

Licensed to OFSAA Championship Meet
 2010 EAST REGIONALS T&F CHAMPIONSHIPS - 5/27/2010 to 5/28/2010
 Belleville, Ontario
 Bruce Faulds Track
 Results

Event 1 Women 100 Meter Dash Midget

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	452	Shelani Fernando	John McCrae	12.69Q	NWI 1
2	238	Charifa Labarang	Deslauriers	12.90Q	NWI 2
3	896	Skylar Helm	Stcss-Belleville	13.04Q	NWI 2
4	894	Katie Dickson	Stcss-Belleville	13.12Q	NWI 1
5	741	Abbi Finnan	Rnd - Kingston	13.18Q	NWI 2
6	582	Toluwa Adams	M. Theresa	13.35Q	NWI 1
7	813	Kayla Bristow	Smiths Falls	13.54q	NWI 2
8	388	Samantha Gourdier	Hccss - Kingston	13.66q	NWI 2
9	689	Alessa Metzler	Port Hope HS	13.69	NWI 2
10	306	Élisée Tshilenge	Franco-Cité	13.73	NWI 1
11	503	Jessica Weitz	Lindsay Cvi	13.83	NWI 2
12	70	Rebecca Ferguson	Bss - Belleville	13.93	NWI 1
13	410	Kimberley Prescod	Holy Trinity	13.96	NWI 1
14	905	Dayna Galea	St. ThomasA	14.19	NWI 1

Event 1 Women 100 Meter Dash Midget

Name	Year	School	Finals	Wind
Finals				
1	452	Shelani Fernando	John McCrae	12.66 NWI
2	238	Charifa Labarang	Deslauriers	12.93 NWI
3	894	Katie Dickson	Stcss-Belleville	13.00 NWI
3	896	Skylar Helm	Stcss-Belleville	13.00 NWI
5	741	Abbi Finnan	Rnd - Kingston	13.18 NWI
6	582	Toluwa Adams	M. Theresa	13.22 NWI
7	813	Kayla Bristow	Smiths Falls	13.47 NWI
8	388	Samantha Gourdier	Hccss - Kingston	13.56 NWI

Event 2 Men 100 Meter Dash Midget

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	94	Jonelle Halog	Bell	11.89Q	NWI 1
2	960	Jamie Ashton	Tiss- Brockville	12.10Q	NWI 2
3	519	Akhil Edirisinghe	Longfields D.H.S	12.02Q	NWI 1
4	470	Vincent Paul	L'Heritage E	12.20Q	NWI 2
5	664	Cody Murphy	Opeongo HS	12.26q	NWI 1
6	866	Tarek Sanger	Smchs-Kemptville	12.27q	NWI 1
7	842	Nick Baptiste	St Joseph's	12.28q	NWI 1
8	338	Jeffrey Lu	Glebe C.I.	12.29q	NWI 2
9	854	Stanley Lodge	Smchs-Brockville	12.32	NWI 1
10	725	Tyler Vos	Qss - Belleville	12.43	NWI 2
10	607	Derry Mayer	Ncc - Belleville	12.43	NWI 2
12	473	Brandon Guy	L. B. Pearson	12.44	NWI 2
13	273	Tylor Johnston	Enss - Brighton	12.49	NWI 1
14	183	Martin Adebayo	Cobourg West	12.63	NWI 1
15	862	Ryland Nisbet	St. Mary's S	12.64	NWI 2

Event 2 Men 100 Meter Dash Midget

Name	Year	School	Finals	Wind
Finals				
1	94	Jonelle Halog	Bell	11.96 NWI
2	519	Akhil Edirisinghe	Longfields D.H.S	12.07 NWI
3	960	Jamie Ashton	Tiss- Brockville	12.17 NWI
4	338	Jeffrey Lu	Glebe C.I.	12.32 NWI
5	664	Cody Murphy	Opeongo HS	12.33 NWI
6	470	Vincent Paul	L'Heritage E	12.38 NWI
7	866	Tarek Sanger	Smchs-Kemptville	12.38 NWI
8	842	Nick Baptiste	St Joseph's	12.39 NWI

Event 3 Women 200 Meter Dash Midget

Name	Year	School	Prelims	Wind	H#
Preliminaries					

1	452	Shelani Fernando	John McCrae	26.65Q	-1.1	1
2	329	Sydney Braun-McLeo	Glebe C.I.	26.77Q	-1.1	2
3	238	Charifa Labarang	Deslauriers	27.04Q	-1.1	2
4	813	Kayla Bristow	Smiths Falls	27.40Q	-1.1	1
5	894	Katie Dickson	Stcss-Belleville	27.73q	-1.1	1
6	141	Katie Svoboda	Css - Belleville	27.91q	-1.1	1
7	2	Laura Dillon	Adam Scott	28.03q	-1.1	2
8	196	Alannah McBride	Colonel By	28.04q	-1.1	1
9	949	Erica Bulanda	Tiss- Brockville	28.15	-1.1	1
10	347	Ali Hicks	Haliburton H	28.25	-1.1	2
11	529	Asha Mohiddin	Louis-Riel	28.30	-1.1	2
12	864	Casey Havekes	Smchs-Kemptville	28.71	-1.1	2
13	479	Alyssa Frankland	Lsss - Kingston	28.73	-1.1	2
14	712	Brooke Babcock	Qss - Belleville	28.81	-1.1	2
15	70	Rebecca Ferguson	Bss - Belleville	29.31	-1.1	1

Event 3 Women 200 Meter Dash Midget

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Name	Year	School	Finals	Wind		
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Finals						
1	452	Shelani Fernando	John McCrae	26.33	-0.9	
2	329	Sydney Braun-McLeo	Glebe C.I.	26.79	-0.9	
3	813	Kayla Bristow	Smiths Falls	27.13	-0.9	
4	238	Charifa Labarang	Deslauriers	27.14	-0.9	
5	894	Katie Dickson	Stcss-Belleville	27.28	-0.9	
6	141	Katie Svoboda	Css - Belleville	27.88	-0.9	
7	196	Alannah McBride	Colonel By	28.05	-0.9	
8	2	Laura Dillon	Adam Scott	28.57	-0.9	

Event 4 Men 200 Meter Dash Midget

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Name	Year	School	Prelims	Wind	H#	
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Preliminaries						
1	535	Joel MacDonald	Louis-Riel	24.48Q	-1.3	1
2	84	Teddy Dumont	B. Desloges	24.83Q	-1.3	2
3	94	Jonelle Halog	Bell	24.92Q	-1.3	2
4	866	Tarek Sanger	Smchs-Kemptville	24.99Q	-1.3	1
5	842	Nick Baptiste	St Joseph's	25.16Q	-1.3	2
6	106	Trevor Boucher	Brookfield	25.19Q	-1.3	1
7	725	Tyler Vos	Qss - Belleville	25.33q	-1.3	1
8	854	Stanley Lodge	Smchs-Brockville	25.39q	-1.3	1
9	78	Riley Main	Bss - Belleville	25.45	-1.3	2
10	135	Graydon Rothwell	Carleton Place	25.59	-1.3	2
11	664	Cody Murphy	Opeongo HS	25.61	-1.3	2
12	656	Jacob Legault	Notre Dame	25.79	-1.3	1
13	183	Martin Adebayo	Cobourg West	26.04	-1.3	2
14	726	Evan Weatherall	Qss - Belleville	26.09	-1.3	1
15	902	Justin Patrick	Stcss-Belleville	26.17	-1.3	2
16	169	James Bruce	Cobourg E	26.78	-1.3	1

Event 4 Men 200 Meter Dash Midget

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Name	Year	School	Finals	Wind		
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Finals						
1	535	Joel MacDonald	Louis-Riel	24.04	-0.6	
2	84	Teddy Dumont	B. Desloges	24.17	-0.6	
3	94	Jonelle Halog	Bell	24.20	-0.6	
4	866	Tarek Sanger	Smchs-Kemptville	24.40	-0.6	
5	842	Nick Baptiste	St Joseph's	24.70	-0.6	
6	854	Stanley Lodge	Smchs-Brockville	24.86	-0.6	
6	106	Trevor Boucher	Brookfield	24.86	-0.6	
8	725	Tyler Vos	Qss - Belleville	25.01	-0.6	

Event 5 Women 400 Meter Dash Midget

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Name	Year	School	Finals	H#	
=====					
1	141	Katie Svoboda	Css - Belleville	1:01.17	2
2	583	Bridget Hayes	M. Theresa	1:02.11	2
3	529	Asha Mohiddin	Louis-Riel	1:02.51	2
4	948	Rachel Bennett	Tiss- Brockville	1:02.62	2
5	479	Alyssa Frankland	Lsss - Kingston	1:03.13	2
6	217	Brooklynn Davis	Crestwood	1:03.67	1
7	712	Brooke Babcock	Qss - Belleville	1:04.47	1
8	314	Brianna Bradley	Fss - Kingston	1:04.52	2
9	390	Alex Moore	Hccss - Kingston	1:04.59	1
10	592	Charlotte Bolger	Nepean	1:06.31	2
11	328	Narine Priya	Gisele-Lalonde	1:06.60	1

12	501	Hana Ready	Lindsay Cvi	1:06.99	1
13	498	Hillary Huffman	Lindsay Cvi	1:07.11	1
14	958	Emma Selleck	Tiss- Brockville	1:07.28	2

Event 6 Men 400 Meter Dash Midget

Name	Year	School	Finals	H#	
1	535	Joel MacDonald	Louis-Riel	52.42	2
2	940	Ben Trickey	Shs - Sydenham	54.09	2
3	454	Bryson Patterson	John McCrae	54.27	2
4	84	Teddy Dumont	B. Desloges	54.29	2
5	683	Colin Leeflang	Perth	54.32	2
6	78	Riley Main	Bss - Belleville	54.69	2
7	203	Marc Bitar	Colonel By	54.93	2
8	209	Trevor Melcher	Colonel By	56.05	1
9	726	Evan Weatherall	Qss - Belleville	56.09	1
10	508	Craig Shier	Lindsay Cvi	57.46	1
11	656	Jacob Legault	Notre Dame	57.50	2
12	974	Tristan Hurford	Tiss- Brockville	58.29	1
13	301	Sammy Dickie	Fenelon Fall	58.56	1
14	432	Zach Hawman	IE Weldon	58.78	1
15	184	Bradley Coe	Cobourg West	59.91	1

Event 7 Women 800 Meter Run Midget

Name	Year	School	Finals	H#	
1	265	Olivia Patton	Enss - Brighton	2:21.05	2
2	863	Lindsay Kary	St. Matthew	2:22.47	2
3	289	Madeleine Kelly	Fellowes HS	2:23.01	2
4	218	Janelle Hanna	Crestwood	2:24.07	2
5	947	Emily Baldiserra	Tiss- Brockville	2:24.75	2
6	958	Emma Selleck	Tiss- Brockville	2:24.78	2
7	314	Brianna Bradley	Fss - Kingston	2:26.81	1
8	176	Tabby Casselman	Cobourg West	2:27.13	1
9	501	Hana Ready	Lindsay Cvi	2:32.73	1
10	330	Alexa Derksen	Glebe C.I.	2:33.71	2
11	652	Holly Hayball	Notre Dame	2:33.85	1
12	331	Julia Kinahan	Glebe C.I.	2:34.71	1
13	376	Rachel Spencer	Hillcrest	2:36.19	1
14	199	Isabelle Weidmann	Colonel By	2:36.38	2
15	152	Claire Smith	Chhs - Madoc	2:38.65	1
16	418	Tara Castagne	IE Weldon	2:43.32	1

Event 8 Men 800 Meter Run Midget

Name	Year	School	Finals	H#	
1	414	Mickey Day	Holy Trinity	2:06.25	2
2	821	Kyle McCleery	South Carleton	2:08.24	2
3	325	Scott Mills	General Panet HS	2:10.35	1
4	255	Simo Lu	Earl of March	2:10.75	2
5	940	Ben Trickey	Shs - Sydenham	J2:10.75	2
6	241	Nathan Duffy	Esmg - Trenton	2:10.80	2
7	687	E Hassan	Peterborough	2:11.63	1
8	235	Josh Penello	Crestwood	2:12.01	1
9	852	Matt Courtney	Smchs-Brockville	2:12.03	1
10	431	Eli Hawman	IE Weldon	2:12.10	1
11	309	Thomas Fournier	Franco-Cité	2:12.83	2
12	312	Zachary Verret-Bor	Franco-Cité	2:13.35	2
13	184	Bradley Coe	Cobourg West	2:16.66	1
14	463	Yanick Dagenais	L'Escale E.S.C.	2:19.87	1
15	591	Dylan Vermilyea	Ndss - Napanee	2:21.83	1

Event 9 Women 1500 Meter Run Midget

Name	Year	School	Finals	
1	456	Jenny Casson	Kcvi - Kingston	4:54.43
2	863	Lindsay Kary	St. Matthew	4:56.38
3	987	Rachel Faulds	Ths - Trenton	5:00.83
4	903	Carlee Cassidy	St. ThomasA	5:04.66
5	265	Olivia Patton	Enss - Brighton	5:06.77
6	289	Madeleine Kelly	Fellowes HS	5:12.13
7	333	Charlene Rhead	Glebe C.I.	5:14.22
8	283	Adrienne Morgan	Ess - Odessa	5:14.64
9	330	Alexa Derksen	Glebe C.I.	5:19.95
10	176	Tabby Casselman	Cobourg West	5:20.00
11	199	Isabelle Weidmann	Colonel By	5:28.22
12	897	Laura Horwood	Stcss-Belleville	5:30.12

13 405 Kelly McDonald Holy Trinity 5:30.77

Event 10 Men 1500 Meter Run Midget

Name	Year	School	Finals
1 692	Jeremy Coughler	Port Hope HS	4:12.67
2 414	Mickey Day	Holy Trinity	4:21.88
3 76	Adam Doxtator	Bss - Belleville	4:22.57
4 821	Kyle McCleery	South Carleton	4:30.91
5 325	Scott Mills	General Panet HS	4:35.07
6 984	Eric Wynands	Tiss- Brockville	4:38.74
7 241	Nathan Duffy	Esmg - Trenton	4:40.56
8 793	Ryan Scholtz	Sacred Heart	4:40.97
9 560	Rubin Kataki	Merivale	4:41.68
10 934	Nick Belore	Shs - Sydenham	4:41.99
11 884	Anthony Cozzarini	St. Peter's	4:44.66
12 852	Matt Courtney	Smchs-Brockville	4:45.36
13 431	Eli Hawman	IE Weldon	4:46.82
14 463	Yanick Dagenais	L'Escale E.S.C.	4:49.83

Event 11 Women 3000 Meter Run Midget

Name	Year	School	Finals
1 456	Jenny Casson	Kcvi - Kingston	10:42.12
2 987	Rachel Faulds	Ths - Trenton	10:48.08
3 87	Samantha Klus	Bell	10:49.58
4 903	Carlee Cassidy	St. ThomasA	11:00.39
5 333	Charlene Rhead	Glebe C.I.	11:01.24
6 947	Emily Baldiserra	Tiss- Brockville	11:26.52
7 667	Hilary Cooper	Osgoode	11:33.66
8 405	Kelly McDonald	Holy Trinity	11:47.02
9 897	Laura Horwood	Stcss-Belleville	11:48.24
10 321	Samantha Martin	General Panet HS	11:49.16
11 546	Molly Steer	Mackenzie HS	11:50.01
12 747	Marissa Rostek	Rnd - Kingston	11:56.37
13 258	Sommer Boyce	Enss - Brighton	12:08.61
14 889	Stefanie Domitrovi	St. Pius X	12:18.85
15 269	Kristen Wierda	Enss - Brighton	12:40.88

