

Kingston Area Secondary School Athletic Association (K.A.S.S.A.A.)
VOLLEYBALL PLAYING REGULATIONS
June 2011

This guideline package is for use in both the male and female leagues. It contains information specifically for players, guardians, coaches, convenors, athletic directors and principals.

Any changes to this K.A.S.S.A.A. sport guideline should be done at the end of a sporting season and be submitted to the K.A.S.S.A.A. Executive the K.A.S.S.A.A. Athletic Director and School Athletic Directors to be discussed at the next K.A.S.S.A.A. General Meeting for ratification.

The sole basis for the very existence of high school sport is the contribution it makes to the general education experience of those students who participate.

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A: SEASONS

Boys play volleyball from the first week of school until the last weekend of November (O.F.S.A.A. Championship week).

Girls play volleyball from the first week of December until the week before March Break (O.F.S.A.A. Championship week).

Boy's practices may not start until the first week of school.

Girl's practices may not start until after the K.A.S.S.A.A. Girls basketball regular season has concluded.

B: LEAGUE FORMAT

All League Play matches will be best 3 sets of 5.

League Standings will be based upon the following:

- 1) Team with best win/loss record.
- 2) Ties broken by Volleyball Tie Breaking Procedure listed in below.

C: TIE BREAK PROCEDURE

The tie breaking procedure is predicated upon a complete League Schedule
In the event of an uneven schedule, the KASSAA Executive in conjunction with the League Convenor will determine a fair and equitable solution.

- 1) Team with the best win/loss record at conclusion of League Play. If the tie is not broken proceed to Step 2.
- 2) Win/loss record of the match or of the matches that the tied teams have played against each other. If the tie is not broken proceed to Step 3.
- 3) Team with the most sets won, considering matches played amongst the tied teams, will be seeded higher. See chart below for clarification. If the tie is not broken proceed to Step 4.
- 4) Team with the most sets won, considering all matches in League Play. If the tie is not broken proceed to Step 5.
- 5) Coin Toss as outlined in K.A.S.S.A.A. Constitution.
- 6) At any stage of the tie breaking procedure, once a tie has been broken between multiple teams, the tie break procedure reverts back to Step 1.

	Team A	Team B	Team C	Won/Loss Matches	Sets Won
Team A	X	3-0	2-3	1-1	5
Team B	0-3	X	3-1	1-1	3
Team C	1-3	3-2	X	1-1	4

In the above scenario, Team A would win the tiebreaker as a result of having the most sets won considering matches played amongst the tied teams. Once the three way tie has been broken, revert back to Step 1 in the Tie Break Procedure. Team B would finish next highest due to their match victory over Team C.

Note: No team will be eliminated from playoff competition due to Coin Toss. See K.A.S.S.A.A. Constitution Appendix 5: (A5.2.).

D: PLAYOFF FORMAT

- 1) All playoff matches will be sudden death at all stages.
- 2) Winners of each semi-final will meet for the championship at a predetermined site or at the home of the higher finishing team.
- 3) K.A.S.S.A.A. volleyball will endeavour to have eight teams qualify for the playoffs.
- 4) When eight teams enter the playoffs, the quarter-finals will be as follows:

8th vs. 1st
7th vs. 2nd
6th vs. 3rd
5th vs. 4th

- 5) The semi-finals will involve the highest placed regular season winner of the quarter-finals playing the lowest placed regular season winner and the next highest regular season winner playing the next lowest regular season winner.
- 6) If four (4) teams enter the playoffs, first place will play fourth place and second place will play third place in the semi-finals.
- 7) If six (6) teams enter the playoffs, the first and second place teams will receive byes, while sixth place plays third and fifth place plays fourth. In the semi-finals, first plays the lower finishing winner of the quarter-finals while second plays the higher.
- 8) Tie breaking, final standings and playoff procedures will be done according to the Volleyball Tie Break Procedure.

E: TEAM(S) ADVANCEMENT TO E.O.S.S.A.A./O.F.S.A.A. CHAMPIONSHIP(S)

The K.A.S.S.A.A. Girls and Boys Volleyball leagues will forward K.A.S.S.A.A. Local Association Representatives to E.O.S.S.A.A. Championship play, in each school classification category (A, AA, AAA) based on the following:

Part 1: Where the E.O.S.S.A.A. Championship determines a single entry into O.F.S.A.A. Championship competition.

