Hope Plumridge	Sydenham - Sydenham	22.66m
9 Brianna Burt	Sydenham - Sydenham	19.90m
10 Mary Frost	Kingston - Kingston	19.77m
11 Amber Asselstine	Grec - Sharbot L	19.03m
12 Cailyn Barton	Napanee - Napanee	18.58m
13 Jessie Mae Ferguson	Grec - Sharbot L	14.66m

Women 1500 Meter Steeplechase Open

=====

KASSAA: * 5:30.60 2014 Emily Drouin, RND

Name	Year School	Finals
1 Bryn Reynolds	Lsss - Kingston	5:58.88
2 Lily Chubaty	Kingston - Kingston	6:07.94
3 Vanessa Pearce	Sydenham - Sydenham	6:28.41
4 Georgia Gillan	Napanee - Napanee	6:36.21
-- Moira Smith	Lsss - Kingston	DNF

Women 4x400 Meter Relay Open

=====

KASSAA: * 4:08.60 1992 Loyalist C.V.I., LCVI

School	Finals
1 Kingston - Kingston	4:29.02
2 Regiopolis-Notre Dame-Kingston	4:30.02
3 Sydenham - Sydenham	4:55.52

Women 100 Meter Dash Intellectually Imp.

=====

KASSAA: * 15.70 2015 Dominique Hannah, SHS

Name	Year School	Finals
1 Brianna Clow	Sydenham - Sydenham	15.30*
2 Sydney Pratt-Vallier	Lsss - Kingston	16.40
3 Skyler Sears	Sydenham - Sydenham	16.60
4 Paige Hefferman	Sydenham - Sydenham	18.10
5 Summer Sears	Sydenham - Sydenham	18.20
-- Cheraton Goulet	Sydenham - Sydenham	DQ
-- Mary Sears	Sydenham - Sydenham	DQ

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**CaraCo
Results**

Women 800 Meter Run Intellectually Imp.

KASSAA: * 3:40.76 2017 Sydney Pratt Vallier, LSS			
Name	Year	School	Finals
1 Paige Hefferman		Sydenham - Sydenham	3:43.70
2 Sydney Pratt-Vallier		Lsss - Kingston	3:46.42
3 Brianna Clow		Sydenham - Sydenham	3:56.36

Men 100 Meter Dash Midget

KASSAA: * 11.10 2015 Cole Horsman, FSS				
Name	Year	School	Prelims	H#
Preliminaries				
1 Gorham Achot		Rnd - Kingston	11.88Q	1
2 Greg Mills		Sydenham - Sydenham	12.25Q	3
3 Alex Montenegro		Loyalist - Kingston	12.59Q	2
4 Takoe Mei		Loyalist - Kingston	12.37Q	3
5 Reese Andrews		Fss - Kingston	12.41Q	1
6 Gui Righetto		Fss - Kingston	12.69Q	2
7 Joachim Blohm		Escmr - Kingston	12.50q	1
8 Owen Pete		Fss - Kingston	12.53q	3
9 Michael Gurnsey		Fss - Kingston	12.67	3
10 Will Daniel		Hccss - Kingston	12.76	2
11 Callum Diak		Kingston - Kingston	12.77	1
12 Morgan Wood		Sydenham - Sydenham	12.84	2
13 Gabriel Gillis		Escmr - Kingston	12.85	2
14 Henry Seymour		Kingston - Kingston	12.90	3
15 Cale McCallum		Bayridge - Kingston	13.01	1
16 Stuart Logan		Bayridge - Kingston	13.05	3
17 Carter Power		Lsss - Kingston	13.06	1
18 Nicola Tieu		Escmr - Kingston	13.10	3
19 Connor Banting		Bayridge - Kingston	13.19	2
20 Quintin Alton		Sydenham - Sydenham	13.20	1
21 Zac Mathews		Bayridge - Kingston	13.30	1
22 Ethan Brown		Sydenham - Sydenham	13.30	3
23 Reed Fox		Lsss - Kingston	13.42	2
24 Arman Azroy-Aruff		Kingston - Kingston	13.57	2

Men 100 Meter Dash Midget

KASSAA: * 11.10 2015 Cole Horsman, FSS			
Name	Year	School	Finals
Finals			
1 Gorham Achot		Rnd - Kingston	11.88
2 Greg Mills		Sydenham - Sydenham	12.23
3 Reese Andrews		Fss - Kingston	12.30
4 Takoe Mei		Loyalist - Kingston	12.36
5 Owen Pete		Fss - Kingston	12.43
6 Alex Montenegro		Loyalist - Kingston	12.44
7 Joachim Blohm		Escmr - Kingston	12.57
8 Gui Righetto		Fss - Kingston	13.38