Event 12 Men 3000 Meter Run Midget

Name	Year	School	Finals
1 692	Jeremy Coughler	Port Hope HS	9:13.92
2 76	Adam Doxtator	Bss - Belleville	9:34.78
3 984	Eric Wynands	Tiss- Brockville	9:47.55
4 885	Patrick Daley	St. Peter's	9:49.76
5 934	Nick Belore	Shs - Sydenham	9:59.73
6 464	Nicholas Favero	L'Escale E.S.C.	10:00.41
7 107	Connor O'Neill-Dee	Brookfield	10:07.51
8 560	Rubin Kataki	Merivale	10:09.04
9 518	Jesse Bublies	Longfields D.H.S	10:11.77
10 810	Mike Francki	Sir Wilfrid	10:29.29
11 216	Felix Zhu	Colonel By	10:38.46
12 436	Shea Keil	IE Weldon	10:39.52
13 394	Eric Macrow	Hccss - Kingston	10:43.73
14 901	Ryan McConnell	Stcss-Belleville	10:49.10
15 167	Matt Mercer	Clarke Hs-Ne	10:55.51
16 324	Kyle Martinat	General Panet HS	10:55.55

Event 13 Women 80 Meter Hurdles Midget

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 796	Gillian Beaston	Seaway D H S-I	13.01Q	NWI	1
2 105	Clara Phillips	Brookfield	13.07Q	NWI	2
3 348	Brigitta Hicks	Haliburton H	13.09Q	NWI	1
4 238	Charifa Labarang	Deslauriers	13.32Q	NWI	2
5 629	Danielle Robinson	Nhhs - Bancroft	13.42Q	NWI	1
6 196	Alannah McBride	Colonel By	13.58Q	NWI	2
7 390	Alex Moore	Hccss - Kingston	13.46q	NWI	1
8 567	Rebeca Wright	Mss - Belleville	13.49q	NWI	1
9 583	Bridget Hayes	M. Theresa	13.59	NWI	2
9 460	Rachel Grympa	Kcvi - Kingston	13.59	NWI	1
11 905	Dayna Galea	St. ThomasA	13.84	NWI	2
12 347	Ali Hicks	Haliburton H	14.05	NWI	2
13 298	Vanessa Oliver	Fenelon Fall	14.06	NWI	2
14 329	Sydney Braun-McLeo	Glebe C.I.	14.65	NWI	1

15	20	Valerie Goodman	Almonte	14.74	NWI	2
16	653	Kianna Mahmoud	Notre Dame	17.78	NWI	1

Event 13 Women 80 Meter Hurdles Midget

Name	Year	School	Finals	Wind
Finals				
1	105	Clara Phillips	Brookfield	12.86 NWI
2	348	Brigitta Hicks	Haliburton H	12.95 NWI
2	796	Gillian Beaston	Seaway D H S-I	12.95 NWI
4	238	Charifa Labarang	Deslauriers	12.99 NWI
5	567	Rebeca Wright	Mss - Belleville	13.36 NWI
6	196	Alannah McBride	Colonel By	13.41 NWI
7	390	Alex Moore	Hccss - Kingston	13.65 NWI
8	629	Danielle Robinson	Nhhs - Bancroft	14.32 NWI

Event 14 Men 100 Meter Hurdles Midget

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	48	Jacob Plunkett	Arnrior Dhs	14.94Q	NWI 2
2	623	Liam Widdowfield	Ngdhs-Kemptville	15.47Q	NWI 1
3	134	Taha Piepers	Carleton Place	15.19Q	NWI 2
4	232	Seth McDonald	Crestwood	15.52Q	NWI 1
5	272	Taylor Hoyle	Enss - Brighton	16.13Q	NWI 1
6	571	Evan Cleve	Mss - Belleville	16.25Q	NWI 2
7	334	John Bailey	Glebe C.I.	16.42q	NWI 2
8	544	James Tennant	Lcvi -kingston	16.53q	NWI 1
9	776	Dane Sauve	Rdhs - Elgin	16.59	NWI 1
10	605	Geoffrey Cleminson	Ncc - Belleville	16.74	NWI 1
11	230	Keenan Kelly	Crestwood	16.84	NWI 2
12	338	Jeffrey Lu	Glebe C.I.	16.95	NWI 2
13	228	Mathew Hamilton	Crestwood	16.99	NWI 1
14	377	Dennis Banfield	Hillcrest	20.86	NWI 2

Event 14 Men 100 Meter Hurdles Midget

Name	Year	School	Finals	Wind
Finals				
1	48	Jacob Plunkett	Arnrior Dhs	14.62 NWI
2	134	Taha Piepers	Carleton Place	15.24 NWI
3	623	Liam Widdowfield	Ngdhs-Kemptville	15.38 NWI
4	571	Evan Cleve	Mss - Belleville	15.54 NWI
5	272	Taylor Hoyle	Enss - Brighton	15.84 NWI
6	334	John Bailey	Glebe C.I.	16.65 NWI
7	544	James Tennant	Lcvi -kingston	16.71 NWI
8	232	Seth McDonald	Crestwood	22.10 NWI

Event 15 Women 300 Meter Hurdles Midget

Name	Year	School	Finals	H#
1	583	Bridget Hayes	M. Theresa	48.18 2
2	905	Dayna Galea	St. ThomasA	48.98 2
3	109	Jaimee Loh	Cairine Wilson	49.10 2
4	567	Rebeca Wright	Mss - Belleville	49.43 2
5	347	Ali Hicks	Haliburton H	49.70 2
6	196	Alannah McBride	Colonel By	50.31 2
7	85	Nikita Azor-Gagne	Bell	51.31 2
8	919	Krissy Berndt	Shs - Sydenham	51.65 2
9	176	Tabby Casselman	Cobourg West	51.68 1
10	677	Brooklyn Ramsay	Perth	51.95 1
11	412	Catherine Wong	Holy Trinity	52.28 1
12	501	Hana Ready	Lindsay Cvi	52.32 1
13	36	Alexis Lough	Arnrior Dhs	52.75 1
14	482	Madison Lloyd	Lsss - Kingston	53.22 1
15	67	Brianna Christophe	Bss - Belleville	54.10 1
16	927	Rachel Nelles	Shs - Sydenham	56.42 1

Event 16 Men 300 Meter Hurdles Midget

Name	Year	School	Finals	H#
1	623	Liam Widdowfield	Ngdhs-Kemptville	43.53 2
2	203	Marc Bitar	Colonel By	43.77 2
3	534	Morgan Lewis	Louis-Riel	44.06 2
4	209	Trevor Melcher	Colonel By	44.47 1
5	272	Taylor Hoyle	Enss - Brighton	45.43 1

6	571	Evan Cleve	Mss - Belleville	45.46	2
7	971	Jason Eyre	Tiss- Brockville	45.94	2
8	544	James Tennant	Lcvi -kingston	46.79	1
9	607	Derry Mayer	Ncc - Belleville	46.83	2
10	972	Ryan Harper	Tiss- Brockville	46.95	2
11	739	Daniel Schoman	Redeemer C.H.	47.41	1
12	508	Craig Shier	Lindsay Cvi	49.01	1
13	134	Taha Piepers	Carleton Place	49.29	2
14	334	John Bailey	Glebe C.I.	49.42	1
15	650	Tyler Wade	Norwood Dhs	49.52	1

Event 17 Women High Jump Midget

Name	Year	School	Finals
1	329	Sydney Braun-McLeo	Glebe C.I. 1.53m
2	736	Julianna teBrake	Redeemer C.H. 1.50m
3	619	Kayla Jones	Ngdhs-Kemptville 1.45m
3	871	Brooke Gallant	Spcss - Trenton 1.45m
5	350	Jessica Rider	Haliburton H J1.45m
6	34	Laura Craig	Arnprior Dhs J1.45m
7	66	Sabrina Bloedorn	Bss - Belleville 1.40m
7	396	Amber McConnell	Holy Cross 1.40m
7	175	Olivia Bowman	Cobourg West 1.40m
7	119	Lindsay Abercrombi	Carleton Place 1.40m
11	517	Bailey King	Longfields D.H.S 1.35m
--	669	Shelby Oschman	Osgoode FAIL
--	748	Sarah Sanders	Rnd - Kingston FAIL
--	511	Fiona King	Lisgar C.I. FAIL

Event 18 Men High Jump Midget

Name	Year	School	Finals
1	730	Blake Scheerhoorn	Qchs-Belleville 1.73m
2	707	Brad Reid	Peci - Picton J1.73m
3	16	Chris Bumstead	All Saints 1.65m
4	855	Pat Purcell	Smchs-Brockville J1.65m
5	58	Paco Peladeau	Adhs - Athens J1.65m
5	740	Stephen Veenema	Redeemer C.H. J1.65m
7	90	Corey Burchill	Bell J1.65m
8	633	Alex Comrie	Nhhs - Bancroft J1.65m
9	832	Dakota Henry	St John's 1.60m
9	256	Julian Wang	Earl of March 1.60m
9	686	Eli Cook	Peterborough 1.60m
9	172	Dan Robson	Cobourg E 1.60m
13	134	Taha Piepers	Carleton Place 1.55m
13	872	Simon Kelly	Spcss - Trenton 1.55m
15	47	Cody Moore	Arnprior Dhs 1.50m

Event 20 Men Pole Vault Midget

Name	Year	School	Finals
1	135	Graydon Rothwell	Carleton Place 3.06m
2	164	Lawson MacDougall	Char er D H 3.00m
3	132	Duncan McNaughton	Carleton Place J3.00m
4	161	Edwin Kuipers	Char er D H 2.84m
5	979	Jordan Rhude	Tiss- Brockville 2.69m
6	380	Larry Ha	Hillcrest 2.40m
7	573	Colin Haskin	Mss - Belleville 2.25m
8	12	Cadon Lee	Adam Scott 1.95m
9	363	Kieran Poropat	Haliburton H 1.80m
--	568	Skylar Bone	Mss - Belleville FAIL

Event 21 Women Long Jump Midget

Name	Year	School	Finals	Wind
1	105	Clara Phillips	Brookfield 4.90m	NWI
2	306	Élisée Tshilenge	Franco-Cité 4.83m	NWI
3	796	Gillian Beaston	Seaway D H S-I 4.65m	NWI
4	458	Kelly DeHoop	Kcvi - Kingston J4.65m	NWI
5	396	Amber McConnell	Holy Cross 4.56m	NWI
6	586	Sarah Sanford	Ndss - Napanee J4.56m	NWI
7	713	Nicole Burdon	Qss - Belleville 4.52m	NWI
8	181	Micaela Smith	Cobourg West 4.51m	NWI
9	109	Jaimee Loh	Cairine Wilson 4.38m	NWI
10	894	Katie Dickson	Stcss-Belleville 4.35m	NWI
11	920	Emelyn Fauvel	Shs - Sydenham 4.31m	NWI
12	251	Jenny Yu	Earl of March 4.27m	NWI

13	66	Sabrina Bloedorn	Bss - Belleville	4.26m	NWI
13	771	Emma Mattice	Rdhs - Elgin	4.26m	NWI
15	346	Sandy Griffith	Haliburton H	4.06m	NWI
16	846	Nicole Domingo	St. Mark	3.96m	NWI

Event 22 Men Long Jump Midget

Name	Year	School	Finals	Wind	
1	474	Sylvain Mbuyamba	L. B. Pearson	6.00m	NWI
2	866	Tarek Sanger	Smchs-Kemptville	5.72m	NWI
3	454	Bryson Patterson	John McCrae	5.58m	NWI
4	730	Blake Scheerhoorn	Qchs-Belleville	5.56m	NWI
5	962	Dustin Blanchard	Tiss- Brockville	5.54m	NWI
6	336	Jeremy Cote	Glebe C.I.	5.50m	NWI
7	48	Jacob Plunkett	Arnprior Dhs	5.45m	NWI
8	320	Dylan Thompson	Gss - Gananoque	5.44m	NWI
9	495	Benoit Dodd	Le Sommet	5.10m	NWI
10	94	Jonelle Halog	Bell	5.09m	NWI
11	81	Justin Ventress	Bss - Belleville	4.88m	NWI
12	242	Kanoa Gaudreault	Esmg - Trenton	4.75m	NWI
13	608	Tyler Shettel	Ncc - Belleville	4.71m	NWI
14	633	Alex Comrie	Nhhs - Bancroft	4.67m	NWI
--	16	Chris Bumstead	All Saints	FOUL	

Event 23 Women Triple Jump Midget

Name	Year	School	Finals	Wind	
1	298	Vanessa Oliver	Fenelon Fall	10.56m	NWI
2	105	Clara Phillips	Brookfield	10.52m	NWI
3	736	Julianna teBrake	Redeemer C.H.	10.20m	NWI
4	251	Jenny Yu	Earl of March	10.18m	NWI
5	348	Brigitta Hicks	Haliburton H	10.05m	NWI
6	458	Kelly DeHoop	Kcvi - Kingston	9.97m	NWI
7	109	Jaimee Loh	Cairine Wilson	9.86m	NWI
8	796	Gillian Beaston	Seaway D H S-I	9.74m	NWI
9	951	Laura DeJong	Tiss- Brockville	9.53m	NWI
9	181	Micaela Smith	Cobourg West	9.53m	NWI
11	620	Dayna Snowdon	Ngdhs-Kemptville	9.38m	NWI
12	948	Rachel Bennett	Tiss- Brockville	9.35m	NWI
13	567	Rebeca Wright	Mss - Belleville	9.32m	NWI
14	346	Sandy Griffith	Haliburton H	8.80m	NWI
15	712	Brooke Babcock	Qss - Belleville	8.65m	NWI
16	735	Rachel Schenk	Redeemer C.H.	8.51m	NWI

Event 24 Men Triple Jump Midget

Name	Year	School	Finals	Wind	
1	320	Dylan Thompson	Gss - Gananoque	12.21m	NWI
2	730	Blake Scheerhoorn	Qchs-Belleville	12.02m	NWI
3	206	Al Itani	Colonel By	12.01m	NWI
4	242	Kanoa Gaudreault	Esmg - Trenton	11.74m	NWI
5	615	Tim Ashby	North Dundas	J11.74m	NWI
6	740	Stephen Veenema	Redeemer C.H.	11.44m	NWI
7	171	Lucas Pichl	Cobourg E	11.26m	NWI
8	776	Dane Sauve	Rdhs - Elgin	11.11m	NWI
9	938	Eric Harvey	Shs - Sydenham	10.80m	NWI
10	434	Austin Hillier	IE Weldon	10.66m	NWI
11	338	Jeffrey Lu	Glebe C.I.	10.61m	NWI
12	750	Ryan Fox	Rnd - Kingston	10.54m	NWI
13	279	Tim Pandachuck	Enss - Brighton	10.45m	NWI
14	488	Jeff Ardron	Lakefield DS	9.59m	NWI
15	538	Greg Ozimkowski	Louis-Riel	9.30m	NWI
16	334	John Bailey	Glebe C.I.	8.49m	NWI