Procedure(s):

1.1 K.A.S.S.A.A. will forward only one representative to E.O.S.S.A.A. Championship competition.

1.2 The K.A.S.S.A.A. Representative will be the school that advances furthest, within each O.F.S.A.A. Classification (A, AA, AAA) level, in the K.A.S.S.A.A. Playoff.

1.3 If the team declines the opportunity to compete at an E.O.S.S.A.A. Championship the next highest finishing team from the playoff season will automatically advance to the E.O.S.S.A.A. Championship.

1.4 Where two schools competing in the same O.F.S.A.A. classification (A, AA, AAA) level are eliminated from the playoffs in the same round, the K.A.S.S.A.A. Representative to E.O.S.S.A.A. will be determined by regular season standing.

Part 2: Where the E.O.S.S.A.A. Championship offers multiple entries into O.F.S.A.A. Championship competition.

Procedure(s):

2.1 K.A.S.S.A.A. may forward two representatives to an E.O.S.S.A.A. Championship competition.

2.2 The multiple K.A.S.S.A.A. representatives will be the schools that advanced the furthest within each O.F.S.A.A. classification (A, AA, AAA) level, in the K.A.S.S.A.A. Playoffs

2.3 If a team declines the opportunity to compete at an E.O.S.S.A.A. Championship the next highest finishing team from the playoff will automatically advance to the E.O.S.S.A.A. Championship.

2.4 Where two schools competing in the same O.F.S.A.A. Classification (A, AA, AAA) level are eliminated from the playoffs in the same round, the K.A.S.S.A.A. Representative to E.O.S.S.A.A. will be determined by regular season standing.

Part 3: Where the E.O.S.S.A.A. Championship offers entry to the O.F.S.A.A. Championship competition and a K.A.S.S.A.A. school is the host of the same O.F.S.A.A. Championship competition.

Procedure(s):

3.1 K.A.S.S.A.A. may forward multiple representatives to an E.O.S.S.A.A. Championship competition.

3.2 The K.A.S.S.A.A. representative(s) will be the schools that advanced the furthest within each O.F.S.A.A. classification (A, AA, AAA) level, in the K.A.S.S.A.A. Playoffs.

3.3 If a team declines the opportunity to compete at an E.O.S.S.A.A. Championship the next highest finishing team from the playoff will automatically advance to the E.O.S.S.A.A. Championship.

3.4 Where two schools competing in the same O.F.S.A.A. Classification (A, AA, AAA, AAAA) level are eliminated from the playoffs in the same round, the K.A.S.S.A.A. representative to E.O.S.S.A.A. will be determined by regular season standing.

3.5 K.A.S.S.A.A. will seek out every opportunity to forward a K.A.S.S.A.A. representative to the E.O.S.S.A.A. Championship in addition to the K.A.S.S.A.A. school hosting the O.F.S.A.A. Championship.

Part 4: Where the E.O.S.S.A.A. Championship is a junior event, K.A.S.S.A.A. will forward one team to the championship.

Procedure(s):

4.1 The K.A.S.S.A.A. representative will be the school that advances furthest, within each O.F.S.A.A. classification (A, AA, AAA) level, in the K.A.S.S.A.A. Playoffs.

4.2 If a team declines the opportunity to compete at an E.O.S.S.A.A. Championship the next highest finishing team will automatically advance to the E.O.S.S.A.A. Championship.

4.3 Where two schools competing in the same O.F.S.A.A. classification (A, AA, AAA) level are eliminated from the playoffs in the same round, the K.A.S.S.A.A. Representative to E.O.S.S.A.A. will be determined by regular season standing.

F: PLAYER, COACH ELIGIBILITY AND ELIGIBILITY PROCEDURE

- 1) To represent a school in any Championship co-ordinated by the Federation a student must:
 - a) be eligible for competition under the Constitution, By-laws and Standing Rules of the Association to which his/her school belongs;
 - b) be certified as eligible by the principal of the school;
 - c) meet the following age requirements:

Senior: the individuals birth certificate indicates that he/she has not yet reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

Junior: the individual's birth certificate indicates that he/she has not yet reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.