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**CaraCo
Results**

Men 200 Meter Dash Midget

KASSAA: * 23.10 2015 Cole Horsman, FSS				
Name	Year	School	Prelims	H#
Preliminaries				
1 Gorham Achot		Rnd - Kingston	24.90Q	3
2 Greg Mills		Sydenham - Sydenham	26.06Q	1
3 Owen Pete		Fss - Kingston	26.69Q	2
4 Jack Flegal		Rnd - Kingston	26.26Q	1
5 Alex Montenegro		Loyalist - Kingston	26.73Q	3
6 Quintin Alton		Sydenham - Sydenham	27.45Q	2
7 Will Daniel		Hccss - Kingston	26.74q	1
8 Joachim Blohm		Escmr - Kingston	26.82q	3
9 Michael Gurnsey		Fss - Kingston	27.04	3
10 Reese Andrews		Fss - Kingston	27.05	1
11 Lou Ouellet		Escmr - Kingston	27.31	1
12 Cale McCallum		Bayridge - Kingston	27.32	3
13 Gui Righetto		Fss - Kingston	27.51	2
14 Gabriel Gillis		Escmr - Kingston	27.64	2
15 Alex Griswold		Bayridge - Kingston	27.76	2
16 Henry Seymour		Kingston - Kingston	28.35	3
17 Zac Mathews		Bayridge - Kingston	28.99	1
18 Arman Azroy-Aruff		Kingston - Kingston	29.52	2

Men 200 Meter Dash Midget

KASSAA: * 23.10 2015 Cole Horsman, FSS				
Name	Year	School	Finals	
Finals				
1 Gorham Achot		Rnd - Kingston	24.69	
2 Greg Mills		Sydenham - Sydenham	25.64	
3 Owen Pete		Fss - Kingston	26.11	
4 Jack Flegal		Rnd - Kingston	26.20	
5 Will Daniel		Hccss - Kingston	26.59	
6 Joachim Blohm		Escmr - Kingston	26.64	
7 Alex Montenegro		Loyalist - Kingston	26.73	
8 Quintin Alton		Sydenham - Sydenham	28.76	

Men 400 Meter Dash Midget

KASSAA: * 54.00 2015 Max Taylor, HCSS				
Name	Year	School	Finals	
1 Greg Mills		Sydenham - Sydenham	57.42	
2 Owen Pete		Fss - Kingston	57.50	
3 Alex Griswold		Bayridge - Kingston	1:02.37	
4 Lou Ouellet		Escmr - Kingston	1:02.53	
5 Ben Caza		Napanee - Napanee	1:03.85	

Men 800 Meter Run Midget

KASSAA: * 2:08.30 2008 Kyle McKellar, FSS				
Name	Year	School	Finals	
1 Aiden Tulk		Hccss - Kingston	2:16.27	

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**CaraCo
Results**

...Men 800 Meter Run Midget

2 Aidan Williams	Lsss - Kingston	2:22.24
3 Jackson Sargeant	Sydenham - Sydenham	2:23.55
4 Denzil Dixon	Lsss - Kingston	2:24.21
5 Ben Caza	Napanee - Napanee	2:35.03
6 Andy Ruttan	Napanee - Napanee	2:37.75

Men 1500 Meter Run Midget

=====			
KASSAA: * 4:26.30		2008	Kyle McKellar, FSS
Name	Year	School	Finals
=====			
1 Aiden Tulk		Hccss - Kingston	4:35.72
2 Dan Coolican		Kingston - Kingston	4:38.21
3 David Pickard		Sydenham - Sydenham	4:38.70
4 Carson Fraser		Fss - Kingston	4:48.48
5 Jude Wheeler-Dee		Kingston - Kingston	4:53.95
6 Bronis MacDougall		Escmr - Kingston	4:55.74
7 Aidan Williams		Lsss - Kingston	4:56.27
8 Jim Goobie		Bayridge - Kingston	4:56.83
9 Nicholas Koss		Bayridge - Kingston	4:59.19
10 Jackson Sargeant		Sydenham - Sydenham	4:59.93
11 Denzil Dixon		Lsss - Kingston	5:00.00
12 Bucky Quanz		Rnd - Kingston	5:01.46
13 Jeffrey Johnson		Kingston - Kingston	5:02.51
14 Andy Ruttan		Napanee - Napanee	5:03.86
15 Ben Fink-Jensen		Bayridge - Kingston	5:38.55

Men 3000 Meter Run Midget

=====			
KASSAA: * 9:26.40		2012	Kieran L'Abbe, KCVI
Name	Year	School	Finals
=====			
1 Aiden Tulk		Hccss - Kingston	10:05.25
2 Dan Coolican		Kingston - Kingston	10:14.60
3 David Pickard		Sydenham - Sydenham	10:15.04
4 Carson Fraser		Fss - Kingston	10:26.30
5 Jude Wheeler-Dee		Kingston - Kingston	10:38.66
6 Bronis MacDougall		Escmr - Kingston	10:45.72
7 Jim Goobie		Bayridge - Kingston	10:52.85
8 Nicholas Koss		Bayridge - Kingston	10:53.21

Men 100 Meter Hurdles Midget

=====			
KASSAA: * 14.90		2015	Liam Sands, SHS
KASSAA 2: + 14.90		2012	Brodie Latimer, SHS
Name	Year	School	Prelims
=====			
Preliminaries			
1 Barrett Joynt		Sydenham - Sydenham	17.08Q
2 Grady Westwater		Sydenham - Sydenham	19.26Q
3 Ben Sigurdson		Sydenham - Sydenham	19.40Q