Event 25 Women Shot Put Midget

Name	Year	School	Finals	
1	701	Courtney Wilson	Peci - Picton	9.66m
2	890	Leanna Garcia	St. Pius X	9.63m
3	420	Victoria Evans	IE Weldon	9.44m
4	756	Colleen Fleury	Renfrew CI	9.35m
5	807	Sarah Collie	Sir Wilfrid	9.32m
6	953	Addi Halladay	Tiss- Brockville	9.15m
7	770	Celiah Dale	Rdhs - Elgin	9.12m
8	516	Jessy Gravelle	Longfields D.H.S	8.58m
9	290	Katie Klatt	Fellowes HS	8.39m
10	893	Mikayla Brennan	Stcss-Belleville	8.35m

11	441	Mackenzie Irvine	Immaculata	8.28m
12	182	Brittany Sutherlan	Cobourg West	8.12m
13	261	Jenna Davis	Enss - Brighton	7.94m
14	808	Erin Poter	Sir Wilfrid	7.65m
15	221	Rianna McCurdy	Crestwood	7.48m

Event 26 Men Shot Put Midget

Name	Year	School	Finals	
1	379	Vincent Gionet	Hillcrest	14.16m
2	967	Mark Darrah	Tiss- Brockville	13.29m
3	327	Jesse Laramee	General Vani	13.04m
4	99	Darby Charkavi	Bishop Smith	12.80m
5	590	Mike Holden	Ndss - Napanee	12.52m
6	154	Michael Brogee	Chhs - Madoc	12.18m
7	780	Mark Petro	Rockland D.H	11.99m
8	437	Graham Peeters	IE Weldon	11.52m
9	204	Nikola Draca	Colonel By	11.39m
10	278	Gage Newman	Enss - Brighton	11.27m
11	670	Jordan Downs	Osgoode	11.20m
12	520	Jahdel Ferron	Longfields D.H.S	11.15m
13	492	Jake Rose	Lakefield DS	10.76m
14	569	Colin Bonsall	Mss - Belleville	10.63m
15	275	Tyler Leavitt	Enss - Brighton	10.01m
--	738	Logan Moham	Redeemer C.H.	FOUL

Event 27 Women Discus Throw Midget

Name	Year	School	Finals	
1	701	Courtney Wilson	Peci - Picton	28.40m
2	736	Julianna teBrake	Redeemer C.H.	27.77m
3	756	Colleen Fleury	Renfrew CI	27.18m
4	386	Cariston Fawcett	Hccss - Kingston	25.94m
5	441	Mackenzie Irvine	Immaculata	25.71m
6	953	Addi Halladay	Tiss- Brockville	25.48m
7	617	Sami Brown	Ngdhs-Kemptville	24.46m
8	718	Megan Weinhold	Qss - Belleville	23.01m
9	641	Katelynn Towns	Norwood Dhs	22.25m
10	625	Melissa Allison	Nhhs - Bancroft	22.23m
11	890	Leanna Garcia	St. Pius X	22.21m
12	782	Brooke Winkenweder	Rothwell Osn	20.46m
13	697	Kayla Downey	Peci - Picton	20.25m
14	988	Jessica Harpel	Ths - Trenton	19.61m
15	807	Sarah Collie	Sir Wilfrid	19.37m
16	788	Becca Davis	Sacred Heart	18.89m

Event 28 Men Discus Throw Midget

Name	Year	School	Finals	
1	99	Darby Charkavi	Bishop Smith	48.96m
2	100	Wesley Souliere	Bishop Smith	42.71m
3	101	Brad Switzer	Bishop Smith	41.65m
4	663	Brett David	Opeongo HS	36.87m
5	590	Mike Holden	Ndss - Napanee	36.40m
6	706	Tyler Philip	Peci - Picton	35.82m
7	703	Morgan Johnson	Peci - Picton	33.05m
8	723	Mike Rae	Qss - Belleville	31.68m
9	379	Vincent Gionet	Hillcrest	29.85m
9	739	Daniel Schoman	Redeemer C.H.	29.85m
11	670	Jordan Downs	Osgoode	29.76m
12	201	Eduardo Beggs	Colonel By	28.68m
13	577	Alex Murray	Mss - Belleville	27.68m
14	118	Justin Purcell	Canterbury HS	27.16m
15	693	Josh Lindup	Port Hope HS	24.41m
16	170	Caleb Hobe	Cobourg E	24.06m

Event 30 Men Javelin Throw Midget

Name	Year	School	Finals	
1	45	Dylan Lecuyer	Arnprior Dhs	45.09m
2	650	Tyler Wade	Norwood Dhs	41.63m
3	982	Russell Sloat	Tiss- Brockville	40.82m
4	275	Tyler Leavitt	Enss - Brighton	40.74m
5	837	Parker Krol	St. Joseph's	40.65m
6	470	Vincent Paul	L'Heritage E	40.64m
7	213	Josh Rector	Colonel By	39.63m
8	101	Brad Switzer	Bishop Smith	39.21m

9	256	Julian Wang	Earl of March	35.06m
10	561	Andrew Ochisor	Merivale	35.05m
11	820	Alex Loslo	South Carleton	34.11m
12	1003	Jeff Gagnon	Woodroffe	34.02m
13	723	Mike Rae	Qss - Belleville	33.59m
14	398	Noah Gordan	Holy Cross	32.94m
15	703	Morgan Johnson	Peci - Picton	32.80m
--	887	Trevor Nelson	St. Peter's	FOUL

Event 31 Women 4x100 Meter Relay Midget

=====				
School				
=====				
			Finals	H#
=====				
1	St. Theresa - Belleville	'A'	52.70	2
2	Sydenham - Sydenham	'A'	52.92	2
3	Haliburton Highlands S S	'A'	53.16	2
4	Regiopolis-Notre Dame-Kingston	'A'	53.44	2
5	Thousand Islands - Brockville	'A'	53.80	2
6	Almonte District High School	'A'	54.75	2
7	North Hastings - Bancroft	'A'	55.37	1
8	Crestwood S S	'A'	55.50	2
9	Bell HS	'A'	56.05	1
10	Hillcrest	'A'	56.33	1
11	Fenelon Falls S S	'A'	56.49	1
12	East Northumberland - Brighton	'A'	56.59	1
13	Colonel By	'A'	57.24	1
14	Louis-Riel E.S.P.	'A'	58.73	1
--	L.B. Pearson C. H. S.	'A'	DNF	1
--	Arnprior Dhs	'A'	DQ	2

Event 32 Men 4x100 Meter Relay Midget

=====				
School				
=====				
			Finals	H#
=====				
1	Arnprior Dhs	'A'	47.05	2
2	Carleton Place High School	'A'	47.56	2
3	Thousand Islands - Brockville	'A'	47.68	2
4	Colonel By	'A'	48.63	1
5	East Northumberland - Brighton	'A'	48.88	2
6	Sydenham - Sydenham	'A'	49.21	2
7	Glebe Collegiate Institute	'A'	50.00	2
8	South Carleton	'A'	50.21	1
9	I.E. Weldon S S	'A'	50.34	1
10	Cobourg DC I East	'A'	50.80	1
11	E. S. Marc Garneau - Trenton	'A'	50.81	2
12	General Panet HS	'A'	51.01	1
13	Norwood D H S	'A'	51.69	1
14	Port Hope H S	'A'	52.43	1
15	Hillcrest	'A'	54.63	1
--	St. Joseph's Ottawa	'A'	DQ	2

Event 33 Women 100 Meter Dash Junior

=====					
Name					
=====					
		Year School	Prelims	Wind	H#
=====					
Preliminaries					
1	370	Amelia Brohman	Hillcrest	12.77Q	NWI 1
2	315	Taylor Cole	Fss - Kingston	12.86Q	NWI 2
3	54	Madeline Warren	Ashbury	12.96Q	NWI 2
4	880	Mikenna Huggins	St. Peter's	13.26Q	NWI 1
5	61	Davine Reid	A.Y. Jackson	13.12Q	NWI 2
6	522	Caroline Bernard	Louis-Riel	13.29Q	NWI 1
7	743	Mary MacDonald	Rnd - Kingston	13.37q	NWI 1
7	428	Dana Sharman	IE Weldon	13.37q	NWI 2
9	389	Brooke Maschi	Hccss - Kingston	13.39	NWI 2
10	840	Vanessa MacMillan	St Joseph's	13.45	NWI 1
11	879	Jenna Hickey	St. Peter's	13.58	NWI 1
12	959	Breanna Smith	Tiss- Brockville	13.64	NWI 2
13	878	Sophie Heinlein	St. Peter's	13.86	NWI 2
14	344	Vicky Bukta	Haliburton H	13.91	NWI 2

Event 33 Women 100 Meter Dash Junior

=====					
Name					
=====					
		Year School	Finals	Wind	
=====					
Finals					
1	370	Amelia Brohman	Hillcrest	12.51	NWI
2	315	Taylor Cole	Fss - Kingston	12.83	NWI
3	54	Madeline Warren	Ashbury	13.02	NWI
4	61	Davine Reid	A.Y. Jackson	13.07	NWI
5	880	Mikenna Huggins	St. Peter's	13.19	NWI

6	428	Dana Sharman	IE Weldon	13.34	NWI
7	522	Caroline Bernard	Louis-Riel	13.43	NWI
8	743	Mary MacDonald	Rnd - Kingston	13.44	NWI

Event 34 Men 100 Meter Dash Junior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	211	David Mputu	Colonel By	11.62Q	NWI 2
2	311	Dieuleveut Mufuta	Franco-Cité	11.68Q	NWI 1
3	200	Tim Aribido	Colonel By	11.70Q	NWI 1
3	657	Damonick Thomas	Notre Dame	11.70Q	NWI 1
5	811	Marty Stirajs	Sir Wilfrid	11.78Q	NWI 2
6	225	Quinn Blanchfield	Crestwood	11.80Q	NWI 2
7	666	Patrice Wren	Opeongo HS	11.78q	NWI 1
8	136	Jeremy Siegel	Carleton Place	11.81q	NWI 2
9	585	Desean Gremli	M. Theresa	J11.81	NWI 1
10	682	Hayden Goltz	Perth	12.02	NWI 1
11	509	Brandon Starr	Lindsay Cvi	12.08	NWI 2
12	462	Michael Suenaga	Kcvi - Kingston	12.16	NWI 1
13	430	Anthony Chinquee-K	IE Weldon	12.39	NWI 2
14	173	Jackson Wallace	Cobourg E	12.55	NWI 1

Event 34 Men 100 Meter Dash Junior

Name	Year	School	Finals	Wind
Finals				
1	311	Dieuleveut Mufuta	Franco-Cité	11.53 NWI
2	211	David Mputu	Colonel By	11.64 NWI
3	200	Tim Aribido	Colonel By	11.65 NWI
4	657	Damonick Thomas	Notre Dame	11.70 NWI
5	136	Jeremy Siegel	Carleton Place	11.78 NWI
6	811	Marty Stirajs	Sir Wilfrid	11.79 NWI
7	666	Patrice Wren	Opeongo HS	11.81 NWI
8	225	Quinn Blanchfield	Crestwood	11.83 NWI

Event 35 Women 200 Meter Dash Junior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	370	Amelia Brohman	Hillcrest	26.30Q	NWI 1
2	315	Taylor Cole	Fss - Kingston	26.85Q	+0.0 2
3	840	Vanessa MacMillan	St Joseph's	26.90Q	+0.0 2
4	54	Madeline Warren	Ashbury	27.11Q	NWI 1
5	389	Brooke Maschi	Hccss - Kingston	27.22Q	NWI 1
6	841	Heather Ogilvie	St Joseph's	27.56Q	+0.0 2
7	522	Caroline Bernard	Louis-Riel	27.36q	NWI 1
8	880	Mikenna Huggins	St. Peter's	27.65q	+0.0 2
9	22	Kim McDougall	Almonte	27.86	NWI 1
10	140	Morgan Hurtubise	Casselman E.S.C.	28.60	+0.0 2
11	344	Vicky Bukta	Haliburton H	28.69	+0.0 2
12	879	Jenna Hickey	St. Peter's	29.00	NWI 1
13	502	Bailey Ryan	Lindsay Cvi	29.61	+0.0 2
14	504	Sophie Wotten	Lindsay Cvi	29.69	NWI 1
15	166	Jessie Mooy	Clarke Hs-Ne	31.03	+0.0 2

Event 35 Women 200 Meter Dash Junior

Name	Year	School	Finals	Wind
Finals				
1	370	Amelia Brohman	Hillcrest	25.84 -1.1
2	315	Taylor Cole	Fss - Kingston	26.80 -1.1
3	54	Madeline Warren	Ashbury	27.11 -1.1
4	840	Vanessa MacMillan	St Joseph's	27.15 -1.1
5	389	Brooke Maschi	Hccss - Kingston	27.19 -1.1
6	841	Heather Ogilvie	St Joseph's	27.41 -1.1
7	880	Mikenna Huggins	St. Peter's	27.68 -1.1
8	522	Caroline Bernard	Louis-Riel	28.40 -1.1

Event 36 Men 200 Meter Dash Junior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	448	Denray Jean-Jacque	Immaculata	23.52Q	1.3 1
2	585	Desean Gremli	M. Theresa	23.62Q	-0.1 2
3	657	Damonick Thomas	Notre Dame	23.79Q	-0.1 2

4	200	Tim Aribido	Colonel By	24.24Q	1.3	1
5	392	Pascal Dirocco	Hccss - Kingston	24.10Q	-0.1	2
6	311	Dieuleveut Mufuta	Franco-Cité	24.27Q	1.3	1
7	644	Jordan Burt	Norwood Dhs	24.33q	-0.1	2
8	144	Lucas Fallaise	Css - Belleville	24.35q	-0.1	2
9	666	Patrice Wren	Opeongo HS	24.58	1.3	1
10	843	Innocent Nang'Oma	St Joseph's	24.71	-0.1	2
11	462	Michael Suenaga	Kcvi - Kingston	24.78	-0.1	2
12	80	Jamie Nicholas	Bss - Belleville	24.88	1.3	1
13	430	Anthony Chinquee-K	IE Weldon	25.04	1.3	1
14	354	Brady Cowan	Haliburton H	25.35	1.3	1
15	173	Jackson Wallace	Cobourg E	25.73	-0.1	2

Event 36 Men 200 Meter Dash Junior

Name	Year	School	Finals	Wind
=====				
Finals				
1	448	Denray Jean-Jacque	Immaculata	23.03 -1.2
2	392	Pascal Dirocco	Hccss - Kingston	23.52 -1.2
3	585	Desean Gremli	M. Theresa	23.53 -1.2
4	200	Tim Aribido	Colonel By	23.72 -1.2
5	657	Damonick Thomas	Notre Dame	24.01 -1.2
6	644	Jordan Burt	Norwood Dhs	24.31 -1.2