- 2) Be eligible for a maximum of five (5) years competition from date of entry into grade nine (9)
- 3) All students must meet the Ministry of Education and Training Full Time Equivalent requirements to be eligible for participation in K.A.S.S.A.A. sports. For K.A.S.S.A.A. competition students must be enrolled in 3 courses in the semester in which the K.A.S.S.A.A. competition takes place. Students must be enrolled in a minimum of 6 courses over the entire school year in which a competition takes place.
- 4) All participants should be stimulated to achieve creditable academic progress to make a contribution to the general educational program of the school.
- 5) The student must have played in at least one regular league game for a team in order to be eligible to play for that team in playoffs. Players must continued to participate in the higher age classification in an activity if he/she elects to play in two league games in that activity in an age group above which he/she normally could play in a current season. Players must compete in only one age classification in any playoff or championship meet or series in the same sport in any one season.
"Play" is defined as on the game sheet, in uniform, or on the bench in a K.A.S.S.A.A. regular season game.

- 6) Penalties - any contest in which an ineligible contestant participates shall be forfeited. This penalty shall be applied, subject to appeal to the Board of Reference, even though formal protest has not been made.
- 7) Professional players - Any student who participates in organized practice or game, at which or from which there is remuneration, shall be ineligible for secondary school competition, in that activity for one year from the date of such participation. Any student who participates in organized practice or game for a post secondary institution shall be ineligible for further K.A.S.S.A.A. competition.
- 8) That a player who is suspended by the Convenor on two occasions is henceforth suspended for the remainder of the seasons in that activity. Please see Appendix 1- Code of Behaviour and Appendix 2 - Ejections in the K.A.S.S.A.A. Constitution.
- 9) That ejection from a game should be judged, as to further action, on the merits of the individual case. However, ejections involving flagrant or repeated personal abuse to the officials should constitute an automatic game suspension from the game following the contest where the ejection took place. This is a minimum requirement.
- 11) For the player to be eligible to play an activity, his/her name must be included on a "Certified K.A.S.S.A.A./E.O.S.S.A.A. Eligibility List" of all players for that school.
- 12) The coach and/or staff advisor (other than student assistants) shall be a member of the teaching staff concerned unless otherwise designated by the principal of the school.
- 13) The Athletic Director in each school shall be responsible for ensuring that the compiling and forwarding of certified K.A.S.S.A.A./E.O.S.S.A.A. eligibility lists of each team be sent to the Convenor or the activity concerned.
- 14) The principal's signature must be on every eligibility list.
- 15) The certified eligibility list must be in the possession of the K.A.S.S.A.A. Athletic Director (League Convenor) before the first league game.

G: SCHOOL CLASSIFICATIONS

K.A.S.S.A.A. schools will be divided into A, AA, and AAA classification based on the O.F.S.A.A. classification procedure. O.F.S.A.A. reviews and revises these classifications each year based on F.T.E. provided by each school to the Ministry of Education in October of the previous year.

Note: E.O.S.S.A.A. does not sanction any team or school competing at the AAAA classification regardless of school population or intent.

Any team may elect to compete in a higher classification with approval from their school's administration, athletic director and K.A.S.S.A.A. convenor. The K.A.S.S.A.A. convenor must notify:

- a) For boy's volleyball the E.O.S.S.A.A. Boys Championship Coordinator and the appropriate E.O.S.S.A.A. convenor by October 15 (note: to allow time for the K.A.S.S.A.A. convenor to contact the appropriate people, a team must declare their intent to compete in a higher classification to the K.A.S.S.A.A. convenor 5 days prior to the E.O.S.S.A.A. deadline).
- b) For girl's volleyball the E.O.S.S.A.A. Girls Championship Coordinator and the appropriate E.O.S.S.A.A. convenor by January 15 (note: to allow time for the K.A.S.S.A.A. convenor to contact the appropriate people, a team must declare their intent to compete in a higher classification to the K.A.S.S.A.A. convenor 5 days prior to the E.O.S.S.A.A. deadline).

Once a team has declared a change in classification to the K.A.S.S.A.A. convenor, the team shall be ineligible for an E.O.S.S.A.A. and/or O.F.S.A.A. competition in any other classification but the one they declared up to.

For E.O.S.S.A.A. playing regulations please visit www.eossaa.ca and follow the appropriate links.

H: GAME SITE PREPARATION DETAILS

1. Make a dressing room (separate from the home team) available for the visiting team at least 30 minutes before scheduled game time. The gym practice area should be available at least 20 minutes prior to game time and it is the home teams responsibility to ensure the visiting team has their half of the court free of any spectators on the playing court.
2. Arrange for someone to show the visiting team to a changeroom.
3. Have sufficient bench space for a minimum of 15 people.
4. Have the floor swept and in good playing condition.
5. Provide all necessary safety precautions (i.e. padding around volleyball posts and referee stand if applicable).
6. Have the official KASSAA score sheet and incident report sheet available 15 minutes before game time.
7. Have four properly trained minor officials to do the following:
 - a. Scoresheet
 - b. Score clock
 - c. Two people to do lines
8. Visiting teams are responsible for bringing their own volleyballs.