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Men 100 Meter Hurdles Midget

Name	Year	School	Finals
KASSAA: *	14.90	2015	Liam Sands, SHS
KASSAA 2: +	14.90	2012	Brodie Latimer, SHS

Finals

1	Barrett Joynt	Sydenham - Sydenham	16.55
2	Grady Westwater	Sydenham - Sydenham	19.12
3	Ben Sigurdson	Sydenham - Sydenham	19.18

Men 300 Meter Hurdles Midget

Name	Year	School	Finals
KASSAA: *	43.80	2007	Matt Fouzie, SHS

1	Barrett Joynt	Sydenham - Sydenham	47.60
2	Grady Westwater	Sydenham - Sydenham	48.95
3	Preston Moon	Sydenham - Sydenham	50.24
4	Ben Sigurdson	Sydenham - Sydenham	52.38

Men 4x100 Meter Relay Midget

School	Finals
KASSAA: *	47.60 2008 Sydenham H.S., SHS

1	Sydenham - Sydenham	49.93
2	Esc Marie Rivier - Kingston	51.06
3	Bayridge - Kingston	52.49
4	La Salle - Kingston	54.49
--	Frontenac - Kingston	DQ

Men High Jump Midget

Name	Year	School	Finals
KASSAA: *	1.76m	2007	Matt McEathron, FSS

1	Morgan Wood	Sydenham - Sydenham	1.70m
2	Tom Sedgwick	Kingston - Kingston	1.65m
3	Skylar Bowers	Kingston - Kingston	1.55m
4	Jared Butchart	Rnd - Kingston	1.50m
5	Braydan Dunham	Grec - Sharbot L	1.45m
6	Brody Seitz	Fss - Kingston	J1.45m

Men Pole Vault Midget

Name	Year	School	Finals
KASSAA: *	2.55m	2005	Ben Blake, KCVI

1	Braydan Dunham	Grec - Sharbot L	2.60m*
2	Tom Sedgwick	Kingston - Kingston	1.80m
2	Skylar Bowers	Kingston - Kingston	1.80m

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**CaraCo
Results**

Men Long Jump Midget

KASSAA: * 5.65m 2016 MooEh Doe, LCVI			
Name	Year	School	Finals
1 Jack Flegal		Rnd - Kingston	5.29m
2 Liam Kuzma-Hunt		Kingston - Kingston	5.09m
3 Michael Reid		Bayridge - Kingston	5.02m
4 Stuart Logan		Bayridge - Kingston	5.00m
5 Takoe Mei		Loyalist - Kingston	4.96m
6 Brody Seitz		Fss - Kingston	4.61m
7 Jordan Tran		Loyalist - Kingston	4.53m
8 Jared Butchart		Rnd - Kingston	4.48m
9 Morgan Wood		Sydenham - Sydenham	4.43m
10 Connor Banting		Bayridge - Kingston	4.31m
11 Alex Montenegro		Loyalist - Kingston	3.84m
12 Ethan Brown		Sydenham - Sydenham	3.79m
13 Caulin MacVicar		Rnd - Kingston	3.61m
-- Will Daniel		Hccss - Kingston	FOUL

Men Triple Jump Midget

KASSAA: * 12.01m 2016 MooEh Doe, LCVI			
Name	Year	School	Finals
1 Takoe Mei		Loyalist - Kingston	11.18m
2 Michael Reid		Bayridge - Kingston	11.15m
3 Stuart Logan		Bayridge - Kingston	10.94m
4 Jordan Tran		Loyalist - Kingston	10.67m
5 Jared Butchart		Rnd - Kingston	10.65m
6 Callum Diak		Kingston - Kingston	10.47m
7 Connor Banting		Bayridge - Kingston	9.87m
8 Caulin MacVicar		Rnd - Kingston	7.98m

Men Shot Put Midget

KASSAA: * 15.23m 2008 Gavin Davis-Young, SHS			
Name	Year	School	Finals
1 Zac Osbourne		Sydenham - Sydenham	13.64m
2 Marco Lattonio		Rnd - Kingston	6.43m

Men Discus Throw Midget

KASSAA: * 40.25m 2013 Sam Mace, LCVI			
Name	Year	School	Finals
1 Zac Osbourne		Sydenham - Sydenham	37.39m
2 Ben Snider		Sydenham - Sydenham	34.50m
3 Quintin Alton		Sydenham - Sydenham	34.12m
4 Ethan Albrough		Rnd - Kingston	23.30m
5 Marco Lattonio		Rnd - Kingston	19.22m

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Men Javelin Throw Midget

KASSAA: * 51.52m 2012 Ben Cross, FSS			
Name	Year	School	Finals
1 Barrett Joynt		Sydenham - Sydenham	40.58m
2 Bronis MacDougall		Escmr - Kingston	36.27m
3 Gabriel Gillis		Escmr - Kingston	26.55m
4 Ben Snider		Sydenham - Sydenham	26.27m
5 Ethan Albrough		Rnd - Kingston	25.71m
6 Carter Mouncey		Sydenham - Sydenham	24.29m
7 Callum Diak		Kingston - Kingston	20.73m
8 Marco Lattonio		Rnd - Kingston	18.03m