Event 37 Women 400 Meter Dash Junior

Name	Year	School	Finals	H#
=====				
1	528	Amanda McKinnon	Louis-Riel	59.95 2
2	841	Heather Ogilvie	St Joseph's	1:00.53 2
3	15	Sheniz Eryuzlu	All Saints	1:01.21 2
4	481	Rebecca Jaros	Lsss - Kingston	1:01.83 2
5	191	Madison Allen	Colonel By	1:01.87 2
6	53	Shannon Walton	Ashbury	1:03.41 1
7	40	Michelle Wheeler	Arnprior Dhs	1:03.87 2
8	23	Abby Shearman	Almonte	1:04.11 1
9	385	Sarah Besselink	Hccss - Kingston	1:05.43 2
10	688	Linda Holmes	Port Hope HS	1:06.99 2
11	74	Ashley Solmes	Bss - Belleville	1:08.29 1
12	685	Kaitlin Landry	Peterborough	1:10.44 1
13	178	Carly Cunningham	Cobourg West	1:13.82 1
14	691	Chloe Workman	Port Hope HS	1:15.50 1

Event 38 Men 400 Meter Dash Junior

Name	Year	School	Finals	H#
=====				
1	448	Denray Jean-Jacque	Immaculata	50.65 2
2	211	David Mputu	Colonel By	52.42 2
3	937	Wade Embury	Shs - Sydenham	52.85 2
4	80	Jamie Nicholas	Bss - Belleville	53.08 2
5	49	Will Rogers	Arnprior Dhs	53.50 1
6	752	Ryan Jaros	Rnd - Kingston	53.65 2
7	281	Kyle Tilley	Enss - Brighton	54.14 1
8	214	Sebastian Saville	Colonel By	54.39 2
9	1004	Yassin Mohamoud	Woodroffe	55.07 2
10	489	Garey Croal	Lakefield DS	55.98 1
10	335	David Borish	Glebe C.I.	55.98 1
12	231	Connor Livings	Crestwood	56.53 1
13	323	Ty Lebannister	General Panet HS	56.67 2
14	917	Joel Stevens	St. ThomasA	57.49 1
15	145	Jesse Gallant	Css - Belleville	59.33 1

Event 39 Women 800 Meter Run Junior

Name	Year	School	Finals	H#
=====				
1	304	Emma Galbraith	Franco Ouest	2:18.82 2
2	180	Kelsey Saunders	Cobourg West	2:19.29 2
3	481	Rebecca Jaros	Lsss - Kingston	2:19.58 2
4	954	Shleby Kent	Tiss- Brockville	2:19.94 2
5	385	Sarah Besselink	Hccss - Kingston	2:21.31 2
6	88	Erin O'Higgins	Bell	2:26.74 2
7	523	Melanie Campeau	Louis-Riel	2:30.48 2
8	391	Olivia Reyers	Hccss - Kingston	2:31.30 2
9	262	Olivia Dyer	Enss - Brighton	2:32.05 1
10	291	Jillian Marquardt	Fellowes HS	2:32.45 1
11	557	Kendra Young	Merivale	2:32.75 1
12	195	Hannah Logan	Colonel By	2:38.98 1
13	858	Katie McAllister	St. Mary's S	2:43.98 1

14 263 Jill Falla Enss - Brighton 2:54.84 1

Event 40 Men 800 Meter Run Junior

Name	Year	School	Finals	H#
1 214 Sebastian Saville		Colonel By	2:01.99	2
2 323 Ty Lebannister		General Panet HS	2:04.43	2
3 207 Nick Kazaka		Colonel By	2:05.14	2
4 914 Ryan Medhurst		St. ThomasA	2:05.16	2
5 439 Julien Primel		IE Weldon	2:05.74	1
6 466 Karl Larriviere		L'Escale E.S.C.	2:06.02	2
7 752 Ryan Jaros		Rnd - Kingston	2:06.07	1
8 335 David Borish		Glebe C.I.	2:06.98	2
9 62 Drew Bursey		A.Y. Jackson	2:07.48	2
10 737 Matt Johnson		Redeemer C.H.	2:10.53	2
11 461 Adrien Noble		Kcvi - Kingston	2:10.68	1
12 969 Scott DeJong		Tiss- Brockville	2:11.07	1
13 612 Jordan Young		Naec - Cloyne	2:12.84	1
14 440 Sean Winter		IE Weldon	2:14.25	1
15 711 Johnathan St.Pierr		Peci - Picton	2:18.59	1
16 245 Etienne Ste-Marie		Esmg - Trenton	2:19.03	1

Event 41 Women 1500 Meter Run Junior

Name	Year	School	Finals
1 304 Emma Galbraith		Franco Ouest	4:50.77
2 240 Alexandra Rainvill		Esmg - Trenton	4:53.88
3 742 Clara Langley		Rnd - Kingston	4:55.53
4 88 Erin O'Higgins		Bell	4:55.74
5 877 Stephaney Daley		St. Peter's	4:59.88
6 954 Shleby Kent		Tiss- Brockville	5:03.43
7 180 Kelsey Saunders		Cobourg West	5:04.67
8 391 Olivia Reyers		Hccss - Kingston	5:05.22
9 545 Tilly Greenfield		Mackenzie HS	5:05.56
10 816 Emily Duncan		South Carleton	5:16.18
11 515 Morgan Williams		Lisgar C.I.	5:17.08
12 24 Jasmine Taulu		Almonte	5:18.96
13 603 Emma Riley		Ncc - Belleville	5:26.07
14 496 Katie Dewhurst-Koz		Lindsay Cvi	5:27.36
15 895 Brianna Dracup		Stcss-Belleville	6:31.13

Event 42 Men 1500 Meter Run Junior

Name	Year	School	Finals
1 562 Adam Palamar		Merivale	4:13.41
2 720 Nick Holden		Qss - Belleville	4:18.51
3 433 Andy Hein		IE Weldon	4:20.01
4 980 Garrett Rodley		Tiss- Brockville	4:25.47
5 294 Stuart MacPherson		Fellowes HS	4:28.18
6 766 Thomas Kellar		Renfrew CI	4:28.26
7 914 Ryan Medhurst		St. ThomasA	4:32.13
8 658 Alex Wilkie		Notre Dame	4:32.43
9 806 Patrick Smith		Sir Robert B.	4:37.62
10 477 Kyle Lister		La Citadelle	4:38.89
11 382 Bradley Kouri		Hillcrest	4:55.27
12 83 Alexandre Chevrett		B. Desloges	4:58.65
13 365 Dylan Smith		Haliburton H	5:01.80

Event 43 Women 3000 Meter Run Junior

Name	Year	School	Finals
1 742 Clara Langley		Rnd - Kingston	10:09.41
2 240 Alexandra Rainvill		Esmg - Trenton	10:28.15
3 180 Kelsey Saunders		Cobourg West	10:51.57
4 545 Tilly Greenfield		Mackenzie HS	10:57.46
5 877 Stephaney Daley		St. Peter's	11:18.68
6 515 Morgan Williams		Lisgar C.I.	11:26.07
7 523 Melanie Campeau		Louis-Riel	11:31.64
8 68 Sarah Cleave		Bss - Belleville	11:40.75
9 754 Mikaela Barnes		Renfrew CI	11:41.33
10 496 Katie Dewhurst-Koz		Lindsay Cvi	11:45.96
11 24 Jasmine Taulu		Almonte	11:56.28
12 197 Emily Seale		Colonel By	11:57.72
13 809 Christina Tucker		Sir Wilfrid	12:19.14
14 781 Shannon Timbrell		Rothwell Osn	12:24.51
15 72 Kelsey Lawrence		Bss - Belleville	13:19.71

Event 44 Men 3000 Meter Run Junior

Name	Year	School	Finals
1	562	Adam Palamar	Merivale 9:01.81
2	720	Nick Holden	Qss - Belleville 9:11.95
3	766	Thomas Kellar	Renfrew CI 9:23.55
4	433	Andy Hein	IE Weldon 9:26.68
5	980	Garrett Rodley	Tiss- Brockville 9:37.35
6	658	Alex Wilkie	Notre Dame 9:39.16
7	439	Julien Primel	IE Weldon 9:44.21
8	806	Patrick Smith	Sir Robert B. 9:47.17
9	477	Kyle Lister	La Citadelle 9:50.21
10	294	Stuart MacPherson	Fellowes HS 9:59.20
11	17	Travis Graveline	All Saints 10:23.30
12	694	Andrew Lovshin	Port Hope HS 10:26.37
13	382	Bradley Kouri	Hillcrest 10:37.22
14	83	Alexandre Chevrett	B. Desloges 10:41.46
15	270	Zach Bateman	Enss - Brighton 11:02.40

Event 45 Women 80 Meter Hurdles Junior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	247	Charlotte Gardner	Earl of March 12.79Q	NWI	1
2	428	Dana Sharman	IE Weldon 12.83Q	NWI	2
3	778	Christina Charbonn	Rockland D.H 13.15Q	NWI	1
4	950	Marla Corney	Tiss- Brockville 13.30Q	NWI	2
5	801	Laura Callender	Sir Robert B. 13.61Q	NWI	1
6	802	Saran Kaba	Sir Robert B. 13.64Q	NWI	2
7	541	Richenda Grazette	Lcvi -kingston 13.62q	NWI	1
8	260	Carlee Collins	Enss - Brighton 13.72q	NWI	2
9	421	Justine Fletcher	IE Weldon 13.87	NWI	2
10	39	Ashlynn Sullivan	Arnprior Dhs 13.95	NWI	2
11	500	Meredith McLeod	Lindsay Cvi 14.18	NWI	1
12	35	Chanelle Fortin	Arnprior Dhs 14.24	NWI	1
13	53	Shannon Walton	Ashbury 14.67	NWI	1
14	295	Alexandra Downey	Fenelon Fall 14.83	NWI	1
15	178	Carly Cunningham	Cobourg West 15.30	NWI	2
--	789	Jesse Davis	Sacred Heart DNF	NWI	2

Event 45 Women 80 Meter Hurdles Junior

Name	Year	School	Finals	Wind
Finals				
1	247	Charlotte Gardner	Earl of March 12.60	NWI
2	428	Dana Sharman	IE Weldon 12.70	NWI
3	778	Christina Charbonn	Rockland D.H 12.91	NWI
4	950	Marla Corney	Tiss- Brockville 12.97	NWI
5	801	Laura Callender	Sir Robert B. 13.52	NWI
6	802	Saran Kaba	Sir Robert B. 13.62	NWI
7	260	Carlee Collins	Enss - Brighton 13.71	NWI
8	541	Richenda Grazette	Lcvi -kingston 15.24	NWI

Event 46 Men 100 Meter Hurdles Junior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	847	Justin Field	St. Mark 14.98Q	NWI	1
2	136	Jeremy Siegel	Carleton Place 15.16Q	NWI	2
3	542	Zack Fedora	Lcvi -kingston 15.24Q	NWI	2
4	277	Reuben Meens	Enss - Brighton 15.29Q	NWI	1
5	30	Symon Stowe	Almonte 15.31Q	NWI	1
6	558	Daniel Desgroseill	Merivale 15.64Q	NWI	2
7	254	Jonathan Kim	Earl of March 15.57q	NWI	1
8	785	Drew Jennet	Russell HS 15.72q	NWI	1
9	790	Miguel Astros	Sacred Heart 16.29	NWI	1
10	110	Kevin Nault	Cairine Wilson 16.47	NWI	2
11	361	Andrew Murray	Haliburton H 17.00	NWI	2
12	579	Scott Scrymgeour	Mss - Belleville 18.23	NWI	1
13	646	RJ Maguire	Norwood Dhs 18.58	NWI	1
14	353	Blake Aylsworth	Haliburton H 19.43	NWI	2
15	355	Damon Flatman	Haliburton H 21.61	NWI	2

Event 46 Men 100 Meter Hurdles Junior

Name	Year	School	Finals	Wind
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Finals

1	277	Reuben Meens	Enss - Brighton	14.97	NWI
2	136	Jeremy Siegel	Carleton Place	15.00	NWI
3	254	Jonathan Kim	Earl of March	15.04	NWI
4	542	Zack Fedora	Lcvi -kingston	15.22	NWI
5	847	Justin Field	St. Mark	15.41	NWI
6	785	Drew Jennet	Russell HS	15.42	NWI
7	30	Symon Stowe	Almonte	15.45	NWI
8	558	Daniel Desgroseill	Merivale	15.71	NWI

Event 47 Women 300 Meter Hurdles Junior

Name	Year	School	Finals	H#	
1	528	Amanda McKinnon	Louis-Riel	46.19	2
2	71	Arielle Fitzgerald	Bss - Belleville	46.41	2
3	925	Kiercy Latimer	Shs - Sydenham	48.85	2
4	53	Shannon Walton	Ashbury	49.08	1
5	778	Christina Charbonn	Rockland D.H	49.23	2
6	801	Laura Callender	Sir Robert B.	49.41	1
7	22	Kim McDougall	Almonte	49.83	2
8	40	Michelle Wheeler	Arnprior Dhs	50.32	2
9	421	Justine Fletcher	IE Weldon	51.17	1
10	789	Jesse Davis	Sacred Heart	51.23	2
11	922	Karley Heyman	Shs - Sydenham	51.50	2
12	373	Emily Rendell-Wats	Hillcrest	52.54	1
13	628	Jessica Robbins	Nhhs - Bancroft	52.58	1
14	297	Libby George	Fenelon Fall	52.65	1
15	500	Meredith McLeod	Lindsay Cvi	54.43	1

Event 48 Men 300 Meter Hurdles Junior

Name	Year	School	Finals	H#	
1	558	Daniel Desgroseill	Merivale	41.22	2
2	46	Andrew MacAuley	Arnprior Dhs	41.94	2
3	30	Symon Stowe	Almonte	42.11	2
4	212	David Raji	Colonel By	42.35	1
5	277	Reuben Meens	Enss - Brighton	42.53	2
6	254	Jonathan Kim	Earl of March	42.74	1
7	110	Kevin Nault	Cairine Wilson	43.15	2
8	916	Robert Ridenour	St. ThomasA	43.37	2
9	542	Zack Fedora	Lcvi -kingston	43.84	2
10	231	Connor Livings	Crestwood	43.96	1
11	51	Ty Whitelock	Arnprior Dhs	44.05	2
12	848	Nick Smallwood	St. Mark	44.71	1
13	861	Remi Mireault	St. Mary's S	46.34	1
14	785	Drew Jennet	Russell HS	46.39	1
15	358	Thomas Giguere	Haliburton H	47.37	1
16	645	Ty Cargioli	Norwood Dhs	47.45	1

Event 49 Women High Jump Junior

Name	Year	School	Finals	
1	61	Davine Reid	A.Y. Jackson	1.55m
2	959	Breanna Smith	Tiss- Brockville	1.50m
2	943	Kelsey Fontaine	Tagwi S S-Avo	1.50m
4	787	Lauren Agnew	Sacred Heart	J1.50m
5	621	Taylor Williamson	Ngdhs-Kemptville	1.45m
5	292	Cassie Parker	Fellowes HS	1.45m
7	551	Victoria Beales	Merivale	J1.45m
8	597	Tanya Motsi	Nepean	J1.45m
8	909	Lisa Thajer	St. ThomasA	J1.45m
8	262	Olivia Dyer	Enss - Brighton	J1.45m
8	944	Krista Fontaine	Tagwi S S-Avo	J1.45m
12	429	Lally Vanryswyk	IE Weldon	1.40m
12	259	Nicole Carr	Enss - Brighton	1.40m
14	553	Maddie Hayes-Crook	Merivale	1.35m
14	690	Colleen Williams	Port Hope HS	1.35m
--	395	Christie English	Holy Cross	FAIL