I: PRE-GAME PROTOCOL

1. Teams should be provided a minimum of 20 minutes for warm-up prior to game time. This time will be broken down into the following:

- a. 10 minutes of shared court time (each team on their own half of the court).
 - b. K.A.S.S.A.A. will use a 5 and 5 minute warm-up. Each team takes turn using the entire court to warm-up (serving must be done in their 5 minutes of on court time).
- Note: Warm-up time should only be shortened if both coaches and head official agree to do so.
2. Coaches shall hand their roster to the scorekeeper at least 10 minutes prior to game time.
 3. Both coaches and captains shall sign the score sheet prior to the match beginning.

J: POST-GAME PROTOCOL

1. At the end of a match, both teams will line up on their baseline and then at the head officials signal meet at the net to shake hands.
2. Coaches and the captains from each team shall shake the officials hands.
3. Captains shall sign the score sheet.
4. Winning team receives the yellow copy of the score sheet, losing team receives the pink copy, and the home team receives and files the original copy.

K: GAME REPORTING

1. The winning coach is to submit the score of the match using the online game reporting procedure found at www.kassaa.ca
2. The winning coach is to phone in the game and related details, on the evening of the game to the appropriate media outlets (i.e., The Whig-Standard). Contact information can be found at www.kassaa.ca

L: PROCEDURES FOR ALTERING THE ORIGINAL SCHEDULE

As much as possible alterations to the original schedule should be identified and remedied at the Sport Group meeting that precedes the start the regular season. Changes made at the meeting must be communicated and confirmed by the K.A.S.S.A.A. Athletic Director.

Any subsequent change must be made, through the Athletic Director of his/her school and the Athletic Director of the opposing school and approved by the K.A.S.S.A.A. Athletic Director.

Note: Every effort should be made to schedule K.A.S.S.A.A. competition so that there is minimal impact on class time missed by teacher/coaches and student/athletes.

M: ALL-STAR TEAMS

There will be junior and senior All-Star teams in both boys, and girls' divisions. The selection method and format for All-Star teams will be decided at the sport group meeting at the start of each season.

N: OFFICIAL RULES AND EQUIPMENT

- 1) RULES - The current Volleyball Canada Rule Book shall be the Official rule book governing K.A.S.S.A.A. games with O.F.S.A.A. exceptions.
- 2) BALL - For boys' games, an official sized volleyball will be used. For girls' games, an official sized volleyball will be used. See the rule book for exact specifications for the ball. The host school is responsible for supplying proper game ball(s). The O.F.S.A.A. sanctioned ball is the Baden 15-OC. Every attempt should be made to use this ball.
- 3) UNIFORMS - Players should wear matching tops and matching shorts. Uniform tops should be numbered front and back.

O: ADDITIONAL INFORMATION

- 1) Protests shall be heard by Board of Reference according to the K.A.S.S.A.A. Constitution. Please see the K.A.S.S.A.A. Constitution - Article 3: Protests
- 2) The following procedure shall be used when a protest situation arises:
 - a) All protests must be in writing on the volleyball score sheet
 - b) All protests must be signed by the Principal/Vice-Principal and Athletic Director of the school and the coach (or other official) of the team making the protest. Copies of the protest must be forwarded to:
 - 1) Convenor of K.A.S.S.A.A.
 - 2) Athletic Director at other school concerned
 - 3) Convenor of officials in charge of the contest under protest.
- 3) The protest must be filed within 48 hours from the end of the contest.
- 4) Where events are conducted under usual circumstances, protests will be considered if the attention of the referee is drawn to the condition prior to, or as the condition arises, and the event is played under protest and such a statement signed by the referee appears on the official activity report form. Such a statement should contain the date, time (by clock and period of event), the

conditions under which the protest is made and the signature of the referee(s) in charge of the competition.

5) Grounds for protest:

- a) Violations of constitution of K.A.S.S.A.A. and/or E.O.S.S.A.A.
- b) Violations of general and specific rules governing K.A.S.S.A.A. activities
- c) Violations of playing regulations approved by K.A.S.S.A.A.