Men 100 Meter Dash Junior

KASSAA: * 10.90 2007 Jason Steels, RND				
Name	Year	School	Prelims	H#
Preliminaries				
1 Genhi O'Brien		Fss - Kingston	12.03Q	2
2 Silas Taylor		Lsss - Kingston	12.37Q	1
3 Nick McGraw		Fss - Kingston	12.40Q	3
4 Kyle Duval		Escmr - Kingston	12.14Q	2
5 Ben Grimshaw		Hccss - Kingston	12.47Q	1
6 Travis Angel		Napanee - Napanee	12.57Q	3
7 Sam Depaul		Hccss - Kingston	12.43q	2
8 Maxim McAuley-Stone		Fss - Kingston	12.48q	1
9 Tristan Fernandes		Rnd - Kingston	12.53	2
10 Cole Hagen		Fss - Kingston	12.98	3
11 Colin Ricketts		Kingston - Kingston	13.00	1
12 Isaac Rundle		Kingston - Kingston	13.00	2
13 Thai Dagnone		Hccss - Kingston	13.15	3
14 Jeremy Dube		Rnd - Kingston	13.20	1
15 Josh Lyons		Bayridge - Kingston	13.62	2
16 Loick Kneppert		Kingston - Kingston	13.90	3

Men 100 Meter Dash Junior

KASSAA: * 10.90 2007 Jason Steels, RND			
Name	Year	School	Finals
Finals			
1 Genhi O'Brien		Fss - Kingston	12.02
2 Kyle Duval		Escmr - Kingston	12.18
3 Silas Taylor		Lsss - Kingston	12.31
4 Nick McGraw		Fss - Kingston	12.39
5 Ben Grimshaw		Hccss - Kingston	12.53
6 Sam Depaul		Hccss - Kingston	12.53
7 Maxim McAuley-Stone		Fss - Kingston	12.60
8 Travis Angel		Napanee - Napanee	12.68

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Men 200 Meter Dash Junior

KASSAA: * 23.30 2007 Matt Hummel, RND				
Name	Year	School	Prelims	H#
Preliminaries				
1 Genhi O'Brien		Fss - Kingston	25.45Q	1
2 Nick McGraw		Fss - Kingston	25.96Q	2
3 Kyle Duval		Escmr - Kingston	25.49Q	1
4 Ben Grimshaw		Hccss - Kingston	26.11Q	2
5 Maxim McAuley-Stone		Fss - Kingston	26.28Q	1
6 Silas Taylor		Lsss - Kingston	26.42Q	2
7 Matt Fraser		Bayridge - Kingston	26.39q	1
8 Travis Angel		Napanee - Napanee	26.67q	2
9 Cole Hagen		Fss - Kingston	28.65	1
10 Ben McCrady		Sydenham - Sydenham	28.84	2
11 Josh Lyons		Bayridge - Kingston	29.41	2
12 Andrew Young		Sydenham - Sydenham	29.58	1

Men 200 Meter Dash Junior

KASSAA: * 23.30 2007 Matt Hummel, RND				
Name	Year	School	Finals	
Finals				
1 Genhi O'Brien		Fss - Kingston	25.41	
2 Nick McGraw		Fss - Kingston	25.65	
3 Silas Taylor		Lsss - Kingston	25.78	
4 Ben Grimshaw		Hccss - Kingston	25.86	
5 Kyle Duval		Escmr - Kingston	26.10	
6 Matt Fraser		Bayridge - Kingston	26.48	
7 Maxim McAuley-Stone		Fss - Kingston	26.51	
8 Travis Angel		Napanee - Napanee	27.07	

Men 400 Meter Dash Junior

KASSAA: * 51.48 2016 Max Taylor, HCSS				
Name	Year	School	Finals	
1 Matt Fraser		Bayridge - Kingston	58.97	
2 Owen O'Meara		Sydenham - Sydenham	1:00.76	
3 Alex Hawley		Grec - Sharbot L	1:01.62	

Men 800 Meter Run Junior

KASSAA: * 2:02.49 2016 Konnor Weston, FSS				
Name	Year	School	Finals	
1 Nathan Jansen		Rnd - Kingston	2:19.85	
2 Dylan Morse		Hccss - Kingston	2:21.33	
3 Owen O'Meara		Sydenham - Sydenham	2:27.96	
4 Will St. Goddard		Hccss - Kingston	2:31.35	
5 Carter Hayes		Fss - Kingston	2:48.54	

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**CaraCo
Results**

Men 1500 Meter Run Junior

KASSAA: * 4:10.70 2004 Matt Hulse, HCSS			
Name	Year	School	Finals
1 Stephen O'Meara		Rnd - Kingston	4:43.75
2 Joey Tripp		Rnd - Kingston	4:44.68
3 Nathan Jansen		Rnd - Kingston	4:46.10
4 Blake Hannaford		Fss - Kingston	4:51.48
5 River Lovelace		Sydenham - Sydenham	5:05.00
6 Jake Knutsson		Fss - Kingston	5:07.65
7 Will St. Goddard		Hccss - Kingston	5:22.94
8 Aidan Jackson		Fss - Kingston	5:40.89