Event 50 Men High Jump Junior

Name	Year	School	Finals	
1	18	Leeson Guay	All Saints	1.85m
2	144	Lucas Fallaise	Css - Belleville	J1.85m
3	487	Jake Andrus	Lakefield DS	1.80m
3	43	Justin Cameron	Arnprior Dhs	1.80m
5	874	Erik Shannon	Spccs - Trenton	1.75m

6	847	Justin Field	St. Mark	J1.75m
6	417	Tylor Boileau	Holy Trinity	J1.75m
8	318	Jordan Gravesande	Fss - Kingston	1.70m
8	64	Dylan Tombs-Koscin	A.Y. Jackson	1.70m
8	95	Tom Quarrington	Bell	1.70m
8	886	Keegan Mooney	St. Peter's	1.70m
8	31	Jeremy Locke	Aag - Brockville	1.70m
8	505	Zac Abbott	Lindsay Cvi	1.70m
8	833	Brayden Murphy	St John's	1.70m
--	875	Daniel Bennet	St. Peter HS	NH

Event 51 Women Pole Vault Junior

Name	Year	School	Finals
1	956	Sarah Perry	Tiss- Brockville 2.76m
2	566	Angie Willemsen	Mss - Belleville 2.09m
2	371	Meagan Cruickshank	Hillcrest 2.09m
2	564	Naomi Douglas-Naje	Mss - Belleville 2.09m
5	563	Victoria Chapman	Mss - Belleville J2.09m
6	159	Sarah Seguin	Char er D H J2.09m
7	156	Emma Fraser	Char er D H J2.09m
8	8	Celine Russell	Adam Scott 1.79m
8	349	Tessa Iles	Haliburton H 1.79m
10	2	Laura Dillon	Adam Scott 1.64m

Event 52 Men Pole Vault Junior

Name	Year	School	Finals
1	163	William Lecky	Char er D H 3.30m
2	127	Harrison Daly	Carleton Place 3.20m
3	165	Ryan Robertson	Char er D H 3.00m
3	128	Riley Drummond	Carleton Place 3.00m
5	29	Spencer Redman	Almonte J3.00m
6	487	Jake Andrus	Lakefield DS 2.70m
7	579	Scott Scrymgeour	Mss - Belleville 2.55m
7	574	Matt McDougall	Mss - Belleville 2.55m
9	604	Nick Boretski	Ncc - Belleville 2.40m
--	356	Greg Foster	Haliburton H NH

Event 53 Women Long Jump Junior

Name	Year	School	Finals	Wind
1	71	Arielle Fitzgerald	Bss - Belleville 5.30m	NWI
2	494	Camille Ferland	Le Sommet 4.93m	NWI
3	395	Christie English	Holy Cross 4.90m	NWI
4	804	Kelsey Won	Sir Robert B. 4.57m	NWI
5	102	Tegan Kilpatrick	Bci - Brockville 4.53m	NWI
6	549	Sage Marquardt	Madawaska Dhs 4.49m	NWI
7	248	Marta Kierkus	Earl of March 4.47m	NWI
8	879	Jenna Hickey	St. Peter's 4.43m	NWI
9	733	Janessa Pol	Redeemer C.H. 4.39m	NWI
10	74	Ashley Solmes	Bss - Belleville 4.37m	NWI
10	925	Kiercy Latimer	Shs - Sydenham 4.37m	NWI
12	500	Meredith McLeod	Lindsay Cvi 4.23m	NWI
13	259	Nicole Carr	Enss - Brighton 4.22m	NWI
14	815	Maggie Dewar	South Carleton 4.14m	NWI
15	512	Sonja Li	Lisgar C.I. 4.09m	NWI

Event 54 Men Long Jump Junior

Name	Year	School	Finals	Wind
1	644	Jordan Burttt	Norwood Dhs 6.08m	NWI
2	31	Jeremy Locke	Aag - Brockville 6.05m	NWI
3	110	Kevin Nault	Cairine Wilson 6.02m	NWI
4	253	Alex Dawson	Earl of March 5.97m	NWI
5	438	Nolan Perrin	IE Weldon 5.94m	NWI
6	849	Graham Smyth	St. Mark 5.86m	NWI
7	1004	Yassin Mohamoud	Woodroffe 5.76m	NWI
8	983	Alex Thompson	Tiss- Brockville 5.56m	NWI
9	612	Jordan Young	Naec - Cloyne 5.52m	NWI
10	79	Evan Metcalfe	Bss - Belleville 5.49m	NWI
11	131	Jack Glover	Carleton Place 5.48m	NWI
12	543	Sam Menard	Lcvi -kingston 5.30m	NWI
13	145	Jesse Gallant	Css - Belleville 5.19m	NWI
14	29	Spencer Redman	Almonte 5.06m	NWI
--	812	Leslie Tam	Sir Wilfrid	FOUL

Event 55 Women Triple Jump Junior

Name	Year	School	Finals	Wind	
1	71	Arielle Fitzgerald	Bss - Belleville	11.17m	NWI
2	395	Christie English	Holy Cross	10.44m	NWI
3	760	Erika Jenkins	Renfrew CI	10.37m	NWI
4	733	Janessa Pol	Redeemer C.H.	10.33m	NWI
5	804	Kelsey Won	Sir Robert B.	10.24m	NWI
6	797	Jessica Thompson	Seaway D H S-I	10.17m	NWI
7	510	Daphne Grant	Lisgar C.I.	10.02m	NWI
8	929	Amanda Tibbutt	Shs - Sydenham	9.81m	NWI
9	942	Janessa Byers	Tagwi S S-Avo	9.77m	NWI
10	998	Breanna Hall	Woodroffe	9.75m	NWI
11	248	Marta Kierkus	Earl of March	9.69m	NWI
12	764	Kristine Millar	Renfrew CI	9.66m	NWI
13	260	Carlee Collins	Enss - Brighton	9.44m	NWI
14	497	Alexis Hamilton	Lindsay Cvi	9.18m	NWI
15	603	Emma Riley	Ncc - Belleville	8.92m	NWI

Event 56 Men Triple Jump Junior

Name	Year	School	Finals	Wind	
1	849	Graham Smyth	St. Mark	12.46m	NWI
2	600	Callan Ponsford	Nepean	12.35m	NWI
3	965	Alex Cornelisse	Tiss - Brockville	12.31m	NWI
4	599	Victor Chan	Nepean	12.28m	NWI
5	1004	Yassin Mohamoud	Woodroffe	12.27m	NWI
6	438	Nolan Perrin	IE Weldon	12.15m	NWI
7	319	Ryan Dorey	Gss - Gananoque	11.92m	NWI
8	751	Vadim Ignatov	Rnd - Kingston	11.86m	NWI
9	1001	Mounir Afolabi	Woodroffe	11.70m	NWI
10	543	Sam Menard	Lcvi -kingston	11.53m	NWI
11	774	Dakota Knowlton	Rdhs - Elgin	11.47m	NWI
12	79	Evan Metcalfe	Bss - Belleville	11.44m	NWI
13	399	Kevin Green	Holy Cross	11.40m	NWI
14	506	Lucas Collicutt	Lindsay Cvi	11.33m	NWI
15	303	Garrett Weller	Fenelon Fall	11.20m	NWI
16	505	Zac Abbott	Lindsay Cvi	10.95m	NWI

Event 57 Women Shot Put Junior

Name	Year	School	Finals	
1	554	Eilish MacDonald	Merivale	12.39m
2	138	Alexane Bergevin	Casselman E.S.C.	9.77m
3	822	Ashley Connell	Sgdhs - Prescott	9.40m
4	123	Sabrina Van Schynd	Carleton Place	9.24m
5	425	Cassidy Moore	IE Weldon	8.86m
6	75	Helen Wismer	Bss - Belleville	8.60m
7	563	Victoria Chapman	Mss - Belleville	8.58m
8	112	Jennifer Reid	Campbellford	8.46m
9	675	Madessa Giff	Perth	8.39m
10	527	Marlies Klekner-Al	Louis-Riel	8.33m
11	33	Jamie Brown	Arnprior Dhs	8.16m
12	993	Tina Liusun	West Carleton	8.07m
13	868	Alanna Paquette	St. Patrick	8.02m
14	257	Taylor Ainsworth	Enss - Brighton	7.68m
15	700	Stacy Williams	Peci - Picton	7.60m
16	194	Tish Lawal	Colonel By	7.28m

Event 58 Men Shot Put Junior

Name	Year	School	Finals	
1	589	Brandon Deslaurier	Ndss - Napanee	15.81m
2	446	Louis Boursiquot	Immaculata	15.78m
3	126	Josh Connah	Carleton Place	14.07m
4	189	Cody Harrison	Cobourg West	13.94m
5	430	Anthony Chinquee-K	IE Weldon	13.46m
6	681	Alex Phillipoff	Perth	J13.46m
7	397	Tyler Donnelly	Holy Cross	13.26m
8	647	Junior Rivera	Norwood Dhs	12.10m
9	539	Eric Stewart	Louis-Riel	12.05m
10	708	Morgan Reynolds	Peci - Picton	11.96m
11	997	Mike Simpson	West Carleton	11.50m
12	280	Brendan Peterson	Enss - Brighton	11.10m
13	876	Nicholas Brown	St. Peter HS	10.99m

Event 59 Women Discus Throw Junior

Name	Year	School	Finals	
1	554	Eilish MacDonald	Merivale	36.17m
2	138	Alexane Bergevin	Casselman E.S.C.	28.31m
3	293	Sarah Trautrim	Fellowes HS	26.19m
4	659	Jenna Barr	Opeongo HS	26.13m
5	700	Stacy Williams	Peci - Picton	25.03m
6	224	Michelle Szilagyi	Crestwood	24.70m
7	123	Sabrina Van Schynd	Carleton Place	24.56m
8	924	Nicole Kendrick	Shs - Sydenham	23.62m
9	527	Marlies Klekner-Al	Louis-Riel	23.04m
10	351	Sam Tallman	Haliburton H	22.97m
11	717	Jordan Semark	Qss - Belleville	20.32m
12	556	Natasha Weltner	Merivale	20.31m
13	426	Emily Quackenbush	IE Weldon	19.54m
14	999	Haley Lewis	Woodroffe	19.48m
15	563	Victoria Chapman	Mss - Belleville	18.98m
--	993	Tina Liusun	West Carleton	FOUL

Event 60 Men Discus Throw Junior

Name	Year	School	Finals	
1	589	Brandon Deslaurier	Ndss - Napanee	58.52m
2	673	Dylan Stuckless	Ottawa Tech	47.18m
3	765	TC Fraser	Renfrew CI	46.92m
4	397	Tyler Donnelly	Holy Cross	46.78m
5	189	Cody Harrison	Cobourg West	45.96m
6	469	Jonah Firth	L'Heritage E	41.60m
7	634	Greg Metzger	Nhhs - Bancroft	40.39m
8	125	Jesse Campbell	Carleton Place	40.34m
9	446	Louis Boursiquot	Immaculata	35.68m
10	44	Brad Kasaboski	Arnprior Dhs	34.26m
11	202	Brandon Belding	Colonel By	33.93m
12	210	Justin Millson	Colonel By	32.86m
13	150	Cody Rizzo	Css - Belleville	30.34m
14	274	Jesse Labrecque	Enss - Brighton	28.94m
15	188	Matthew Fast	Cobourg West	28.85m
16	995	Marcus Callow	West Carleton	27.34m

Event 61 Women Javelin Throw Junior

Name	Year	School	Finals	
1	102	Tegan Kilpatrick	Bci - Brockville	33.06m
2	637	Emily Angermann	Norwood Dhs	32.37m
3	468	Michelle Rozon	L'Heritage E	30.26m
4	554	Eilish MacDonald	Merivale	29.88m
5	220	Katrina Mason	Crestwood	29.15m
6	661	Bailey Shields	Opeongo HS	28.28m
7	700	Stacy Williams	Peci - Picton	27.71m
8	993	Tina Liusun	West Carleton	27.62m
9	926	Cia Myles-Gonzalez	Shs - Sydenham	27.34m
10	628	Jessica Robbins	Nhhs - Bancroft	27.32m
11	411	Cristin Shanahan	Holy Trinity	25.88m
12	815	Maggie Dewar	South Carleton	25.83m
13	502	Bailey Ryan	Lindsay Cvi	23.82m
14	112	Jennifer Reid	Campbellford	22.75m
15	660	Amy Felhaber	Opeongo HS	22.43m
16	332	Sophie Laflamme	Glebe C.I.	21.63m

Event 62 Men Javelin Throw Junior

Name	Year	School	Finals	
1	215	Thomas Schlossmach	Colonel By	51.49m
2	493	Jack Smith	Lakefield DS	47.86m
3	361	Andrew Murray	Haliburton H	47.27m
4	133	Tyler Murphy	Carleton Place	45.80m
5	367	Brett Yake	Haliburton H	45.76m
6	935	Jay Dearborn	Shs - Sydenham	45.56m
7	189	Cody Harrison	Cobourg West	43.71m
8	400	Collin Kelly	Holy Cross	43.46m
9	547	Colin Goodman	Mackenzie HS	43.29m
10	588	Eric Burt	Ndss - Napanee	40.69m
11	831	Steven Dorsch	St John's	39.60m
12	710	Mitch Spencer	Peci - Picton	37.98m
13	445	Kaylum Bobal	Immaculata	35.72m
14	205	Jasen Ericksen	Colonel By	35.40m
15	671	Stanley Besau	Ottawa Tech	34.45m

16 446 Louis Boursiquot Immaculata 34.01m

Event 63 Women 4x100 Meter Relay Junior

School	Finals	H#
1 Louis-Riel E.S.P. 'A'	51.62	2
2 St. Joseph's Ottawa 'A'	52.02	2
3 Sydenham - Sydenham 'A'	52.30	2
4 Holy Cross - Kingston 'A'	52.41	2
5 Thousand Islands - Brockville 'A'	52.52	2
6 Colonel By 'A'	52.96	2
7 Almonte District High School 'A'	53.22	2
8 Earl of March 'A'	53.50	1
9 Frontenac - Kingston 'A'	53.52	1
10 Nepean HS 'A'	54.25	1
11 East Northumberland - Brighton 'A'	54.84	1
12 Crestwood S S 'A'	57.41	1
13 Fenelon Falls S S 'B'	57.61	1
-- Port Hope H S 'A'	DQ	1
-- St. Peter's S S 'A'	DQ	2
-- Lindsay C & V I 'A'	DQ	1

