

FINAL SCHEDULE

2011 KASSAA TRACK & FIELD CHAMPIONSHIP

THURSDAY MAY 12TH, 2011

TRACK EVENTS

TIME	EVENT	TYPE	ORDER
8:15	COACHES MEETING		
8:30	1500m Steeplechase	Final	OG
	2000m Steeplechase	Final	OB
8:50	100m	Heats	SG, SB, JG, JB, MG, MB, AB
9:40	400m	Timed Finals	MG, MB, JG, SG, JB, SB
10:10	80/100/110 Hurdles	Heats/Finals	MG, JG, SG, MB, JB, SB
10:40	Hurdles Final	Where needed	
10:45	1500m	Timed Finals	MG, MB, JG, JB, SG, SB
11:45	100m	Finals	SG, SB, JG, JB, MG, MB
Track break, change in finish line crew			
12:20	300/400m Hurdles	Timed Finals	MG, JG, SG, MB, JB, SB
1:05	200m	Heats	MG, MB, JG, JB, SG, SB
1:30	800m (Box Start)	Timed Finals	MG, MB, JG, JB, SG, SB
2:15	3000m	Finals	MG, JG, SG all combined
2:35	3000m	Finals	MB, JB all combined
2:55	200m	Finals	MG, MB, JG, JB, SG, SB
3:15	3000m	Final	SB
3:30	4 x 100m Relays	Timed Finals	SG, SB, JG, JB, MG, MB
4:00	4 x 400m Relays	Timed Finals	OG, OB

FIELD EVENTS

TIME	MIDGET GIRLS	JUNIOR GIRLS	SENIOR GIRLS	MIDGET BOYS	JUNIOR BOYS	SENIOR BOYS
8:30	Long Jump	Triple Jump	High Jump	Shot Put	Discus	Javelin
9:45	Shot Put	Discus	Javelin	Long Jump	Triple Jump	High Jump
11:00	High Jump	Long Jump	Triple Jump	Javelin	Shot Put	Discus
12:15	Javelin	Shot Put	Discus	High Jump	Long Jump	Triple Jump
1:30	Triple Jump	High Jump	Long Jump	Discus	Javelin	Shot Put
2:45	Discus	Javelin	Shot Put	Triple Jump	High Jump	Long Jump