Men 3000 Meter Run Junior

KASSAA: * 9:16.00 2007 Alexander Hinton, KCVI			
Name	Year	School	Finals
1 Stephen O'Meara		Rnd - Kingston	10:44.24
2 Joey Tripp		Rnd - Kingston	10:44.91
3 Jake Knutsson		Fss - Kingston	11:33.49

Men 100 Meter Hurdles Junior

KASSAA: * 14.20 2015 Merik Wilcock, SHS			
Name	Year	School	Prelims
Preliminaries			
1 Genhi O'Brien		Fss - Kingston	16.51Q
2 Ethan Lucas		Sydenham - Sydenham	17.24Q
3 Liam Beaver		Sydenham - Sydenham	19.74Q
4 Sam Depaul		Hccss - Kingston	20.09Q

Men 100 Meter Hurdles Junior

KASSAA: * 14.20 2015 Merik Wilcock, SHS			
Name	Year	School	Finals
Finals			
1 Genhi O'Brien		Fss - Kingston	16.51
2 Ethan Lucas		Sydenham - Sydenham	16.64
3 Sam Depaul		Hccss - Kingston	20.56
4 Liam Beaver		Sydenham - Sydenham	21.00

Men 300 Meter Hurdles Junior

KASSAA: * 41.50 2006 Dave McGinn, SHS			
Name	Year	School	Finals
1 Noah Rooney		Napanee - Napanee	45.22
2 Alex Hawley		Grec - Sharbot L	47.57
3 Liam Beaver		Sydenham - Sydenham	52.35

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Men 4x100 Meter Relay Junior

=====			
KASSAA: *	46.30	2008	Sydenham H.S., SHS
Name	Year	School	Finals
=====			
1	Frontenac - Kingston		48.35
2	Holy Cross - Kingston		49.51
3	Sydenham - Sydenham		50.33
4	Kingston - Kingston		50.61

Men High Jump Junior

=====			
KASSAA: *	1.85m	2016	Michael Rowsell, SHS
KASSAA 2: +	1.85m	2004	Tom Hughes, SHS
Name	Year	School	Finals
=====			
1	Anthony Bianchet	Kingston - Kingston	1.80m
2	Ethan Lucas	Sydenham - Sydenham	1.75m
3	Alex Hawley	Grec - Sharbot L	1.55m
4	Wyatt Howes	Grec - Sharbot L	1.45m

Men Pole Vault Junior

=====			
KASSAA: *	3.10m	2005	Rob Hackett, BSS
Name	Year	School	Finals
=====			
1	Anthony Bianchet	Kingston - Kingston	2.70m
2	Wyatt Howes	Grec - Sharbot L	2.25m

Men Long Jump Junior

=====			
KASSAA: *	6.59m	2004	David Jones, ESS
Name	Year	School	Finals
=====			
1	Isaac Rundle	Kingston - Kingston	5.26m
2	Cole Pond	Sydenham - Sydenham	5.22m
3	Noah Rooney	Napanee - Napanee	5.21m
4	Blake Hannaford	Fss - Kingston	5.20m
5	Tristan Fernandes	Rnd - Kingston	4.91m
6	Jeremy Dube	Rnd - Kingston	4.86m
7	Colin Ricketts	Kingston - Kingston	4.11m
8	Brandon Kruz	Rnd - Kingston	3.60m
9	John Gwynne-Timothy	Rnd - Kingston	3.05m
10	Devlyn West	Rnd - Kingston	2.77m

Men Triple Jump Junior

=====			
KASSAA: *	12.93m	2004	David Jones, ESS
Name	Year	School	Finals
=====			
1	Noah Rooney	Napanee - Napanee	11.44m
2	Kyle Duval	Escmr - Kingston	10.57m
3	Travis Angel	Napanee - Napanee	9.67m
4	Brandon Kruz	Rnd - Kingston	8.55m

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Men Shot Put Junior

KASSAA: * 15.88m 2017 Zach Deir, LCVI			
Name	Year	School	Finals
1 Anthony Freitas		Rnd - Kingston	11.37m
2 Aaron Roodhart		Bayridge - Kingston	11.23m
3 Joshua Haberer		Kingston - Kingston	10.11m
4 Athmane Darenfal		Kingston - Kingston	8.74m

Men Discus Throw Junior

KASSAA: * 49.11m 2010 Brandon Deslauriers, NDSS			
Name	Year	School	Finals
1 Joshua Haberer		Kingston - Kingston	33.84m
2 Aaron Roodhart		Bayridge - Kingston	31.47m
3 Jake Richards		Sydenham - Sydenham	31.07m
4 Blayne Thompson		Grec - Sharbot L	30.28m
5 Alex Laframboise		Bayridge - Kingston	27.63m
6 Loick Kneppert		Kingston - Kingston	19.72m