Event 64 Men 4x100 Meter Relay Junior

School	Finals	H#
1 Arnprior Dhs 'A'	45.42	2
2 St. Joseph's Ottawa 'A'	45.60	2
3 Earl of March 'A'	46.78	2
4 Colonel By 'A'	46.97	2
5 Holy Cross - Kingston 'A'	47.00	2
6 Gananoque - Gananoque 'A'	47.13	2
7 East Northumberland - Brighton 'A'	47.24	2
8 Ashbury 'A'	47.27	1
9 Regiopolis-Notre Dame-Kingston 'A'	47.40	2
10 St. Mark 'A'	48.02	1
11 Notre Dame Catholic High School 'A'	48.25	1
12 Fenelon Falls S S 'A'	48.31	1
13 Moira - Belleville 'A'	48.67	1
14 St. Thomas Aquinas Css 'A'	48.70	1
15 Lakefield D S S 'A'	49.33	1
16 Haliburton Highlands S S 'A'	49.48	1

Event 65 Women 100 Meter Dash Senior

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 867 Kerry-Anne Lindo	St. Patrick	12.72Q	NWI	1
2 584 Ashley Wilson	M. Theresa	12.87Q	NWI	2
3 552 Courtney Bowen	Merivale	12.96Q	NWI	1
4 882 Emily Vissers	St. Peter's	13.15Q	NWI	2
5 931 Morgan Young	Shs - Sydenham	13.11Q	NWI	1
6 442 Kathleen Jean	Immaculata	13.18Q	NWI	2
7 823 Chelsea Deschamps	Sgdhs - Prescott	13.15q	NWI	1
8 836 Jenny Lee	St. Joseph's	13.32q	NWI	2
9 457 Keagan Davis-Burns	Kcvi - Kingston	13.35	NWI	2
9 387 Haley Gourdier	Hccss - Kingston	13.35	NWI	1
11 305 Phara Julien	Franco-Cité	13.43	NWI	1
12 626 Lindsay Grenier	Nhhs - Bancroft	13.46	NWI	2
13 696 Cassie Dobosh	Peci - Picton	13.73	NWI	2
13 239 Nadine Paul	Esmg - Trenton	13.73	NWI	1
15 857 Rachael Douglas	St. Mary's S	13.74	NWI	2
16 345 Marcie Dick	Haliburton H	13.99	NWI	1

Event 65 Women 100 Meter Dash Senior

Name	Year School	Finals	Wind
Finals			
1 867 Kerry-Anne Lindo	St. Patrick	12.60	NWI
2 584 Ashley Wilson	M. Theresa	12.62	NWI
3 552 Courtney Bowen	Merivale	12.80	NWI
4 442 Kathleen Jean	Immaculata	12.88	NWI
5 823 Chelsea Deschamps	Sgdhs - Prescott	12.92	NWI
6 931 Morgan Young	Shs - Sydenham	13.04	NWI
7 836 Jenny Lee	St. Joseph's	13.18	NWI
8 882 Emily Vissers	St. Peter's	13.20	NWI

Event 66 Men 100 Meter Dash Senior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	310	Iseah Montgiraud	Franco-Cité	11.17Q	NWI 1
2	381	Ramaar Hall	Hillcrest	11.36Q	NWI 2
3	826	Garret Richards	Sgdhs - Prescott	11.34Q	NWI 1
4	28	Shawn Mills	Almonte	11.52Q	NWI 2
4	792	Erik Hiratsuka	Sacred Heart	11.52Q	NWI 2
6	798	Tanner Williams	Seaway D H S-I	11.42Q	NWI 1
7	961	Alex Bahm	Tiss- Brockville	11.53q	NWI 2
8	300	Braeden Coy	Fenelon Fall	11.54q	NWI 1
9	208	Tolu Makinde	Colonel By	11.57	NWI 2
9	307	David Bobak	Franco-Cité	11.57	NWI 1
11	814	Storm Patterson	Smiths Falls	11.74	NWI 2
12	860	Luke Haukioja	St. Mary's S	11.84	NWI 2
13	918	Brandon Taylor	St. ThomasA	12.02	NWI 1
14	989	Josh Edwards	Ths - Trenton	12.03	NWI 2
15	990	Kevin Essibier	Ths - Trenton	12.04	NWI 1

Event 66 Men 100 Meter Dash Senior

Name	Year	School	Finals	Wind
Finals				
1	310	Iseah Montgiraud	Franco-Cité	10.97 NWI
2	381	Ramaar Hall	Hillcrest	11.17 NWI
3	826	Garret Richards	Sgdhs - Prescott	11.25 NWI
4	792	Erik Hiratsuka	Sacred Heart	11.28 NWI (11.278)
5	798	Tanner Williams	Seaway D H S-I	J11.28 NWI (11.280)
6	300	Braeden Coy	Fenelon Fall	11.39 NWI
7	28	Shawn Mills	Almonte	11.46 NWI
8	961	Alex Bahm	Tiss- Brockville	11.51 NWI

Event 67 Women 200 Meter Dash Senior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	86	Fiona Callender	Bell	25.63Q	NWI 1
2	237	Gift Okankwu	De La Salle	26.12Q	-0.2 2
3	602	Gabby Foley	Ncc - Belleville	26.72Q	-0.2 2
4	584	Ashley Wilson	M. Theresa	26.73Q	NWI 1
5	442	Kathleen Jean	Immaculata	26.85Q	NWI 1
6	867	Kerry-Anne Lindo	St. Patrick	26.91Q	-0.2 2
7	931	Morgan Young	Shs - Sydenham	26.88q	NWI 1
8	823	Chelsea Deschamps	Sgdhs - Prescott	27.21q	-0.2 2
9	177	Jocelyn Coe	Cobourg West	27.59	NWI 1
10	882	Emily Vissers	St. Peter's	27.63	-0.2 2
11	626	Lindsay Grenier	Nhhs - Bancroft	27.72	NWI 1
12	32	Alex Baylis	Arnrior Dhs	27.79	NWI 1
13	317	Alyssa Young	Fss - Kingston	28.03	-0.2 2
14	696	Cassie Dobosh	Peci - Picton	28.18	-0.2 2
15	19	Jenna Barr	Almonte	28.28	-0.2 2
16	267	Rachel Rumsam	Enss - Brighton	28.37	NWI 1

Event 67 Women 200 Meter Dash Senior

Name	Year	School	Finals	Wind
Finals				
1	86	Fiona Callender	Bell	25.61 -2.0
2	237	Gift Okankwu	De La Salle	26.14 -2.0
3	584	Ashley Wilson	M. Theresa	26.55 -2.0
4	867	Kerry-Anne Lindo	St. Patrick	26.91 -2.0
5	602	Gabby Foley	Ncc - Belleville	26.93 -2.0
6	442	Kathleen Jean	Immaculata	27.13 -2.0
7	823	Chelsea Deschamps	Sgdhs - Prescott	27.22 -2.0
8	931	Morgan Young	Shs - Sydenham	27.71 -2.0

Event 68 Men 200 Meter Dash Senior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	117	Devin Pinciaroli B	Canterbury HS	22.61Q	-0.2 1
2	869	Gordon Cave	St. Patrick	22.75Q	+0.0 2
3	826	Garret Richards	Sgdhs - Prescott	22.83Q	+0.0 2
4	208	Tolu Makinde	Colonel By	22.90Q	-0.2 1
5	798	Tanner Williams	Seaway D H S-I	22.91Q	-0.2 1
6	343	Isaiah Moses	Gloucester HS	23.10Q	+0.0 2

7	42	Matt Basler	Arnprior Dhs	23.17q	+0.0	2
8	775	Michael O'Meara	Rdhs - Elgin	23.26q	+0.0	2
9	310	Iseah Montgiraud	Franco-Cité	23.39	+0.0	2
10	860	Luke Haukioja	St. Mary's S	23.69	-0.2	1
11	814	Storm Patterson	Smiths Falls	23.72	-0.2	1
12	643	Brad Burt	Norwood Dhs	23.95	-0.2	1
13	302	Jacob Webster	Fenelon Fall	24.10	-0.2	1
13	989	Josh Edwards	Ths - Trenton	24.10	+0.0	2
15	990	Kevin Essibier	Ths - Trenton	24.66	+0.0	2
16	912	Andrew Davis	St. ThomasA	24.97	-0.2	1

Event 68 Men 200 Meter Dash Senior

Name	Year	School	Finals	Wind	
Finals					
1	117	Devin Pinciaroli B	Canterbury HS	22.27	-1.4
2	869	Gordon Cave	St. Patrick	22.29	-1.4
3	826	Garret Richards	Sgdhs - Prescott	22.62	-1.4
4	208	Tolu Makinde	Colonel By	22.86	-1.4
5	798	Tanner Williams	Seaway D H S-I	22.93	-1.4
6	42	Matt Basler	Arnprior Dhs	23.03	-1.4
7	343	Isaiah Moses	Gloucester HS	23.04	-1.4
8	775	Michael O'Meara	Rdhs - Elgin	23.57	-1.4

Event 69 Women 400 Meter Dash Senior

Name	Year	School	Finals	H#	
1	86	Fiona Callender	Bell	56.33	2
2	830	Samantha Murphy	St John's	57.05	2
3	678	Evelyn Scott	Perth	57.54	2
4	237	Gift Okankwu	De La Salle	59.12	2
5	602	Gabby Foley	Ncc - Belleville	1:01.07	2
6	177	Jocelyn Coe	Cobourg West	1:01.83	1
7	845	Jenna Ciotti	St. Mark	1:03.64	1
8	744	Avery Michels	Rnd - Kingston	1:03.89	2
9	52	Melissa Riding	Ashbury	1:04.47	1
10	19	Jenna Barr	Almonte	1:05.72	2
11	222	Liane Oullet-Gasto	Crestwood	1:06.19	1
12	419	Emily Clarke	IE Weldon	1:06.23	1
13	986	Amy Bryant	Ths - Trenton	1:06.77	1
14	193	Beth Labonte	Colonel By	1:07.41	1
15	907	Jill Moffatt	St. ThomasA	1:08.05	1

Event 70 Men 400 Meter Dash Senior

Name	Year	School	Finals	H#	
1	117	Devin Pinciaroli B	Canterbury HS	48.80	2
2	42	Matt Basler	Arnprior Dhs	49.78	2
3	343	Isaiah Moses	Gloucester HS	50.17	2
4	869	Gordon Cave	St. Patrick	50.52	2
5	939	Hayden Peters	Shs - Sydenham	51.11	2
6	383	Matthew Nicol	Hillcrest	51.65	2
7	308	Quinn Dabros	Franco-Cité	53.03	2
8	234	Ben Nanni	Crestwood	55.48	2
--	643	Brad Burt	Norwood Dhs	NT	1
--	913	Matt Fraser	St. ThomasA	NT	1
--	773	Craig Eamon	Rdhs - Elgin	NT	1
--	185	Zachary Cziranka-C	Cobourg West	NT	1

Event 71 Women 800 Meter Run Senior

Name	Year	School	Finals	H#	
1	830	Samantha Murphy	St John's	2:11.00	2
2	86	Fiona Callender	Bell	2:16.47	2
3	198	Kathryn Tuck	Colonel By	2:17.86	2
4	758	Rebekah Folkema	Renfrew CI	2:19.86	2
5	921	Michela Gossage	Shs - Sydenham	2:21.40	2
6	179	Domi Jamnicky	Cobourg West	2:24.81	2
7	596	Clara Moore	Nepean	2:25.40	2
8	296	Julia Finnie	Fenelon Fall	2:26.46	1
9	676	Bronwyn Hodgins	Perth	2:26.63	1
10	859	Candice Visser	St. Mary's S	2:27.29	1
11	222	Liane Oullet-Gasto	Crestwood	2:33.29	2
12	952	Megan Graham	Tiss- Brockville	2:33.30	1
13	168	Taryn Dewar	Cobourg E	2:37.11	1
14	408	Jennifer Murawsky	Holy Trinity	2:37.52	1

Event 72 Men 800 Meter Run Senior

Name	Year	School	Finals	H#	
1	899	James Denny	Stcss-Belleville	1:55.11	2
2	42	Matt Basler	Arnprior Dhs	1:55.14	2
3	559	Alex Hutton	Merivale	1:56.23	2
4	378	Cody Boast	Hillcrest	1:56.40	2
5	936	Kieran Doyle	Shs - Sydenham	1:57.72	1
6	684	Thor Stewart	Perth	1:58.28	2
7	915	Sebie O'Neill	St. ThomasA	2:00.71	2
8	447	Benjamin Gunn-Doer	Immaculata	2:01.11	2
9	968	Robbie Deeks	Tiss- Brockville	2:01.41	1
10	185	Zachary Cziranka-C	Cobourg West	2:02.95	1
11	978	Tyler Nolan	Tiss- Brockville	2:03.95	2
12	148	Chris Palmer	Css - Belleville	2:05.10	1
13	724	Dylan Semark	Qss - Belleville	2:05.41	1
14	533	Marc Lefebvre	Louis-Riel	2:05.61	1
15	892	Rob McDonald	St. Pius X	2:05.84	1
16	276	Joe Lemmermeyer	Enss - Brighton	2:06.38	1

Event 73 Women 1500 Meter Run Senior

Name	Year	School	Finals	
1	375	Heather Slinn	Hillcrest	4:47.67
2	313	Cleo Boyd	Fss - Kingston	4:54.86
3	179	Domi Jamnicky	Cobourg West	4:57.41
4	757	Rachel Folkema	Renfrew CI	5:00.44
5	322	Kelsey Serviss	General Panet HS	5:01.61
6	284	Taylor Sills	Ess - Odessa	5:08.96
7	369	Flavie Laurin	Hawkesbury	5:10.07
8	198	Kathryn Tuck	Colonel By	5:15.30
9	5	Katie Kowal	Adam Scott	5:24.23
10	596	Clara Moore	Nepean	5:24.78
11	514	Sascha Vransy	Lisgar C.I.	5:25.64
12	486	Jenny Orbell	Lakefield DS	5:30.40
13	268	Jade Wallace	Enss - Brighton	5:31.26
14	906	Holly Marshall	St. ThomasA	5:31.39
15	593	Ruth Burrowes	Nepean	5:31.45
16	715	Allie Horwood	Qss - Belleville	5:44.86

Event 74 Men 1500 Meter Run Senior

Name	Year	School	Finals	
1	507	Stephen Hosier	Lindsay Cvi	3:57.89
2	933	Robert Asselstine	Shs - Sydenham	4:07.68
3	413	Kieran Day	Holy Trinity	4:08.62
4	326	Gabriel Quennevill	General Panet HS	4:09.15
5	341	Jacob Cameron	Glengarry E S	4:12.08
6	769	Shawn Walters	Renfrew CI	4:13.61
7	899	James Denny	Stcss-Belleville	4:14.08
8	149	Kaelan Parker	Css - Belleville	4:17.56
9	447	Benjamin Gunn-Doer	Immaculata	4:17.57
10	783	Colin Simpson	Rothwell Osn	4:18.95
11	888	Andrew White	St. Peter's	4:18.96
12	946	Justin Jakeman	Thomas A. St	4:20.85
13	805	Ben Oman	Sir Robert B.	4:20.89
14	1002	Alex Berhe	Woodroffe	4:38.40
15	915	Sebie O'Neill	St. ThomasA	4:38.65
--	531	Abdoul Diaby	Louis-Riel	DNF