Men Javelin Throw Junior

KASSAA: * 48.85m 2008 Aaron Gazendam, HCSS			
Name	Year	School	Finals
1 Ethan Lucas		Sydenham - Sydenham	40.22m
2 Maxim McAuley-Stone		Fss - Kingston	37.53m
3 Jake Richards		Sydenham - Sydenham	36.89m
4 Ben McCrady		Sydenham - Sydenham	33.24m
5 Owen O'Meara		Sydenham - Sydenham	29.72m
6 Blayne Thompson		Grec - Sharbot L	29.64m
7 Loick Kneppert		Kingston - Kingston	29.23m
8 Joshua Haberer		Kingston - Kingston	26.61m
9 Colin Ricketts		Kingston - Kingston	20.05m

Men 100 Meter Dash Senior

KASSAA: * 10.60 2012 Wade Embury, SHS				
Name	Year	School	Prelims	H#
Preliminaries				
1 Noah Leinweber		Fss - Kingston	11.24Q	2
2 Joel Gurnsey		Fss - Kingston	11.33Q	1
3 Cole Rooks		Hccss - Kingston	11.36Q	3
4 Dylan Thomason		Hccss - Kingston	11.45q	3
5 Mavrick Snider		Bayridge - Kingston	11.69q	2
6 Brock Wylie		Loyalist - Kingston	11.71q	1
7 Jason Dowker		Sydenham - Sydenham	11.79q	1
8 McKendry Birtch		Hccss - Kingston	12.09q	2
9 Rowan Engen		Kingston - Kingston	12.38	2
10 Joey An		Kingston - Kingston	12.41	1
11 Callan Murphy		Hccss - Kingston	12.63	1
12 Zeph Lakins		Bayridge - Kingston	12.67	1
13 Luc Lavallee		Fss - Kingston	12.69	3
14 Aiden Buck		Bayridge - Kingston	12.70	3

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

...Men 100 Meter Dash Senior

15	Josh Duff	Lsss - Kingston	12.72	2
16	Liam Lowe	Ernestown - Odessa	12.93	1
17	Ishmael Sarkodie	Loyalist - Kingston	13.13	3

Men 100 Meter Dash Senior

=====				
	KASSAA: * 10.60	2012	Wade Embury, SHS	
	Name	Year	School	Finals
=====				

Finals

1	Noah Leinweber	Fss - Kingston	11.12	
2	Cole Rooks	Hccss - Kingston	11.17	
3	Joel Gurnsey	Fss - Kingston	11.23	
4	Mavricks Snider	Bayridge - Kingston	11.31	
5	Dylan Thomason	Hccss - Kingston	11.36	
6	Brock Wylie	Loyalist - Kingston	11.74	
7	Jason Dowker	Sydenham - Sydenham	11.90	
8	McKendry Birtch	Hccss - Kingston	12.02	

Men 200 Meter Dash Senior

=====				
	KASSAA: * 22.40	2004	Brennan Wright, RND	
	Name	Year	School	Prelims H#
=====				

Preliminaries

1	Dylan Thomason	Hccss - Kingston	23.58Q	1
2	Emmett Bravakis	Hccss - Kingston	23.68Q	2
3	Noah Leinweber	Fss - Kingston	23.83Q	1
4	Joel Gurnsey	Fss - Kingston	24.04Q	2
5	Jason Dowker	Sydenham - Sydenham	24.66Q	2
6	Loic Jobidon	Rnd - Kingston	27.72Q	1
7	McKendry Birtch	Hccss - Kingston	24.75q	2
8	Zeph Lakins	Bayridge - Kingston	26.71q	2
9	Rowan Engen	Kingston - Kingston	26.81	2
10	Callan Murphy	Hccss - Kingston	27.14	2
11	Mario Gonzalez	Lsss - Kingston	27.94	1

Men 200 Meter Dash Senior

=====				
	KASSAA: * 22.40	2004	Brennan Wright, RND	
	Name	Year	School	Finals
=====				

Finals

1	Emmett Bravakis	Hccss - Kingston	23.09	
2	Dylan Thomason	Hccss - Kingston	23.50	
3	Noah Leinweber	Fss - Kingston	23.72	
4	Joel Gurnsey	Fss - Kingston	23.95	
5	McKendry Birtch	Hccss - Kingston	24.72	
6	Jason Dowker	Sydenham - Sydenham	25.17	
7	Zeph Lakins	Bayridge - Kingston	26.87	
8	Loic Jobidon	Rnd - Kingston	28.26	

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Men 400 Meter Dash Senior

KASSAA: * 49.10 2013 Wade Embury, SHS			
Name	Year	School	Finals
1 Emmett Bravakis		Hccss - Kingston	50.96
2 Max Taylor		Hccss - Kingston	52.14
3 Nick Santucci		Hccss - Kingston	52.30
4 Mario Gonzalez		Lsss - Kingston	1:01.39
5 Liam Maycock		Kingston - Kingston	1:02.33
6 Jordan Graham		Fss - Kingston	1:16.43

Men 800 Meter Run Senior

KASSAA: * 1:52.70 1986 Trevor VanNest, KCVI			
Name	Year	School	Finals
1 Nick Santucci		Hccss - Kingston	2:04.61
2 Max Taylor		Hccss - Kingston	2:10.58
3 Matt Wilson		Kingston - Kingston	2:24.42
4 Brock Norman		Sydenham - Sydenham	2:30.62
5 Robert Roques		Hccss - Kingston	2:35.02