Event 75 Women 3000 Meter Run Senior

Name	Year	School	Finals	
1	955	Emma Norman	Tiss- Brockville	10:31.02
2	313	Cleo Boyd	Fss - Kingston	10:33.58
3	179	Domi Jamnicky	Cobourg West	10:36.63
4	375	Heather Slinn	Hillcrest	10:37.73
5	757	Rachel Folkema	Renfrew CI	10:50.38
6	322	Kelsey Serviss	General Panet HS	10:51.30
7	284	Taylor Sills	Ess - Odessa	11:05.45
8	994	Anna Nativ	West Carleton	11:26.46
9	296	Julia Finnie	Fenelon Fall	11:35.75
10	514	Sascha Vransy	Lisgar C.I.	11:39.66
11	486	Jenny Orbell	Lakefield DS	11:52.90
12	422	Amy Hein	IE Weldon	12:00.54
13	268	Jade Wallace	Enss - Brighton	12:01.24
14	443	Alexa Zarins	Immaculata	12:02.58

15	1	Maddie Brown	Adam Scott	12:03.50
16	598	Charlotte Van Walr	Nepean	12:18.09

Event 76 Men 3000 Meter Run Senior

Name	Year	School	Finals
1	507	Stephen Hosier	Lindsay Cvi 8:39.83
2	933	Robert Asselstine	Shs - Sydenham 8:43.97
3	932	Jeffrey Archer	Shs - Sydenham 8:53.92
4	147	Connor Mahoney-Ash	Css - Belleville 9:07.06
5	721	Dakota Holgate	Qss - Belleville 9:13.16
6	1002	Alex Berhe	Woodroffe 9:13.96
7	946	Justin Jakeman	Thomas A. St 9:14.00
8	888	Andrew White	St. Peter's 9:17.10
9	287	Blair Morgan	Ess - Odessa 9:21.04
10	704	Jordan Miller	Peci - Picton 9:24.65
11	674	Andrew Towle	Ottawa Tech 9:25.13
12	769	Shawn Walters	Renfrew CI 9:30.54
13	416	Alex Santos	Holy Trinity 9:32.87
14	985	John Wynands	Tiss- Brockville 9:38.23
15	116	Chris Galley	Canterbury HS 9:57.14
16	672	Tommy DesBrisay	Ottawa Tech 9:58.09

Event 77 Women 100 Meter Hurdles Senior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	779	Ashlea Maddex	Rockland D.H 14.03Q	NWI	1
2	799	Devvani Biswal	Sir Robert B. 14.84Q	NWI	2
3	513	Julia Stille	Lisgar C.I. 15.26Q	NWI	2
4	839	Charlotte Eskridge	St Joseph's 15.50Q	NWI	1
5	37	Alicia Pan	Arnrior Dhs 16.35Q	NWI	2
5	555	Ieashia Minott	Merivale 16.35Q	NWI	2
7	745	Taylor Morgan	Rnd - Kingston 16.40Q	NWI	1
8	759	Sabrina Guyea	Renfrew CI 16.89q	NWI	1
9	624	Mary Allison	Nhhs - Bancroft 17.04	NWI	1
10	622	Samantha Yee	Ngdhs-Kemptville 17.11	NWI	2
11	908	Monica Potts	St. ThomasA 17.21	NWI	1
11	223	Taite Ryley	Crestwood 17.21	NWI	2
13	352	Christianna Walker	Haliburton H 17.28	NWI	2
14	485	Andi Luke	Lakefield DS 17.47	NWI	2
15	727	Shelana Mutch	Qchs-Belleville 17.94	NWI	1

Event 77 Women 100 Meter Hurdles Senior

Name	Year	School	Finals	Wind
Finals				
1	779	Ashlea Maddex	Rockland D.H 13.78	NWI
2	799	Devvani Biswal	Sir Robert B. 14.52	NWI
3	513	Julia Stille	Lisgar C.I. 15.24	NWI
4	839	Charlotte Eskridge	St Joseph's 15.46	NWI
5	37	Alicia Pan	Arnrior Dhs 15.60	NWI
6	555	Ieashia Minott	Merivale 16.21	NWI
7	759	Sabrina Guyea	Renfrew CI 16.23	NWI
8	745	Taylor Morgan	Rnd - Kingston 16.52	NWI

Event 78 Men 110 Meter Hurdles Senior

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	130	Kevin Gayton	Carleton Place 15.12Q	NWI	1
2	471	Codie Primeau	L'Heritage E 15.77Q	NWI	2
3	616	Dylan DeJong	North Dundas 15.17Q	NWI	1
4	362	Drew Paul	Haliburton H 16.02Q	NWI	2
5	784	Jamie Cochrane	Russell HS 15.74Q	NWI	1
6	26	Andrew Deugo	Almonte 16.13Q	NWI	2
7	151	Derek Wendel	Css - Belleville 16.05q	NWI	1
8	115	Ben Clark	Canterbury HS 16.46q	NWI	2
9	360	Alex McMaster	Haliburton H 16.54	NWI	2
10	233	Zack McDonald	Crestwood 16.79	NWI	1
11	227	Eli Goldberg	Crestwood 17.07	NWI	1
12	340	Eli Vanduzer	Glebe C.I. 17.28	NWI	1
13	96	Eric Wu	Bell 17.56	NWI	2
14	709	Kevin Sarley	Peci - Picton 17.64	NWI	2
15	63	Tyler Depillars	A.Y. Jackson 19.54	NWI	2

Event 78 Men 110 Meter Hurdles Senior

Name	Year	School	Finals	Wind
Finals				
1	616	Dylan DeJong	North Dundas	14.76 NWI
2	130	Kevin Gayton	Carleton Place	14.99 NWI
3	784	Jamie Cochrane	Russell HS	15.10 NWI
4	471	Codie Primeau	L'Heritage E	15.18 NWI
5	151	Derek Wendel	Css - Belleville	15.65 NWI
6	362	Drew Paul	Haliburton H	15.79 NWI
7	26	Andrew Deugo	Almonte	15.98 NWI
8	115	Ben Clark	Canterbury HS	16.04 NWI

Event 79 Women 400 Meter Hurdles Senior

Name	Year	School	Finals	H#
1	779	Ashlea Maddex	Rockland D.H	1:02.39 2
2	678	Evelyn Scott	Perth	1:05.07 2
3	614	Tasha Vanderveen	North Dundas	1:06.65 2
4	839	Charlotte Eskridge	St Joseph's	1:07.10 2
5	555	Ieashia Minott	Merivale	1:07.38 2
6	352	Christianna Walker	Haliburton H	1:09.01 1
7	844	Erika Biklo	St. Mark	1:09.27 2
8	485	Andi Luke	Lakefield DS	1:10.21 1
9	759	Sabrina Guyea	Renfrew CI	1:10.84 2
10	624	Mary Allison	Nhhs - Bancroft	1:11.01 1
11	908	Monica Potts	St. ThomasA	1:11.12 1
12	459	Beth Farnell	Kcvi - Kingston	1:11.56 2
13	524	Chloe Choquette	Louis-Riel	1:12.13 1
14	342	Emma Miller-Duvall	Gloucester HS	1:12.81 1
15	1005	Mayra Asmar	Stcss-Belleville	1:14.48 1
16	727	Shelana Mutch	Qchs-Belleville	1:17.85 1

Event 80 Men 400 Meter Hurdles Senior

Name	Year	School	Finals	H#
1	939	Hayden Peters	Shs - Sydenham	56.10 2
2	891	Saj Al-Haddad	St. Pius X	56.26 2
3	684	Thor Stewart	Perth	57.59 2
4	343	Isaiah Moses	Gloucester HS	57.83 2
5	308	Quinn Dabros	Franco-Cité	57.94 2
6	471	Codie Primeau	L'Heritage E	58.22 2
7	362	Drew Paul	Haliburton H	58.73 1
8	865	Matt Penner	Smchs-Kemptville	59.95 2
9	340	Eli Vanduzer	Glebe C.I.	1:00.41 1
10	226	Gordon Cameron	Crestwood	1:00.49 1
11	892	Rob McDonald	St. Pius X	1:00.90 2
12	975	Robert Jelly	Tiss- Brockville	1:03.54 1
13	282	Wei Wei Yan	Enss - Brighton	1:04.47 1
14	490	Ryley Hilker	Lakefield DS	1:04.57 1
15	910	Nick Brown	St. ThomasA	1:04.68 1

Event 81 Women High Jump Senior

Name	Year	School	Finals
1	478	Portia Ball	1.67m
2	288	Julie Ethier	1.64m
3	714	Nikki Dehaan	1.61m
4	728	Emily VanEgmond	1.55m
5	856	Samantha Clarey	1.55m
6	139	Anne Berniquez	1.50m
6	82	Christiane Courtem	1.50m
8	834	Sarah MacLaren	1.50m
8	69	Catrina Davis	1.50m
10	668	Lindsay Donoghue	1.45m
10	21	Kaytlin Hennigar	1.45m
12	732	Leanna Buisman	1.40m
12	610	Candice McRae	1.40m
12	52	Melissa Riding	1.40m
15	267	Rachel Rumsam	1.35m

Event 82 Men High Jump Senior

Name	Year	School	Finals
1	991	Nick Tremblay	1.90m
2	964	Chris Cauley	1.90m
3	143	Josiah Fallaise	1.85m

4	550	Jeremy Paplinski	Madawaska Dhs	J1.85m
5	465	Francis Guibord	L'Escale E.S.C.	J1.85m
6	108	Colin Phillips	Brookfield	J1.85m
7	870	Nicholas Morgan	St. Patrick	1.80m
7	285	Charlie Genge	Ess - Odessa	1.80m
7	581	Tim Wright	Mss - Belleville	1.80m
10	636	Joel Winsor	Nhhs - Bancroft	1.75m
11	651	Tom Zapletal	Norwood Dhs	1.70m
--	817	patrick carty	South Carleton	FAIL
--	729	Josh Hutchinson	Qchs-Belleville	FAIL
--	753	Scott Wilson	Rnd - Kingston	FAIL

Event 83 Women Pole Vault Senior

Name	Year	School	Finals	
1	472	Bailey Arnott	L. B. Pearson	3.05m
2	3	Natasha Fitton	Adam Scott	2.77m
3	372	Lindsay Madden	Hillcrest	2.47m
3	4	Stephanie Jackman	Adam Scott	2.47m
5	122	Jenna Hunt	Carleton Place	2.32m
6	7	Emily Roberts	Adam Scott	J2.32m
7	120	Leslee Brown	Carleton Place	2.17m
7	352	Christianna Walker	Haliburton H	2.17m
--	157	Kelsey MacDougall	Char er D H	NH

Event 84 Men Pole Vault Senior

Name	Year	School	Finals	
1	973	Dustin Herder	Tiss- Brockville	4.02m
2	162	Thomas Lang	Char er D H	J4.02m
3	340	Eli Vanduzer	Glebe C.I.	3.67m
4	160	Nelson Cecereu	Char er D H	J3.67m
5	976	Peter Karalis	Tiss- Brockville	J3.67m
6	93	James Dyer	Bell	3.40m
7	13	Jake Ragetli	Adam Scott	2.95m
8	14	Nick Ragetli	Adam Scott	J2.95m
9	368	Zane Zondervan	Haliburton H	2.65m
10	576	Matt Millar	Mss - Belleville	2.35m
10	10	Lucas Hall	Adam Scott	2.35m
10	11	Jeff Ji	Adam Scott	2.35m
--	115	Ben Clark	Canterbury HS	NH
--	124	Kane Abbis-Mills	Carleton Place	NH

Event 85 Women Long Jump Senior

Name	Year	School	Finals	Wind	
1	779	Ashlea Maddex	Rockland D.H	5.49m	NWI
2	799	Devyani Biswal	Sir Robert B.	5.35m	NWI
3	618	Dani Gorrell	Ngdhs-Kemptville	5.27m	NWI
4	451	Krista Dillon	John McCrae	5.20m	NWI
5	513	Julia Stille	Lisgar C.I.	5.12m	NWI
6	931	Morgan Young	Shs - Sydenham	5.02m	NWI
7	37	Alicia Pan	Arnrior Dhs	5.01m	NWI
8	800	Divya Biswal	Sir Robert B.	4.79m	NWI
9	552	Courtney Bowen	Merivale	4.73m	NWI
10	480	Katie Gordanier	Lsss - Kingston	4.66m	NWI
11	898	Emmi-Lou Walsh	Stcss-Belleville	4.55m	NWI
12	699	Nicole VanHaarlem	Peci - Picton	4.48m	NWI
13	69	Catrina Davis	Bss - Belleville	4.42m	NWI
14	424	Naydeen Lothian	IE Weldon	4.32m	NWI
15	483	Shannon Dillon	Lakefield DS	4.18m	NWI

Event 86 Men Long Jump Senior

Name	Year	School	Finals	Wind	
1	537	David Nsabua	Louis-Riel	6.80m	NWI
2	339	Francky Oliver	Glebe C.I.	6.60m	NWI
3	475	Brian Okeny	L. B. Pearson	6.48m	NWI
4	963	Dylan Burns	Tiss- Brockville	6.42m	NWI
5	814	Storm Patterson	Smiths Falls	6.29m	NWI
6	41	Jesse Andrews	Arnrior Dhs	6.28m	NWI
7	89	Jerry Boun	Bell	6.01m	NWI
8	129	Tyler Emmanuel	Carleton Place	5.87m	NWI
9	702	Ricky Gladu	Peci - Picton	5.72m	NWI
10	113	Eric Hudson	Campbellford	5.64m	NWI
11	873	Mike Lachance	Spsss - Trenton	5.46m	NWI
12	791	David Cotten	Sacred Heart	5.35m	NWI

13	648	Cole Sadlier	Norwood Dhs	5.18m	NWI
14	286	Kevin Golding	Ess - Odessa	3.27m	NWI
--	359	Jesse Lefevre	Haliburton H	FOUL	
--	900	Baiden Holland	Stcss-Belleville	FOUL	

Event 87 Women Triple Jump Senior

Name	Year	School	Finals	Wind	
1	513	Julia Stille	Lisgar C.I.	11.59m	NWI
2	451	Krista Dillon	John McCrae	11.47m	NWI
3	800	Divya Biswal	Sir Robert B.	11.08m	NWI
4	618	Dani Gorrell	Ngdhs-Kemptville	10.57m	NWI
5	114	Ayla Zimmerly	Canterbury HS	10.22m	NWI
6	192	Anna Gilliatt	Colonel By	10.12m	NWI
7	746	Melanie Robb	Rnd - Kingston	10.11m	NWI
8	424	Naydeen Lothian	IE Weldon	10.10m	NWI
9	698	Jessica Palacious	Peci - Picton	10.07m	NWI
10	69	Catrina Davis	Bss - Belleville	10.04m	NWI
11	499	Kira Loeb	Lindsay Cvi	9.87m	NWI
12	121	Becky Drummond	Carleton Place	9.79m	NWI
13	613	Kirsten Milne	North Dundas	9.72m	NWI
14	772	Stephanie Mueller	Rdhs - Elgin	9.64m	NWI
15	627	Ashley Howran	Nhhs - Bancroft	9.36m	NWI
16	883	Katie Walsh	St. Peter's	8.92m	NWI