Men 1500 Meter Run Senior

KASSAA: * 3:55.50 1986 Trevor VanNest, KCVI			
Name	Year	School	Finals
1 Carter Free		Napanee - Napanee	3:59.02
2 Miles Brackenbury		Kingston - Kingston	4:22.50
3 Noah Frymire		Kingston - Kingston	4:25.89
4 Cameron Bruce		Fss - Kingston	4:27.17
5 Matthew Rostek		Rnd - Kingston	4:40.76
6 Matt Wilson		Kingston - Kingston	5:06.94
7 Nicholas Duguay		Escmr - Kingston	5:07.00
8 Robert Roques		Hccss - Kingston	5:17.48
9 Brock Norman		Sydenham - Sydenham	5:31.67
10 Mathew MacDonald		Bayridge - Kingston	5:32.41
11 Jack Revell		Sydenham - Sydenham	5:38.69

Men 3000 Meter Run Senior

KASSAA: * 8:42.50 2001 Dylan Wykes, FSS			
Name	Year	School	Finals
1 Carter Free		Napanee - Napanee	8:37.19*
2 Miles Brackenbury		Kingston - Kingston	9:25.73
3 Cameron Bruce		Fss - Kingston	10:18.25

Men 110 Meter Hurdles Senior

KASSAA: * 14.40 2012 Hayden Peters, SHS			
Name	Year	School	Prelims
Preliminaries			
1 Liam Sands		Sydenham - Sydenham	16.01Q
2 Graeme Carson		Fss - Kingston	17.77Q

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

Men 110 Meter Hurdles Senior

=====			
Name	Year	School	Finals
=====			
KASSAA: *	14.40	2012	Hayden Peters, SHS
Finals			
1 Liam Sands		Sydenham - Sydenham	15.96
2 Graeme Carson		Fss - Kingston	17.74

Men 400 Meter Hurdles Senior

=====			
Name	Year	School	Finals
=====			
KASSAA: *	56.30	2012	Hayden Peters, SHS
Finals			
1 Liam Sands		Sydenham - Sydenham	1:04.58
2 Graeme Carson		Fss - Kingston	1:09.44
3 Simon Cook		Sydenham - Sydenham	1:10.23

Men 4x100 Meter Relay Senior

=====			
School	Year	Finals	
=====			
KASSAA: *	44.00	1989	Kingston C.V.I., KCVI
Finals			
1 Holy Cross - Kingston			45.40
2 Sydenham - Sydenham			46.96
3 Bayridge - Kingston			51.87

Men High Jump Senior

=====			
Name	Year	School	Finals
=====			
KASSAA: *	2.11m	1987	Sanjaya Wijayakoon, FSS
Finals			
1 Jaden Collier		Sydenham - Sydenham	1.70m
2 Matt Caird		Sydenham - Sydenham	J1.70m
3 Ishmael Sarkodie		Loyalist - Kingston	1.45m
-- Liam Maycock		Kingston - Kingston	NH

Men Pole Vault Senior

=====			
Name	Year	School	Finals
=====			
KASSAA: *	4.33m	1998	Mike Kleywegt, LSS
Finals			
1 Jackson Emmons		Grec - Sharbot L	2.55m

Men Long Jump Senior

=====			
Name	Year	School	Finals
=====			
KASSAA: *	6.75m	2017	Mavrick Snider, BSS
KASSAA 2: +	6.75m	1992	Ted Farndon, FSS
Finals			
1 Mavrick Snider		Bayridge - Kingston	6.70m
2 Damon Peters		Fss - Kingston	5.66m
3 Cerwyn Paul		Kingston - Kingston	5.65m
4 Rowan Engen		Kingston - Kingston	5.44m
5 Karsten Patterson		Sydenham - Sydenham	5.43m
6 Brock Wylie		Loyalist - Kingston	J5.43m
7 Liam Lowe		Ernestown - Odessa	5.35m

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

...Men Long Jump Senior

8	Ishmael Sarkodie	Loyalist - Kingston	5.25m
9	Joey An	Kingston - Kingston	5.22m
10	Jayden Sergeant	Grec - Sharbot L	5.19m
11	Moo Eh Doe	Loyalist - Kingston	5.16m
12	Zack Commodore	Grec - Sharbot L	5.01m
13	Josh Duff	Lsss - Kingston	4.94m
14	Johnny Asselstine	Sydenham - Sydenham	4.41m
15	J.P. Kehoe-Ruttan	Ernestown - Odessa	3.21m

Men Triple Jump Senior

=====

KASSAA: * 13.82m 1982 Roger Skepple, FSS

Name	Year	School	Finals
1 Mavricks Snider		Bayridge - Kingston	13.24m
2 Damon Peters		Fss - Kingston	12.92m
3 Cerwyn Paul		Kingston - Kingston	12.29m
4 Luke Windsor		Lsss - Kingston	11.97m
5 Moo Eh Doe		Loyalist - Kingston	11.47m
6 Jayden Sergeant		Grec - Sharbot L	10.75m
7 Zack Commodore		Grec - Sharbot L	10.40m
8 John Collins		Grec - Sharbot L	10.25m