Event 88 Men Triple Jump Senior

Name	Year	School	Finals	Wind	
1	537	David Nsabua	Louis-Riel	13.91m	NWI
2	791	David Cotten	Sacred Heart	12.98m	NWI
3	129	Tyler Emmanuel	Carleton Place	12.86m	NWI
4	89	Jerry Boun	Bell	12.67m	NWI
5	285	Charlie Genge	Ess - Odessa	12.64m	NWI
6	977	Matt Nolan	Tiss- Brockville	12.48m	NWI
7	299	Richard Colby-Robb	Fenelon Fall	12.45m	NWI
8	680	Jedi Bowes	Perth	12.41m	NWI
9	415	Shayne Orok	Holy Trinity	12.13m	NWI
10	695	Zachary Vaspori	Port Hope HS	12.02m	NWI
11	632	Josh Caron	Nhhs - Bancroft	11.86m	NWI
12	252	Ahmed Al-Slaq	Earl of March	11.70m	NWI
13	286	Kevin Golding	Ess - Odessa	11.59m	NWI
14	651	Tom Zapletal	Norwood Dhs	11.45m	NWI
15	991	Nick Tremblay	Ths - Trenton	11.15m	NWI

Event 89 Women Shot Put Senior

Name	Year	School	Finals	
1	928	Julie Sleeth	Shs - Sydenham	10.99m
2	761	Kelsey Jessup	Renfrew CI	10.81m
3	679	Melissa Thomas	Perth	10.52m
4	631	Taylor White	Nhhs - Bancroft	10.45m
5	565	Chloe Eberwein	Mss - Belleville	10.28m
6	316	Ashley Widmont	Fss - Kingston	10.27m
7	98	Samantha Regier	Bishop Smith	9.66m
8	455	Jacquelyn Ruttle	Kenner Cvi	9.02m
9	82	Christiane Courtem	B. Desloges	9.01m
10	60	Katie Flansbury	A.Y. Jackson	8.77m
11	904	Hollie Evans	St. ThomasA	8.72m
12	424	Naydeen Lothian	IE Weldon	8.35m
13	838	Summer Bourgon	St Joseph's	8.34m
14	731	Rachel Bergsma	Redeemer C.H.	8.13m
15	630	Kim Stephens	Nhhs - Bancroft	8.08m
--	1000	Ashley Renaud	Woodroffe	FOUL

Event 90 Men Shot Put Senior

Name	Year	School	Finals	
1	137	Corey Wingate	Carleton Place	15.81m
2	767	Kurtis Leclaire	Renfrew CI	15.02m
3	654	Dennis Brianski	Notre Dame	14.05m
4	786	Brad Morrison	Russell HS	13.44m
5	981	Dave Savage	Tiss- Brockville	13.35m
6	187	Jacob Fast	Cobourg West	12.97m
7	449	Youssef Wehbe	Immaculata	12.51m
8	719	Chad Bain	Qss - Belleville	12.21m
9	819	Joshua Keenan	South Carleton	11.85m
10	384	Ryan Surgenor	Hillcrest	11.82m

11	357	Nick Freeman	Haliburton H	11.77m
12	611	Tanner Hinchey	Naec - Cloyne	11.61m
13	366	Brandon Yake	Haliburton H	11.07m
14	777	Patrick Stevenson	Ridgemount HS	10.82m
15	243	Tommy Lachance	Esmg - Trenton	10.73m

Event 91 Women Discus Throw Senior

Name	Year	School	Finals	
1	316	Ashley Widmont	Fss - Kingston	36.73m
2	928	Julie Sleeth	Shs - Sydenham	35.68m
3	755	Sarah Dougherty	Renfrew CI	32.57m
4	38	Hanna Quathamer	Arnprior Dhs	32.11m
5	957	Katie Purcell	Tiss- Brockville	30.58m
6	631	Taylor White	Nhhs - Bancroft	29.00m
7	640	Rebecca Toms	Norwood Dhs	25.94m
8	455	Jacquelyn Ruttle	Kenner Cvi	25.87m
9	627	Ashley Howran	Nhhs - Bancroft	25.28m
10	731	Rachel Bergsma	Redeemer C.H.	24.26m
11	174	Hillary Bailey	Cobourg West	23.66m
12	374	Sabrina Slade	Hillcrest	21.17m
13	60	Katie Flansbury	A.Y. Jackson	19.37m
14	82	Christiane Courtem	B. Desloges	19.18m
15	401	Rachel Elias	Holy Trinity	17.42m
--	73	Nicole Shaubel	Bss - Belleville	FOUL

Event 92 Men Discus Throw Senior

Name	Year	School	Finals	
1	966	Trent Corney	Tiss- Brockville	49.34m
2	137	Corey Wingate	Carleton Place	48.29m
3	767	Kurtis Leclair	Renfrew CI	45.34m
4	27	James Illingworth	Almonte	42.33m
5	364	Matt Rae	Haliburton H	36.67m
6	93	James Dyer	Bell	35.51m
7	453	Mike Evelyn	John McCrae	34.88m
8	92	Gordon Doxtater	Bell	33.40m
9	368	Zane Zondervan	Haliburton H	32.58m
10	777	Patrick Stevenson	Ridgemount HS	31.40m
11	642	Spencer Anderson	Norwood Dhs	29.22m
12	491	Lukas Kocjan	Lakefield DS	28.96m
13	65	Jordan Osborne	BS - Consecon	28.89m
14	794	Spencer Whyte	Sacred Heart	28.49m
15	719	Chad Bain	Qss - Belleville	26.63m
--	654	Dennis Brianski	Notre Dame	FOUL

Event 93 Women Javelin Throw Senior

Name	Year	School	Finals	
1	716	Brittney Mumby	Qss - Belleville	37.34m
2	316	Ashley Widmont	Fss - Kingston	37.14m
3	98	Samantha Regier	Bishop Smith	36.67m
4	236	Christine Ausman	De La Salle	36.20m
5	851	Rebecca Perry	Smchs-Brockville	35.45m
6	662	Shannon Spurrell	Opeongo HS	33.64m
7	478	Portia Ball	Lsss - Kingston	31.63m
8	638	Megan Barr	Norwood Dhs	31.04m
9	992	Grace Howard	West Carleton	30.53m
10	639	Gin McGriskin	Norwood Dhs	30.41m
11	423	Jessica Jilesen	IE Weldon	27.31m
12	409	Clare Murphy	Holy Trinity	26.52m
13	484	Brianne Jacobs	Lakefield DS	26.21m
14	73	Nicole Shaubel	Bss - Belleville	25.55m
15	246	Maris Barnabe	Earl of March	24.86m

Event 94 Men Javelin Throw Senior

Name	Year	School	Finals	
1	966	Trent Corney	Tiss- Brockville	58.56m
2	749	Adam Bernicky	Rnd - Kingston	52.12m
3	142	Jacob Culp	Css - Belleville	47.60m
4	665	Quinton Rook	Opeongo HS	47.48m
5	393	Aaron Gazendam	Hccss - Kingston	46.03m
6	655	Dillon James	Notre Dame	45.73m
7	243	Tommy Lachance	Esmg - Trenton	43.09m
8	444	Josh Bobal	Immaculata	42.89m
9	449	Youssef Wehbe	Immaculata	40.59m

10	819	Joshua Keenan	South Carleton	40.27m
11	649	Derek Wade	Norwood Dhs	40.17m
12	705	Brandon Peever	Peci - Picton	39.79m
13	818	Cameron Fry	South Carleton	39.38m
14	648	Cole Sadlier	Norwood Dhs	38.32m
15	945	Henry Elmhirst	Thomas A. St	34.98m
--	91	Oliver Cowley	Bell	FOUL

Event 95 Women 4x100 Meter Relay Senior

=====				
School		Finals	H#	
=====				
1	Arnprior Dhs 'A'	51.16	2	
2	Bell HS 'A'	51.27	2	
3	Sydenham - Sydenham 'A'	51.76	2	
4	North Grenville - Kemptville 'A'	51.99	2	
5	Renfrew CI 'A'	52.09	2	
6	Carleton Place High School 'A'	52.50	1	
7	Glebe Collegiate Institute 'A'	53.29	1	
8	St. Theresa - Belleville 'A'	53.89	1	
9	St. Thomas Aquinas Css 'A'	53.97	1	
10	Ashbury 'A'	54.02	1	
11	Holy Trinity 'A'	54.03	2	
12	Crestwood S S 'A'	54.57	1	
13	North Hastings - Bancroft 'A'	54.64	1	
14	Haliburton Highlands S S 'A'	55.21	1	
--	Sir Robert Borden HS 'A'	DNF	2	

Event 96 Men 4x100 Meter Relay Senior

=====				
School		Finals	H#	
=====				
1	Thousand Islands - Brockville 'A'	43.28	2	
2	Colonel By 'A'	43.65	2	
3	Arnprior Dhs 'A'	44.43	2	
4	Holy Cross - Kingston 'A'	44.52	2	
5	Franco-Cité 'A'	44.60	1	
6	Fenelon Falls S S 'A'	45.00	2	
7	Hillcrest 'A'	45.07	1	
8	Crestwood S S 'A'	45.22	2	
9	Sydenham - Sydenham 'A'	45.49	2	
10	Trenton - Trenton 'A'	45.77	1	
11	Almonte District High School 'A'	46.03	2	
12	St. Pius X C.H.S. 'A'	46.57	1	
13	St. Thomas Aquinas Css 'A'	46.63	1	
13	St. Theresa - Belleville 'A'	46.63	1	
15	Woodroffe HS 'A'	47.14	1	

Event 97 Women 1500 Meter Steeplechase Open

=====				
Name	Year	School	Finals	
=====				
1	930	Lacey Tryon	Shs - Sydenham	5:29.98
2	676	Bronwyn Hodgins	Perth	5:32.11
3	907	Jill Moffatt	St. ThomasA	5:35.18
4	762	Hillary MacMillan	Renfrew CI	5:35.31
5	264	Emma Lafontaine	Enss - Brighton	5:36.10
6	530	Anais Robert	Louis-Riel	5:44.42
7	829	Erin Merkley	St John's	5:46.75
8	68	Sarah Cleave	Bss - Belleville	5:49.65
9	408	Jennifer Murawsky	Holy Trinity	5:50.56
10	923	Brianna Jeffrey	Shs - Sydenham	5:52.03
11	881	Hannah Lynch	St. Peter's	5:53.77
12	515	Morgan Williams	Lisgar C.I.	5:56.39
13	422	Amy Hein	IE Weldon	5:57.74
14	111	Tanya Nestoruk	Campbellford	5:59.19
15	250	Erikka Niemi	Earl of March	6:07.62
16	803	Kelsey Sitka	Sir Robert B.	6:15.56

Event 98 Men 2000 Meter Steeplechase Open

=====				
Name	Year	School	Finals	
=====				
1	970	Liam Delaney	Tiss- Brockville	6:09.36
2	932	Jeffrey Archer	Shs - Sydenham	6:12.71
3	684	Thor Stewart	Perth	6:13.15
4	783	Colin Simpson	Rothwell Osn	6:13.19
5	148	Chris Palmer	Css - Belleville	6:19.62
6	413	Kieran Day	Holy Trinity	6:23.02
7	147	Connor Mahoney-Ash	Css - Belleville	6:23.54
8	721	Dakota Holgate	Qss - Belleville	6:29.69

9	276	Joe Lemmermeyer	Enss - Brighton	6:30.04
10	768	Adam McGregor	Renfrew CI	6:31.43
11	911	Mitch Cassidy	St. ThomasA	6:35.07
12	77	Jack Laundry	Bss - Belleville	6:44.28
13	533	Marc Lefebvre	Louis-Riel	6:47.46
14	416	Alex Santos	Holy Trinity	6:52.86
15	795	Colin Widdis	Sacred Heart	7:00.69
16	337	Kieran Hooley	Glebe C.I.	7:13.82

Event 99 Women 4x400 Meter Relay Open

=====				
School		Finals	H#	
=====				
1	Bell HS 'A'	4:09.61	2	
2	Renfrew CI 'A'	4:09.96	2	
3	Colonel By 'A'	4:10.77	2	
4	Sydenham - Sydenham 'A'	4:10.81	2	
5	Thousand Islands - Brockville 'A'	4:14.06	2	
6	Perth & District Coll. Inst. 'A'	4:14.10	1	
7	Kingston - Kingston 'A'	4:15.69	1	
8	Cobourg West C I 'A'	4:17.16	2	
9	Hillcrest 'A'	4:19.59	1	
10	Haliburton Highlands S S 'A'	4:25.14	1	
11	Holy Trinity 'A'	4:25.26	2	
12	St. Thomas Aquinas Css 'A'	4:26.59	2	
13	Louis-Riel E.S.P. 'A'	4:27.73	1	
14	East Northumberland - Brighton 'A'	4:33.97	1	
15	Crestwood S S 'A'	4:34.48	1	

Event 100 Men 4x400 Meter Relay Open

=====				
School		Finals	H#	
=====				
1	Franco-Cité 'A'	3:25.12	2	
2	Sydenham - Sydenham 'A'	3:25.39	2	
3	Thousand Islands - Brockville 'A'	3:25.43	2	
4	Colonel By 'A'	3:28.66	2	
5	Louis-Riel E.S.P. 'A'	3:29.03	2	
6	Immaculata 'A'	3:30.67	2	
7	St. Thomas Aquinas Css 'A'	3:31.56	2	
8	Arnprior Dhs 'A'	3:32.83	1	
9	Merivale HS 'A'	3:34.21	2	
10	Rideau - Elgin 'A'	3:34.38	1	
11	Fenelon Falls S S 'B'	3:36.39	1	
12	East Northumberland - Brighton 'A'	3:41.64	1	
13	Norwood D H S 'A'	3:44.00	1	
14	Carleton Place High School 'A'	3:50.40	1	
15	Centennial - Belleville 'A'	3:56.85	1	

Event 101 Women 100 Meter Dash Ambulatory

=====				
Name	Year	School	Finals	Wind
=====				
1	734	Lanea Pol	Redeemer C.H.	29.78 NWI

Event 102 Men 100 Meter Dash Ambulatory

=====					
Name	Year	School	Finals	Wind	H#
=====					
1	853	Cody Fawcett	Smchs-Brockville	12.72	NWI 1
2	825	Jonathon Finlayson	Sgdhs - Prescott	13.06	NWI 1
3	50	Brandon Terrell	Arnprior Dhs	13.20	NWI 1
4	155	Josh Fenton	Chhs - Madoc	13.85	NWI 1
5	580	Donald Winter	Mss - Belleville	14.88	NWI 1
6	722	Cory Marvin	Qss - Belleville	15.59	NWI 1
7	570	Thomas Brown	Mss - Belleville	16.15	NWI 2
8	572	Kai Freeland	Mss - Belleville	16.23	NWI 2
9	59	Jordan Tackaberry	Adhs - Athens	34.48	NWI 2

Event 104 Men 1500 Meter Dash Wheelchair

=====			
Name	Year	School	Finals
=====			
1	450	Samuel Graham	Jeanne Lajoie ES 8:40.00