Men Shot Put Senior

=====

KASSAA: * 18.28m 1998 Corey Trudeau, BSS

Name	Year	School	Finals
1 Zach Deir		Loyalist - Kingston	15.72m
2 Joey Cantarutti		Hccss - Kingston	12.46m
3 Max Snider		Sydenham - Sydenham	12.17m
4 Evan Desarmia		Fss - Kingston	11.66m
5 Scotty Richards		Sydenham - Sydenham	10.52m
6 Noah Pederson		Sydenham - Sydenham	10.42m
7 Johnny Asselstine		Sydenham - Sydenham	8.96m

Men Discus Throw Senior

=====

KASSAA: * 53.06m 2012 Brandon Deslauriers, SHS

Name	Year	School	Finals
1 Zach Deir		Loyalist - Kingston	44.19m
2 Max Snider		Sydenham - Sydenham	33.59m
3 Scotty Richards		Sydenham - Sydenham	28.86m
4 Evan Desarmia		Fss - Kingston	28.59m
5 Michael Kassera		Sydenham - Sydenham	28.02m
6 Ted Choi		Bayridge - Kingston	22.82m
7 Joe Thomlinson		Bayridge - Kingston	21.25m

Men Javelin Throw Senior

=====

KASSAA: * 59.32m 2001 Matt Murdock, FSS

Name	Year	School	Finals
1 Jeremy Piazzzi		Lsss - Kingston	53.28m

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

**CaraCo
Results**

....Men Javelin Throw Senior

2	Joe Thomlinson	Bayridge - Kingston	39.69m
3	Ray Whitehead	Sydenham - Sydenham	39.67m
4	Evan Desarmia	Fss - Kingston	38.65m
5	Nick Vankoughnutt	Sydenham - Sydenham	37.55m
6	Matt Caird	Sydenham - Sydenham	36.04m
7	Moo Eh Doe	Loyalist - Kingston	35.47m
8	Jake Hamilton	Lsss - Kingston	35.30m
9	Scotty Richards	Sydenham - Sydenham	32.22m
10	Zach Deir	Loyalist - Kingston	32.19m

Men 2000 Meter Steeplechase Open

=====

KASSAA: * 6:07.70 2000 Brett Burns, FSS

Name	Year School	Finals
1	Miles Brackenbury	Kingston - Kingston 6:32.67
2	Noah Frymire	Kingston - Kingston 7:02.76
3	Blake Hannaford	Fss - Kingston 7:09.94
4	Cameron Bruce	Fss - Kingston 7:19.45
5	River Lovelace	Sydenham - Sydenham 7:40.65
6	Nicholas Duguay	Escmr - Kingston 8:39.31

Men 4x400 Meter Relay Open

=====

KASSAA: * 3:27.83 2016 Holy Cross, HCSS

School	Finals
1	Holy Cross - Kingston 3:33.18
2	Sydenham - Sydenham 3:51.79
3	Kingston - Kingston 3:59.07
4	Regiopolis-Notre Dame-Kingston 4:09.41

Men 800 Meter Run Ambulatory

=====

KASSAA: * 2:47.65 2017 Jack Revell, SHS

Name	Year School	Finals
1	Jack Revell	Sydenham - Sydenham 2:50.17

Men 100 Meter Dash Intellectually Imp.

=====

KASSAA: * 12.30 2016 Nathan Nowak, RND

Name	Year School	Prelims	H#
Preliminaries			
1	Nathan Nowak	Rnd - Kingston	12.36Q 2
2	Conner Papp	Loyalist - Kingston	14.25Q 1
3	Brandon Cruz	Rnd - Kingston	13.73Q 2
4	Devlyn West	Rnd - Kingston	14.75Q 1
5	Colin Clarke	Rnd - Kingston	14.29Q 2
6	John Gwynne-Timothy	Rnd - Kingston	15.75Q 1
7	Jordan Graham	Fss - Kingston	14.90q 2
8	J.P. Kehoe-Ruttan	Ernestown - Odessa	15.93q 2
9	Cole McMaster	Rnd - Kingston	28.09 1

KASSAA 2018 Track & Field Championship - 2018-05-16 to 2018-05-17

CaraCo

Results

Men 100 Meter Dash Intellectually Imp.

=====			
KASSAA: *	12.30	2016	Nathan Nowak, RND
Name	Year	School	Finals
=====			
Finals			
1	Nathan Nowak	Rnd - Kingston	12.09*
2	Conner Papp	Loyalist - Kingston	12.69
3	Brandon Kruz	Rnd - Kingston	14.11
4	Colin Clarke	Rnd - Kingston	14.93
5	Jordan Graham	Fss - Kingston	15.18
6	J.P. Kehoe-Ruttan	Ernestown - Odessa	15.28
7	Devlyn West	Rnd - Kingston	15.32
8	John Gwynne-Timothy	Rnd - Kingston	15.78